



2026 COMMUNITY EVENTS

Let Us Celebrate MAY - Memorial Day (25th), [Asian American, Native Hawaiian, and Pacific Islander Heritage Month](#), Mental Health Awareness Month, Cinco De Mayo (5th), Public Servant Recognition week (7th-13th), Jewish American Heritage Month, Mother's Day (10th), National Bike Month. National Clean Air Month, [Haitian Heritage](#), National Recommitment month, (7th) [National Day of Prayer](#); World Day for Cultural Diversity for Dialogue and Development (21st), National Walking Month and there are others...

★ **For more Information CLICK → [Information Fair on Thursday, May 21, 2026, from 12 PM to 5:00 PM. This year's fair will be held at the 11826 NE Glisan St](#)**

- Did you know that IDSD proudly serves nearly 7,000 individuals right here in Multnomah County? This fair is all about connecting these individuals and anyone interested with a wide range of amazing local service providers. We'll have representatives from places like Trimet, the library, brokerages, and provider agencies, all ready to chat about important resources such as: Attendant Care. Professional Behavioral Support Services. Day Support Activities. Voting Registration. Employment. Transportation & Fitness
- It's a chance to learn about valuable resources while having a good time.

★ [Bricks Cascade: Where Imagination Takes Shape The Pacific Northwest's Premier LEGO® Fan Event](#)



- What: Head to the Oregon Convention Center for the annual Bricks Cascade, Portland's premier public LEGO event. See creations from hundreds of builders from the Pacific Northwest and worldwide in this two-day event. Talk to the creators of these fantastic creations, then leave your own builds on the Wall of Creation. Race your own brick-built car on the derby track, and build your own creation at a creation station. There will also be dozens of vendors on-site with custom, unique and rare LEGO-based products. [BUY TICKETS HERE](#)
- When: **May 2nd & May 3rd**, 2026 10am to 4PM
- Where: Oregon Convention Center 777 NE Martin Luther King Jr Blvd



★ [Brings Thousands of Motorcycle Fans to Portland](#)

- What: The three-day One Moto Show event has evolved significantly since then. The weekend draws thousands of fans into Portland to revel in bikes, biker culture, and abundant fun. The showcase at The One Moto features

- What: If you've got a beard, it's doing the ticketing tonight. Roll into this preseason exhibition vs. the Wildbills and celebrate all kinds of beards—face beards, lifestyle beards, and the ones that help your friends survive Thanksgiving with their parents. Mustache loopholes will be debated and resolved with confidence, not logic. **Buddies with big ole beards get in [FREE](#)**
- When: **May 28th**, 2026
- Where: Walker Stadium 4727 SE 92nd Ave, Portland, OR 97266

★ [2026 SEASON PICKLES BASEBALL Promotional Games Schedule](#)

★ [Money Skills, No Limits! Financial Empowerment for Youth with Disabilities](#)

- What: This 6-session virtual training series helps young people with disabilities, along with their families, learn how to manage and make smart choices about money. We encourage youth (14-26) and their families to attend together.
- When: **May 12** | 6:30-7:30 PM | Zoom

★ [SAVE THE DATE - 2026 Youth IDD/Mental Health Summit](#)

- What: The Youth IDD & Mental Health Summit brings Oregonians together to strengthen how we support youth who experience both intellectual and developmental disabilities (IDD) and mental health challenges.
- We envision an Oregon where youth with IDD and mental health needs are supported by compassionate, well-informed people and flexible, collaborative systems.
- Primarily for professionals across Oregon who support youth with IDD and mental health needs through their work in systems and services. The Summit also includes youth with lived experience and family members

whose perspectives help ground the learning and inform system-level change. Our audience includes:

- Mental health and healthcare providers
 - Educators, school staff, and administrators
 - IDD Case managers, services coordinators, and system partners
 - Advocates, community leaders, and policy-focused professionals
- When: **August 5th**, 2026
 - Where: CH2M Alumni Center 725 SW 26th St Corvallis, OR



★ [NAYA Cully job Fair](#)

- What:. This job fair is in partnership with the PCC Workforce Opportunity Center, which is situated between the Cully and Concordia neighborhoods in Northeast Portland and offers career exploration, job training, and educational opportunities. We hope to connect residents in the Cully neighborhood with entry level, developing professional, and mid-level jobs. Employer participation includes healthcare, construction, customer service, hospitality, and community-focused sectors.
- When: **May 7th**, 2026 11AM to 2PM
- Where: PCC Campus Opportunity Center 4299 NE Killingsworth



★ [Oregon International Air Show](#)

- What: Join us **May 15-17** at the Hillsboro Airport for the 2026 Oregon International Air Show at Hillsboro.
- [PLAN YOUR VISIT HERE](#)
- Where: 3355 NE Cornell Rd, Hillsboro, OR 97124

★ [Albertina Kerr Paths to Community Community-based recreation and employment training](#)

- What: **Albertina Kerr has openings** at our Powell Blvd. Paths to Community - Inclusive Day Services and Employment Path programs. Please have the **case manager send a referral** to **Gina Leatherwood** Client Services Manager She/Her/Hers 503.888.8067 | Gina.Leatherwood@albertinakerr.org at dsareferrals@albertinakerr.org this is a 100% community based program.
- When: Variable schedule
- Where: Varies; around the community

★ [Multnomah COUNTY LIBRARY Calendar of many many events](#)

- [Celebrate the grand opening of East County Library!](#) Saturday, **May 16**, 2026 & Sunday, **May 17**, 2026
- [TAKE A PEEK HERE](#)
- You can **FILTER** by age, language, event type or location

- Examples: Language classes, Technology classes, Story Time in different languages, GED tutoring, Small Business classes, LEGO Club, Talk about Graphic Novels
- [Volunteers of America at Midland Library](#)
 - What: Come meet with Volunteers of America at the library! Get help with housing, shelter, behavioral and mental health in a safe space. Talk about family safety, re-entry from the criminal justice system and more with members of the community!
 - When: MONDAY **May 4th** 10:30AM - 12:30PM

★ [A CONVERSATION: When Neurodiversity & Mental Health Converge](#)
[Wednesday, May 27, 2026 • 5 p.m](#)

- What: Join a panel of experts for a Mental Health Awareness Month conversation exploring the intersection of neurodiversity and mental health for young people—and the supports that help them thrive.
Moderated by Kerr CEO Allison Stark
- When: **May 27th**, 2026 5PM
- Where: The Racquet Club, 1853 Southwest Highland Road, Portland

★ [Best Buddies Friendship Walk: Oregon](#)

- When: Saturday, **May 16**, 2026 Check-in: 10:00 AM Opening Ceremonies: 11:00 AM Walk: 11:20 AM Celebrate Until: 1:00 PM
- Where: Luuwit View Park NE 127th and NE Fremont St, Portland, OR 97230
- What: The Best Buddies Friendship Walk is the leading event in the country supporting inclusion for people with intellectual and developmental disabilities (IDD). Join more than 50,000 participants at 80 events across

the globe to support the Best Buddies programs in schools, workplaces, and communities. You'll be making the world more welcoming to people with IDD — one friendship, one job, and one life-changing connection at a time.

★ [Queer AANHPI Social Club MAY 2026 Calendar of Events](#)

- What: PDX Queer Asian Social Meet Up events
 - [Safe Together Self-Defense Workshop](#)
 - [Plus-Size Clothing Swap](#)
 - [Get Your Stay Kit Together - An MakeWith Preparedness Workshop](#)
- When: May 2026
- Where: Various locations in the community

★ [BIPOC Reading Series – May](#)

- What: This monthly **reading series** is intended to prioritize the safety, creativity, and stories of Black people, Indigenous people, and People of Color. **Come listen** to our featured readers, or sign up to share your work in our open mic. Readings will be followed by a short community discussion. Hosted by Kyle Yoshioka and Jessica Meza-Torres. The featured reader for May will be announced soon.

This event is open to everyone, but only people who identify as Black, Indigenous, and/or People of Color will be invited to read. If you have any questions, please contact Jessica Meza-Torres at jmezatorres24@gmail.com or Kyle Yoshioka at kyle.yoshioka@gmail.com.

- When: Wed, **May 27** from 7:00 pm - 9:00 pm
- Where: Literary Arts 716 SE Grand Ave

★ [Portland Community Resiliency Fair](#)

- What: [Click Here for the FLIER](#) Discover resources to strengthen your household and community at the Portland Community Resiliency Fair! Join us for a day of connection, learning, and family fun on **Saturday, May 30, 2026**, from **11 AM to 2 PM** at **David Douglas High School (North Building), 1001 SE 135th Ave, Portland, OR 97233**. This free event is designed to connect you with valuable nonprofit resources to build a more resilient future. Enjoy a variety of activities and benefits, including:
 - Free lunch and groceries for attendees
 - Opportunities to win exciting prizes
 - EV Bike Rides
 - FLIP Museum
 - Fun activities for the whole family
 - Sign up for bill discount programs: *Don't forget to bring a copy of your utility bill for potential discount opportunities. We look forward to seeing you there!

★ [Understanding & Application of the FASCETS Brain-Based Approach \(ALL\)](#)

- [FASCETS Resources](#)
- What: Fetal Alcohol Resources

★ [TeenForce Pass](#) - (KIDS/HST) 5 PORTLAND Parks in one SPOT!

- The TeenForce Pass gives **FREE access to scheduled drop-in activities** and designated open swims **at five Portland Parks & Recreation** community centers. The pass is available for youth ages 10 to 20.
- Registering for a TeenForce Pass is easy, fast, and FREE! Registration must be in person at **Charles Jordan, East Portland, Matt Dishman, Montavilla, or Mt. Scott Community Center**. Bring your address, parent/guardian address, parent/guardian phone number, your phone number, and information about any health conditions you may have.
- Or download a TeenForce Pass Registration Form and bring your completed form to any of the five TeenForce sites. The form is in varying languages! View drop-in activities and schedules at the following TeenForce locations: **Charles Jordan, East Portland, Matt Dishman, Montavilla, and Mt. Scott Community Center**



★ [Culinary KIDS May 2026 Calendar of Cooking Classes](#)

- What: Special Needs Class **ALL-Ability Classes** Designed for people with Special Needs! Ages 10 - ADULT (Developmental and Actual Ages) Students cook, assemble and enjoy a different recipe at each class. Dietary restrictions can be accommodated. Led by Certified Para Professionals.

This class practices:

- Kitchen safety
- Independent life skills
- Social skills
- Cooking techniques

★ [ASO - Free Culinary Training for People Experiencing IDD \(Portland\)](#)

- INFO Presented by Germaine's Culinary Inc. and Cedar Independence
- Free Culinary Training for People Experiencing IDD
- Nourish & Flourish Kitchen empowers individuals experiencing intellectual and developmental disabilities to achieve self-reliance through careers in the food service industry. Designed to build confidence and independence, the curriculum-based program ensures student success through hands-on training alongside professional chefs.
- The **next 16-week training cohort** begins **May 5**, 2026.
- Register at [LINK HERE](#)
- Questions? Contact info@cedarindependence.com
- NOTE: 3 cohorts per year Cohorts limited to six students
- Located in downtown Portland
- No cost to students who qualify. More details [here](#).



★ [Nature Day Camps](#) – (KIDS)

- What: **Registration for Summer 2026** **May 14 at 9:30am**. We only participate in Session A of registration. This is the first place that information will be updated, please bookmark this page! All questions about Nature Day Camp can go to both of these contacts below:
Rose.Ramirez@portlandoregon.gov 503-729-7854 or
- NDC Admin Team: NDCAdmin@portlandoregon.gov

- How to register: [Click --> ONLINE](#). CALL any community center or PP&R Customer Service 503-823-2525 during operating hours. IN-PERSON at any PP&R facility, including the Customer Service Center. **See camps and schedule online [here](#).**



★ [JAPANESE GARDEN](#)

- [Kodomo no Hi, Children's Day Sunday, **May 3rd, 2026 10AM - 2:30PM**](#)
What: *Kodomo no Hi*, also called Children's Day, is commemorated each year in Japan on May 5th **to celebrate the growth and good fortune of children.** The festival will feature a range of family-friendly activities. Come listen to *taiko* performances, learn origami and explore the garden!

★ [Oregon Lifeline Application- FREE PHONE SERVICE](#)

- *What:* **Oregon Lifeline:** Is a federal and state government program that provides a monthly discount on phone or high-speed internet service for qualifying low-income Oregon households. Receive a discount on your phone bill of up to \$15.25 per month; Receive a discount on your high-speed internet bill of up to \$19.25 per month; or Receive free cell phone and data service.
- **Tribal Lifeline:** Oregon residents on [federally-recognized Tribal lands](#) may qualify for an additional \$25 discount per month.

- Tribal Link Up: Provides qualifying Tribal residents with a one-time discount of up to \$100 on the initial installation or activation of wireline or wireless phone service. Allows residents to pay the remaining amount they owe on a deferred schedule, interest free. Qualifying Tribal residents may be eligible for Link Up again only after moving to a new primary residence.
Not all wireline or wireless phone companies offer Tribal Link Up.
- **Specific financial criteria applies**
- Here is the [WEBSITE](#) for MORE Information



★ **39th Annual Cinco de Mayo Fiesta**

- [Cinco de Mayo Portland WEBSITE](#)
- [SCHEDULE](#)
- When: **May 1-5**, 2026 Daily, 11 a.m. – 11 p.m. Cost: \$8 – \$25
- Where: **Tom McCall WaterFront** 98 SW Naito Pkwy Portland

★ [Autism Society of Oregon MAY 2026 Calendar of Events \(STATE WIDE\)](#)

★ **Club EMU (Everyone, Me & U) [16+ HST]**

- **Activities** - [Club EMU: Everyone, Me & U MAY 2026](#)
- What: This is a Portland based organization focused on activities for neurodiverse individuals. This club provides activities and events to attend

“where you can be a friend and make a friend with acceptance, understanding and kindness.”

- Email: info@clubemu.org Website: <https://clubemu.org>

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- [Private Baby Goat Visit with Club EMU](#)[Private Baby Goat Visit with](#)



[Club EMU](#)

- When: **May 23** at 12:45 PM
- Where: 19457 SW McCormick Hill Rd. Hillsboro
- NOTE: Dress for the weather and for being on a farm. You will get dirty hugging goats 🌟 Be sure to fill out the below farm waiver before arriving and read our waiver down at the bottom of page. [FILL OUT WAIVER HERE](#)

★ [Well Being - ASSIST](#) - If you know anyone who is homeless or experiences poverty who needs [assistance with social security benefits](#) the staff of ASSIST can help. Phone Number : (503) 888-2690 website: [Program ASSIST](#)

★ [Gresham Recreation Activities](#) (HST & ADULTS)

- 334 NE 219th Ave. Gresham, Email: info@thecourtsprogram.com
503-328-9416

★ [Making Authentic Friendships- AGES 13+](#)

- Web-based application helps individuals with special needs (age 13+) find friends at home or on the go, based on their geolocation, diagnosis, age and interests.
- Does it cost money to use the Making Authentic Friendships mobile app? Yes. To use the MAF Mobile App, you have a monthly (\$4.99/mo) or yearly (\$39.99/year) plan. We understand that this is not ideal for our users, but each subscription helps support this app and authentic community.

★ CHAP in a Box

- What: CHAP in a Box (CIAB) extends our mission beyond CHAP Art Studio by delivering art experiences directly to children who may not be able to participate in traditional art programs due to their medical conditions or geographical location - ensuring they still experience the healing power of art from the comfort of their own home! Once a quarter, kids (and their siblings!) are sent themed boxes lovingly filled with high-quality art supplies to help continue their creative journey.

★ **Please read this message if YOU have I/DD supports and services in Oregon. You're the family member or guardian of someone who gets services. Your job includes service planning.** You or someone you know needs I/DD services.

- **What is the self-advocate guide?** We based "The Self-Advocate Guide to I/DD Services" on our community's core value: "Nothing About Us, Without Us!"

The guide is a workbook. It walks you through the I/DD service planning process. The guide will help you:

- Advocate for yourself.
- Learn about I/DD services.

- Get ready to plan your services.
- Take the Oregon Needs Assessment (ONA).
- Make your Individual Support Plan.
- Take action if your support needs aren't being met. Your services should help you live the good life that you want. We hope the guide will empower you to meet your goals.
- **How do I get a copy of the guide?** ODDS has a new [self-advocates' web page](#). View and download the guide there. The web page also has videos to walk you through the guide.

The guide is available in Arabic, English, Russian, Simplified Chinese, Somali, Spanish and Vietnamese. If you need another language or a more accessible format, ODDS will get it for you for free. Email odds.questions@odhsoha.oregon.gov with your request.