

2025

### SOMETHING FOR PRACTICALLY EVERYONE!! PLEASE MAKE SURE TO SCROLL ALL THE WAY DOWN

### **★FACT Event Calendar**

- Back to School Series: Back to School IEP Basics
- When: Tuesday, August 5, 2025 6:00 PM 7:15 PM
- Back to School Series: Q&A with ODE Tuesday, August 19,
   2025 6:00 PM 7:00 PM
- ★ How K-plan (authorized by DD services) Behavior Services work,

  provide information about Functional Behavior Assessments

  and Positive Behavior Support Plans
  - What: Positive Behavior Support Services are designed to help people change (and PREVENT!) unproductive, unwanted, dangerous, or even illegal behaviors and address the underlying issues. They also help people learn new productive, pro-social, and desired behaviors & skills so that every person can live their best life.
  - When: Tuesday August 5th 11AM to 12PM

Where: Virtually On Line RSVP for our FREE Oregon
 Behavior Services Meet & Greet

### **★**HDE Home Care I/DD Community Event

- What: JOIN US FOR A FUN FILLED DAY FULL OF ACTIVITIES, CARTOONIST, BUBBLE MAKERS, FIGGETS.
   ARTS AND CRAFTS BY PIE.
- When: August 14th, 2025 10AM to 2PM
- RSVP: KELLI@HDEHOMECARE.COM 503-686-9079
- Where: 12725 SW MILLIKAN WAY, BEAVERTON
   OUTSIDE ON THE PATIO AT BEAVERTON CITY HALL

## ★ 25th Annual Community Employment Day Career Fair and Roundtables

- What: Register & Schedule your In Person Meetings with Recruiters for Portland's 25th Annual Community Employment Day Career Fair – HERE.
- Or register by email when you send your resume to Fasttrack@citycareerfair.com.
- When: Wed, 20 August, 2025 at 11:00 am to 03:00 pm
- Where: DoubleTree by Hilton Hotel Portland 1000 NE Multnomah St.

### **★**BIKETOWN for All membership FREE

If you do not have a bike: Oregon Trail cardholders, TriMet
 Low Income Fare participants, residents in affordable housing,
 residents who qualify for utility assistance, or those who receive

other social services, may be eligible for the BIKETOWN for All program.

### • BIKETOWN for All! Memberships include:

- No monthly fees to ride (\$0.00) & No unlock fees
- Unlimited 60-minute ebike rides (\$0.05/min after 60 min)
- \$1 out of hub fees for locking bikes to public bike racks
   within the service area (\$5 outside of service area)
- 24/7 access to ebikes within our service area

### **★**Big Truck Day TRUCKS BULLDOZERS TOW TRUCKS!

- What: Conestoga's annual Big Truck Day gives an up close look at dozens of specialty vehicles. Get an up-close look at dozens of big rigs and other specialty vehicles at the annual Big Truck Day at Conestoga Recreation & Aquatic Center.
- The Conestoga parking lot will be filled with bulldozers, fire engines, freight trucks, cranes, buses, tow trucks and other specialty vehicles. Climb aboard and get behind the wheel of these rigs + enjoy!
- o When: Saturday, August 2, 2025 | 9:30 am 1 pm
- Where: 9985 SW 125th Ave. Beaverton, OR 97008 503-629-6313

## ★BLOOM: A Independent Living Buy-In Community NEW NEW NEW

What: A New Community is Coming to Portland's Westside! A
group of individuals is planning an intentional community for
their young adult children who are neurodiverse, have I/DD

diagnosis. These young people want to be independent and want to have a place of their own like their neurotypical friends. Their parents are aging and they can't live at home forever. But, there are very few options in place for them.

- The group currently has an offer on a piece of property already zoned multi-family just off Murray Road in Cedar Mill, the design process is underway, and they are looking for families to join them in creating a new vibrant, exciting community where young adults with neurodiversity or developmental disabilities can BLOOM!
- If your family, or anyone you know, might be interested in buying into this kind of community, please check out the website

### **★White Lotus Market Summer 2025**

- What: Immerse yourself in a vibrant celebration of community and culture at the White Lotus Summer Market! Located at Shun Fat Supermarket, this summer-long market is your go-to destination for discovering local AAPI-owned businesses, emerging entrepreneurs, and creative makers. Whether you're looking for handcrafted goods, delicious food, or cultural experiences, the market is the perfect place to connect, shop, and support Portland's diverse small business community.
- Diverse Vendors
- Delicious Eats
- → Live Entertainment
- Hamily-Friendly Fun

- When: Through Sunday, August 31, 202510:00 PM
- Where: Shun Fat Supermarket 5253 SE 82nd Ave. Portland
- ★ Food Pantry @ Las Adelitas Thursday, August 7th & 21st, 2025 9:30 AM 11:30 AM
  - IMPORTANT: FOOD PICK-UP IS BY A FIRST-COME,
     FIRST-SERVED BASIS. CONTACT A RESIDENT SERVICES
     COORDINATOR FOR QUESTIONS
  - Mohamed Ali (English, Somali): 503-860-9748
  - Heather Beck (English, Spanish): 503-475-7790
  - Where: Las Adelitas Event Space 6735 NE Killingsworth St

### ★ Free lunch and fun activities in the Blue Lake Discovery Garden

What: All ages are welcome to participate in free family fun!
 Drop in anytime between 11 a.m. to 2 p.m.

Free lunch for youth ages 18 and under from noon to 1pm at the Celilo picnic shelter. Lunches must be consumed at the picnic shelter per State of Oregon free meal program rules.

Search the garden for ways to help wildlife and earn a prize.

Make nature crafts to take home.

Gather ideas to make your yard pesticide-free and a fun, safe place for kids, pets, pollinators and songbirds.

Free parking for program participants.

- When: Tuesday & Wednesday, August 5th & 6th, 2025
   11:00AM 2:00PM
- o Where: 21224 NE Blue Lake Rd, Fairview

### **ARTICLE - Simple Ways to Transition Back to School With**

### **Autism**

- 1. Increase activity options
- 2. Develop a written routine
- 3. Review past visual strategies
- 4. Write a social story
- o 5. Create a sensory-safe space
- 6. Share helpful strategies with teacher
- 7. Consider fatigue with transition
- o 8. Encourage communication

### ★ FoodieLand - AUG-22 to AUG-24

- WEBSITE Foodielandnm
- What: FoodieLand is a renowned outdoor festival featuring food, shopping, games, and live entertainment. Celebrating food, community, culture, and diversity. Fri: 3pm-10pm, Sat: 1pm-10pm & Sun: 1pm-10pm
- Where: Portland Expo Center 2060 N Marine Dr.

### **★** Canine Community Carnival DOGS DOGS & MORE DOGS

- What: Join us for our annual Canine Community Carnival at Garden Home Recreation Center (outside). It will be a paw-some day of fun!
- o This free, family-friendly event features:
  - Food vendors
  - Local pet-related booths
  - 🐾 A pop-up dog park

- A festive costume contest
- Doggie Pools & cooling stations
- 🐾 Music, prizes, and more!
- Raffle Alert: Bring a new pet supply item (like toys, treats, or food) to donate and receive a raffle ticket for your chance to win fun prizes! Whether you're a dog owner, animal lover, or just looking for some fun in the sun, we'd love to see you there!
- Admission is FREE. All dogs must be on a leash.
- When: August 24th Time: 9:00 AM 12:00 PM
- Where: Garden Home Recreation Center 7475 SW Oleson Rd.
- o Contact Phone: 503-645-6433 Cost: Free

# ★ AUTISM SOCIETY OF OREGON'S EVENTS [ASO] FOR AUGUST 2025 CALENDAR

- o Training. Virtual Workshops. Webinars. Community Events
- The calendar is for the entire state of OREGON

# ★ Come Thru Market: A Market Centering Black and Indigenous Farmers and Makers

- What: Come Thru Market is an incubator market centering Black and Indigenous Farmers, Makers, and Friends. We support BIPOC growers in taking their small business dreams to the farmers market environment. It's a vibe - Come Thru and get what you need.
- When: 3:00PM 7:00PM on the 1ST & 3RD MONDAYS
   THROUGH OCTOBER
- Where: 831 SE SALMON ST PORTLAND

# ★ Do you LIKE CARS? Fisher's Landing Cars & Coffee - August 3rd Cars & Coffee meetup at the Black Rock Coffee in East Vancouver

When: August 3rd 9:00AM

Where: 1801 SE 164th Ave Unit 111 Vancouver

9:00am Fisher's Landing Cars & Coffee - August 17th in Camas

### **A Splash and Swim Summer Social**

- What: Please join NW Disability for a summer social swim event! We will have the swim park all to ourselves and encourage you to extend this invite to friends and family.
   Registration is required. Suggested donation is \$25.
- Register HERE Now / Registrarse AQUI Ahora
- Children younger than 10 must be supervised in the water by an adult. With a maximum ratio of 1 adult to 3 children.
- Infants and toddlers must wear a swim diaper in the pools.
   Disposable diapers are not permitted. Light refreshment will be available. Outside food is allowed. Guests can either store their belongings in the viewing area or may check out a locker.
- Where: North Clackamas Aquatic Park 7300 SE Harmony Rd Milwaukie
- When: Friday, August 22, 2025 5:00 PM 8:00 PM
- ★ Autism Society of Oregon Cosplay Group (Portland) August 10

  @ 2:00 pm 4:00 pm Free
  - When: August 10th, 2025 and Every 2nd Sunday

- What: Autistic run social group with light structure. Everyone is allowed to socialize as they wish. Supplies and snacks are provided – nothing is required to bring. Come to discuss pop culture and/or design costumes together.
- Where: 830 NE 47th Ave
- ★ Autistic advocate Niko Boskovic joined Autism Empowerment
  as a contributing writer for Spectrum Life Magazine
- ★ Sellwood Moreland's Summerville Street Fair Aug 2 @ 10:00 am 4:00 pm Free or this LINK
  - What: Sellwood Moreland's Summerville Street Fair will bring 70+ vendors including local artists, great food, shopping, games, crafts, treats and more to the heart of Sellwood. Lean into a feeling of nostalgia in our historic neighborhood with touches of small town community, multiple public parks, river front beaches, buzzing restaurants, an amusement park, and big city access.
  - Where: Heart of Sellwood on SE 13th from SE Bidwell to SE Spokane
- ★ ASO region 6 Portland Metro Area GROUPS
- ★ 5 Travel Anxiety Tips for Neurodivergent, Autistic & LGBTQIA

  Travelers (VIDEO)

o Do you get travel anxiety? Maybe it's related to being neurodivergent, autistic, and/or LGBTQIAS+? I created these 5 travel tips to help you avoid anxiety, sensory overload, and autistic meltdowns/shutdowns during travel. This travel advice is based on my experiences as an autistic Latinx trans & queer person with ADHD, Bipolar and Anxiety. I've now spent over 14 months as a full-time traveler interviewing trans/nonbinary and neurodivergent activists around the world. These five travel tips are based on my experiences managing my mental health during travel. Yes, at times I've experienced anxiety attacks, sensory overload, and autistic meltdowns. These travel tips will help you avoid these experiences so you can have fun and stay healthy! Watch this 12 minute video if you are interested.

- ★ City of Gresham August 2025 Calendar of Events
- **Autism Empowerment Website** 
  - Get Involved Ways to Volunteer

### **★**Hot Wheels Monster Trucks Live Glow Party

○ What: Hot Wheels Monster Trucks Live<sup>™</sup> Glow Party<sup>™</sup> brings
audiences the only opportunity to see real-life versions of the
famous Hot Wheels monster truck toys in the DARK! Mega
Wrex<sup>™</sup>, Tiger Shark<sup>™</sup>, Boneshaker<sup>™</sup>, Bigfoot® and more, plus
the all-new Gunkster<sup>™</sup>, will light up the floor in outrageous
monster trucks competitions and battles. Event performances
will also feature a dazzling dance party, spectacular laser light

shows and Hot Wheels toy giveaways. Plus, the fire and frost-breathing, car-eating dragon- ARCTICGON, and the electrifying high-flyers of Hot Wheels Monster Trucks Live, Freestyle Motocross! Special kids pricing is available for all shows providing a great value for the whole family!

- When: Saturday August 16th & 17th 12:30PM & 7:30PM
- Cost: Tickets start at \$10 \$30
- Where: Veterans Memorial Coliseum, 300 Winning Way,
   Veterans Memorial Coliseum

### **★**Portland Swimming Pools

ALL Lessons are FULL but recreation leisure swimming is
 OPEN

### ★Game Club- ALL AGES!

- FREE Game Club (based in Forest Grove). Meets virtually during the school year from Sept – May each year, on the 1st Friday of the month, from 5:00-7:00pm. Socially distanced outdoor activities also.
- For more information, click here for the Facebook page or click here to send an email to <u>ForestGroveGameClub@gmail.com</u>.
- The Clubhouse Family Fun Event Saturday, August 3rd
   1:00 pm 3:00 pm
- What: The Lloyd Center Clubhouse is a fun family outing on four consecutive Summer Saturdays: \*The Art Bar \*Featured
   Entertainment Guests \*A weekly Clubhouse giveaway \*Enter to
   Win a weekly prize

Where: The Clubhouse is located on the first level near Lloyd
 Center Ice

# ★ Queer Community Paddle Monday, August 4, 2025 6:00 PM 8:00 PM Whitaker Ponds 7040 NE 47th Ave

 What: Join Columbia Slough Watershed Council and local meet up group, Butch Support Group, for an evening of paddling at Whitaker Ponds Nature Park in NE Portland! This is an all ages event AND is exclusively for LGBTQIAS+ community members and their families. Advance registration required.

# ★ <u>Autism Society of America Shares Applied Behavior Analysis</u> (ABA) Resource (ARTICLE & HANDBOOK)

- What: An Article. "While ABA is one therapeutic practice, there is no one-size-fits-all approach. Therefore, the Autism Society will continue its advocacy work at state and federal levels to expand service options for those with Autism throughout their lifetime."
- Making Informed Decisions: Understanding and Navigating
   Applied Behavior Analysis (ABA)

### ★ Information on WiFi and access to technology (ALL)

 Map of free public wifi: The Digital Inclusion Network compiled this resource.

★ <u>Eileen Devine - About</u> (Parent/Caregiver Resource)

Eileen's signature course, introducing the life-changing concepts and practices behind the Brain First Model of parenting. Knowing that parents of children with neurobehavioral challenges can struggle to find the time, space or energy to attend workshops, Zoom calls or conferences, this is a <u>self-guided curriculum</u>, so you can experience the Brain First material independently, on your own time, at your own pace. Family Training (OR360) may be able to cover Eileen's courses.

### ★ It's ALWAYS SUNNY at the BEACH!

- Check out Oregon's AWESOME COASTAL Sites-
  - Ocean Shore State Recreation Area
- Things to SEE. Things to DO.

## ★ Slavic Community Paddle Sunday, August 17, 2025 10:00 AM 12:30 PM Whitaker Ponds 7040 NE 47th Ave

- What: Join the Slavic Community Center and the Columbia Slough Watershed Council for a paddle in NE Portland! This is an all ages event, minors must be accompanied by an adult. All paddling gear will be provided! This event is exclusively for Slavic community members. Ukrainian and Russian interpretation will be available throughout the event.
- Приєднуйтесь до Слов'янського громадського центру та
   Ради з вовідділу Колумбія Слау (CSWC), щоб покататися на веслах! Це захід для різного віку, неповнолітні мають бути в

супроводі дорослих. Учасники можуть принести свій власний човен або забронювати місце в одному з наших! Цей захід призначений виключно для членів слов'янської громади. Під час заходу буде забезпечено український та російський переклад. Присоединяйтесь к Славянскому общественному центру и Совету по водоразделу Колумбия Слау (CSWC), чтобы покататься на веслах! Это мероприятие для всех возрастов, несовершеннолетние должны быть в сопровождении взрослых. Участники могут принести свою собственную лодку или забронировать место в одной из наших! Это мероприятие предназначено исключительно для членов славянской общины. Во время мероприятия будет обеспечен украинский и русский перевод.

### ★ Local Disability Organizations and Resources

- A MUST WEBSITE TO SAVE & BOOKMARK
- Find local disability organizations and disability community resources for housing, transportation, business, recreation, and more.

### ★ Metro parks and natural areas

- To find a park with your favorite activities, visit the <u>interactive</u>
   <u>park finder</u>, where you can watch videos, see photos and dig
   into maps that make it easy to explore.
- Check out <u>Parks and nature news</u> and subscribe to Our Big Backyard magazine for all the latest nature news and other

regional highlights, including feature stories, field guides, Q&As, upcoming events, a photography contest and much more.

### ★ Adaptive Classes, Trips, and Activities

- CONTACT- Jane Doyle Program Coordinator
- <u>Email:</u> jane.doyle@portlandoregon.gov
- o Phone (503) 307-4131

### Some AUGUST Observances -



August 8th- International CAT

Day.



August 9th- BOOK

Lovers Day

August 9th- International Day of the World's Indigenous People

August 11th- National SONS & DAUGHTERS Day

August 12th- International YOUTH Day

August 21st- WORLD SENIOR CITIZENS Day





WOMEN'S Equality Day

National BLACK Business Month

Don't be a BULLY Month

Transgender



**History Month** 

Spinal Muscular Atrophy Awareness Month

**WORLD Cancer support month**