

AUGUST 2026

PLEASE MAKE SURE TO SCROLL ALL THE WAY DOWN

A FEW AUGUST OBSERVANCES - August 1 🍁 Emancipation Day.

August 7 🐻 Purple Heart Day. August 9 International Day of the World's Indigenous Peoples. August 25 - 26 Mawlid al-Nabi. August 26 🙋 Women's Equality Day August 28 Raksha Bandhan



★ **Portland Lowrider Super Show**

- What: Entry - \$43.69 general admission. This in-person event celebrates the vibrant culture and stunning artistry of lowrider vehicles. Don't miss this unique opportunity to experience some of the most impressive custom cars up close!Portland Lowrider Super Show
- Where & When: Portland Expo CenterPortland, OR
- Saturday, **August 8** • 11 AM - 6 PM



★ Salvation Army Back to School Fair

- What: [FLIER](#)
- This community-focused celebration is the perfect way to gear up for the new school year. Hosted at the local Salvation Army, it's an event that brings families, students, and neighbors together to prepare for success in the classroom and beyond.
Nonprofit Resources
Health Services & Free Dental Screenings
Free Lunch & Ice Cream
Bill Discount Sign Ups (Bring your utility bill to see if you qualify)
Face Painting & Kids' activities
Prepare for all seasons ahead with NW Natural
Backpack & School Supply Giveaway (Limit 3 per household, while supplies last)
- When: Saturday, **August 8**, 2026 11:00 AM 2:00 PM
- Where: The Salvation Army 5325 N Williams Ave.



★ SUNDAY, AUGUST 2 CRESTON POOL

- What: **Sensory Friendly Swims include** - No music and reduced noise, - Lifeguards using whistles only if necessary - No diving boards in use (slides are open) - Limited number of people - All ages welcome - Held monthly at different pools in Portland Parks & Rec - Open to family members and friends - **Free but must register to attend.**
- When: 10:30- 12:30.



★ Early Childhood Resources

- What: Many links to early childhood resources such as early Childhood technical Assistance (ECTA) -
 - [FACT's Inclusive Education Toolkit: Every Child Belongs](#)
 - [ECTA Family Practice Guides have been adapted for Oregon, which follows a seamless birth-5 transition](#)
 - Your Child's Move from Preschool Special Education to Kindergarten. [Watch VIDEO](#)

★ North Portland Sunday Parkways - August 2, 2026

- What: Portland Sunday Parkways will return to No Po with a brand new event route on **August 2, from 11 a.m. to 4 p.m.** [Downtown St Johns](#), [McCoy Park](#), [Columbia Park and Annex](#), and [McKenna Park](#). This brand-new 6.7-mile route will celebrate the completion of recent walking and biking upgrades along [N Willamette Boulevard](#), and several projects from the

[North Portland In Motion plan](#), allowing participants to experience these improvements car-free.

This free community event led by the Portland Bureau of Transportation (PBOT) invites people to walk, bike, roll, and play on car-free streets. This event route is specifically designed to highlight the network of [neighborhood greenways](#) and other infrastructure, parks, and community resources.



★ [FoodieLand Food Festival](#)

- What: Experience FoodieLand: a nationwide food festival filled with 250+ vendors with global flavors, artisan shops, games, and live music! There is **something for everyone** at FoodieLand.
- FoodieLand is the nation's LARGEST FOOD FESTIVAL, uniting local talent, small businesses, and global flavors in one vibrant experience. Get your tickets now! See you there!
- When: 1PM - 10PM July 31 - **Aug 2**, 2026
- Where: 📍 Location: Portland Expo Center
- 🎫 Admission: \$12.00 Event tickets are available online and must be purchased prior to arriving at the event. No tickets at the door.
- 👤 Children 5 & under are admitted for free.

- 🚌 Parking is \$15/vehicle and handled by the venue. ADA parking is available.
- 🐾 Service animals only.
- 💻 Visit our website for more info: [Click Here](#)



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★ [PolaCon- workshops, photowalks & demos](#)

- What: PolaCon Portland is the latest regional expression of the ultimate three-day instant film photography festival. Join us in beautiful Portland, Oregon for immersive workshops, guided photowalks, artist talks, and gear demos. Whether a pro, enthusiast, or complete beginner, come celebrate, learn, and connect with the instant film community.
- When: \$33.00 PolaCon Portland is coming **August 7–9**, 2026
- Where: 8417 N Lombard St, Portland



PDX Adult Soapbox Derby
Mt. Tabor 2018 | © 800

★ [2026 PDX ADULT SOAPBOX DERBY](#)

- What: The PDX Adult Soapbox Derby is back for another year of racing, wrecks, and awesome costumes. Join thousands of spectators on Mt. Tabor as 45 teams send their hand-built creations flying down the hill. This volunteer-run event runs from 10 AM to 4 PM, is free to attend, and family-friendly.
- **NOTE**: Location is at Mt. Tabor. This event may not be 100% ADA accessible and difficult to navigate wheelchair users.

- More info at www.soapboxracer.org
- When: Saturday **August 15th**, 2026
- Where: Mt. Tabor Park, Portland OR SE 60th Ave &, SE Salmon St, Portland



★ 26th Annual Employment Career Fair

- What: Register & Schedule your In Person Meetings with Recruiters for this Career Fair – **HERE**. Or register by email when you send your resume to **Fasttrack@citycareerfair.com**.
- When: Thursday, **27th August**, 2026 at 11:00 am to 03:00 pm
- Where: DoubleTree by Hilton Hotel Portland 1000 NE Multnomah St.



★ BIKETOWN for All membership **FREE**

- **If you do not have a bike**: Oregon Trail cardholders, TriMet Low Income Fare participants, residents in affordable housing, residents who qualify for utility assistance, or those who receive other social services, may be eligible for the BIKETOWN for All program.
- **BIKETOWN for All! Memberships include:**
 - No monthly fees to ride (\$0.00) & No unlock fees
 - Unlimited 60-minute ebike rides (\$0.05/min after 60 min)

- \$1 out of hub fees for locking bikes to public bike racks within the service area (\$5 outside of service area)
- 24/7 access to ebikes within our service area



★ Big Truck Day

- **TRUCKS BULLDOZERS TOW TRUCKS!**
- What: Conestoga's annual Big Truck Day gives an up close look at dozens of specialty vehicles. Get an up-close look at dozens of big rigs and other specialty vehicles at the annual Big Truck Day at [Conestoga Recreation & Aquatic Center](#).
- The Conestoga parking lot will be filled with bulldozers, fire engines, freight trucks, cranes, buses, tow trucks and other specialty vehicles. Climb aboard and get behind the wheel of these rigs + enjoy!
- When: Saturday, **August 1st**, 2026 | 10:00am - 1:30pm
- Where: 9985 SW 125th Ave. Beaverton, OR 97008 503-629-6313



★ Hot Dog Wednesday

- What: This event is open to everyone and is a great chance for families, friends, and neighbors to gather, play, and enjoy a casual meal outdoors. **Weather permitting, activities may include:** Water Slide Soccer Darts Obstacle Course Foam Cannon. Yard Games Water balloons and water toys Family seating areas. Available for Purchase: Hot Dog Meal: \$5 Hot Dog: \$3 Snow Cones: \$2 Single Drink: \$2 Bag of Chips: \$2 *Meatless option available while supplies last.*
- When: **August 5th**, 2026 5-7PM
- Where: Cedar Hills Recreation Center 11640 SW Park Way

★ **Access Together Gathering - August 2, 2026 | 1pm-4pm at Primal Burger, 4905 SE Woodstock Blvd**

- What: Everyone is welcome — disabilities, no disabilities, Non-Apparent, all backgrounds, all abilities. Come exactly as you are! This is a relaxed, friendly space to make new friends, swap accessibility tips, share stories, and feel part of a truly inclusive community.
- Getting here is easy: 🚌 TriMet #19 drops you right at the door
- 🚌 #71 and #75 get you within a few blocks

★ **BLOOM: An Independent Living Buy-In Community NEW NEW**

- What: A New Community is Coming to Portland's Westside! A group of individuals is **planning an intentional community for their young adult children who are neurodiverse, have I/DD diagnosis.** These young people want to be independent and want to have a place of their own like their neurotypical friends.

Their parents are aging and they can't live at home forever. But, there are very few options in place for them.

- The group currently has an offer on a piece of property already zoned multi-family just off Murray Road in Cedar Mill, the design process is underway, and they are **looking for families to join them** in creating a new vibrant, exciting community where young adults with neurodiversity or developmental disabilities can BLOOM!
- If your family, or anyone you know, might be interested in buying into this kind of community, please check out the website

★ [The Reframe Collective](#)

- What: Help Build a Radical, Inclusive Community. At The Reframe Collective, we're building a space where everyone belongs. Whether you contribute your time, resources, or keep an eye out for needed items. An inclusive, neuro-affirming, virally safe, open-air classroom + makerspace in NE Portland
- When: [REGISTRATION for The Reframe Collective](#)
- Where: NE PDX



★ **Canby's Big Night Out Street Dance**

- What: Canby's Big Night Out Street Dance. The Big Night Out Street Dance features live music, local food and beverage vendors, and free children's activities. Children's activities include bouncy houses, arcade truck, sidewalk chalk, and much more. Local restaurants and non-profits line the street selling food, beverages, and adult beverages.
- When: **August 28th**, 2026 The fun kicks off at 5:00 - 7:00p
- Where: 211 N Grant St, Canby, OR 97013

★ **Food Pantry @ Las Adelitas Thursday, August 6th & 20th, 2026**
9:30AM- 11:30 AM

- **IMPORTANT**: FOOD PICK-UP IS BY A FIRST-COME, FIRST-SERVED BASIS. CONTACT A RESIDENT SERVICES COORDINATOR FOR QUESTIONS Mich Ledesma (English, Spanish): 971-442-1165
- Where: Las Adelitas Event Space 6735 NE Killingsworth St



★ **Portland Art Festival 2026**

- What: Get ready for the Portland Art Festival 2026, where creativity and fun come alive in the heart of the city!
- When: Fri, **7 Aug** 2026 • 9AM to Sun, **9 Aug** 2026 • 6PM
- Where: 100 SE Alder St

★ **Multnomah Days Festival & Parade**

- What: Multnomah Days Festival & Parade is a one-day open-air, family-friendly street festival with scheduled musical acts, community parade, art fair and over 150 vendor booths as well as food & beverage services available via outdoor street dining and food carts - and new this year is a car show.
- When: Sat, **15 Aug** 2026 • 9AM to 5PM
- Where: Multnomah Village SW Capitol Hwy, Portland

★ **Pacific Breeze Market Festival**

- What: The Pacific Breeze Market Festival is a three-day, market-style festival of local food vendors held at Tom McCall Waterfront Park in Portland, Oregon. Set along the Willamette River, it highlights the city's vibrant food scene and outdoor urban space. The event's waterfront location and focus on local

flavors make it a notable regional gathering for food and community exploration.

- When: **August 28**, 2026 to **August 30**, 2026
- Where: Safeway Waterfront Blues Festival: 98 Southwest Naito Parkway Portland 10:00 AM - 7:00 PM

★ 14th Annual Kenton Street Fair

- What: 100 vendors, Music Stages, Food& Family Friendly
- When: Sun, **16 Aug** 2026 • 10AM to 6PM
- Where: On N Denver Ave b/w N Interstate & N Watts

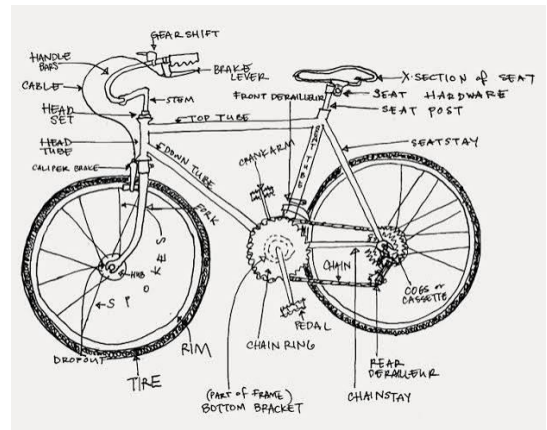
★ Kenton Neighborhood Garage Sale

- What: Host a sale, meet your neighbors, and find some treasure at the annual Kenton Neighborhood Garage Sale!
- When: Saturday, **August 8th**, 9am-4pm Sunday, **August 9th**, 9am-12pm
- Where: Drive around the Kenton area to see yard sales

★ Italian Festival Of Portland (Festa Italia)

- What: Italian Festival Of Portland (Festa Italia)
This is Portland's largest authentic Italian festival and it will feature great food, a beer & wine garden, vendors, music, bocce, a children's area, grape stomping and more!
When: Sat, **22 Aug** 2026 • 12PM to Sun, **23 Aug** • 9PM
Where: 2408 SE 16th Ave, Portland, OR 97214

★ North Portland Events Calendar Aug 2026



★ 2026 MADE BIKE SHOW EVENT

- What: [The MADE Handmade Bike Show](#) is an annual event that **celebrates the art and craftsmanship of handmade bicycles**. It features hundreds of bikes from builders all over the world – more than 200 builders and brands – as well as workshops, demonstrations, films and other events. The show is a great place to learn about the latest trends in bike design and construction and to see some of the most beautiful and unique bikes in the world.
- When: **August 21**, 2026 to **August 23**, 2026
- Where: Zidell Yards 3121 S Moody Ave Portland 97239



★ 2026 Chinese Festival

- What: Stage Performances, Food Vendors, Hands-on Traditional Crafts, Artist Booth, Chinese Artisans & Antiquities, Hanfu (Traditional Chinese Clothing), Cultural Arts & Crafts

Public Health Outreach and Education & Community Partner
Tabling

- When: Sat, **1 Aug** 2026 • 11AM to 6PM
- Where: 701 SW 6th Ave, OR 97204

★ **Ways to Transition Back to School With Autism**

- 1. Increase activity options
- 2. Develop a written routine
- 3. Review past **visual strategies**
- 4. Write a social story
- 5. Create a sensory-safe space
- 6. Share helpful strategies with teacher
- 7. Consider fatigue with transition
- 8. Encourage communication



★ **Harvest days**

- What: Metro staff will be at this historic orchard on Sauvie Island to provide tools and supplies for harvesting ripe fruit. Depending on how the growing season goes, this could include blackberries, apples, and pears.
Cost: free Ages: all ages. Minors must be accompanied by an adult. No registration required. Drop in as your schedule allows.
- When: Thurs **Aug. 13th** & Sat **15th**, 2026 11AM - 1PM
- Where: Howell Territorial Park 13901 NW Howell Park Road

Portland, OR 97231

★ [PDX Parent Events Calendar Aug 2026](#)

★ [Roller Derby Tournament: Hometown Throwdown 2026](#)



- What: Witness some of the best and most competitive roller derby in the world! Hometown Throwdown returns!!
- [GET TICKETS](#) **August 28th - 30th**
- ☐ Participating Teams:
- Rose City Rollers Wheels of Justice & Rose City Rollers Axles of Annihilation
- Minnesota Roller Derby & Angel City Derby
- Black Derby Collective
- When:  GAME SCHEDULE Friday 8/28 | 6pm & 8pm
- Saturday 8/29 | 6pm & 8pm Sunday 8/30 | 12pm & 2pm
- Where: The Hangar at Oaks Park

★ [Come Thru Market: A Market Centering Black and Indigenous Farmers and Makers](#)

- What: Come Thru Market is an incubator market centering Black and Indigenous Farmers, Makers, and Friends. We support BIPOC growers in taking their small business dreams

to the farmers market environment. It's a vibe - Come Thru and get what you need.

- When: 3:00PM - 7:00PM on the **1ST & 3RD Monday**
- Where: 831 SE SALMON ST PORTLAND



★ [FIND Your Local SPLASH PAD Here](#)

★ [A Splash and Swim Summer Social](#)

- What: Summer social swim event at North Clackamas Aquatic Park! We will have the swim park all to ourselves and encourage you to extend this invite to friends and family. Registration is required. Suggested donation is \$25. [Register Now Here / Registrarse Ahora Aqui](#) Additional Details: Children younger than 10 must be supervised in the water by an adult. With a maximum ratio of 1 adult to 3 children.
- When: Friday, **August 21**, 2026 5PM - 8 PM
- Where: North Clackamas Aquatic Park 7300 SE Harmony Rd Milwaukie

★ [ASO Drop In Hours Portland August 21 @ 1PM- 4PM Free](#)

- What: No appointment needed during "Drop In" hours to stop by & talk to an ASO staff member about **Autism resources**! Children are welcome! We'll have fidgets and sensory toys available. There is free parking and the #12 Bus stops close to

the building. Please let us know in advance if you need to talk to someone in a language other than English.

- Where: 9320 SW Barbur Blvd, Suite 240, Portland, OR 97219

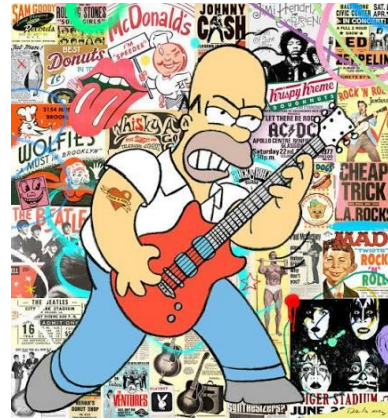
★ **Sellwood Moreland's Summerville Street Fair Aug 1 @ 10AM - 5PM Free** or this **LINK**

- What: Sellwood Moreland's Summerville Street Fair will bring 70+ vendors including local artists, great food, shopping, games, crafts, treats and more to the heart of Sellwood. Lean into a feeling of nostalgia in our historic neighborhood with touches of small town community, multiple public parks, river front beaches, buzzing restaurants, an amusement park, and big city access.
- Where: Heart of Sellwood on SE 13th from SE Bidwell to SE Spokane

★ **ASO region 6 Portland Metro Area GROUPS**

★ **5 Travel Anxiety Tips for Neurodivergent, Autistic & LGBTQIA Travelers** (VIDEO posted 4 years ago)

- Do you get travel anxiety? Maybe it's related to being neurodivergent, autistic, and/or LGBTQIAS+? I created these 5 travel tips to help you avoid anxiety, sensory overload, and autistic meltdowns/shutdowns during travel. This travel advice is based on my experiences as an autistic Latinx trans & queer person with ADHD, Bipolar and Anxiety. I've now spent over 14 months as a full-time traveler interviewing trans/nonbinary and neurodivergent activists around the world. These five travel tips are based on my experiences.



★ Gresham's Rock the Block

- What: free family-friendly block party. Enjoy music, great food, kids' activities and more. Rock the Block features:
 - Free backpacks and school supplies
 - Free haircuts
 - Free food and entertainment
 - Connections to community resources
- When: Saturday, **August 22**, 2026

★ City of Gresham August 2026 Calendar of Events

- Movies in the park - Red Sunset Park, 2403 NE Red Sunset Drive
- Music in the park - Butler Creek Park, 2808 SW Mawcrest Ave. & Vance Park, 1400 SE 182nd Ave
- Summer BIKE REPAIR Hub - Main City Park, Coho Picnic Shelter, 219 South Main Avenue
- Farmer's Market - Arts Plaza, 401 NE Second St.



★ 1926 rate day at Glendoveer \$1.00 GOLFING

- What: One hundred years ago, Glendoveer welcomed its first guests. For one day, we're not just celebrating our history—we're inviting you to experience it. On **Tuesday, August 18**, we're celebrating this milestone by returning to the year 1926 pricing for one day only.
- Enjoy: \$1 Walking green fees \$1 Push cart rentals \$1 Range buckets (Pro Shop purchase only) \$1 Tennis court fees
- Need a ride? Golf carts will be available at regular rental rates. We'll also have food and refreshments available throughout the day, including burgers and hot dogs fresh off the Von Ebert grill.
- When: 7:30AM to 7PM
- Where: **Glendoveer Golf Course** [14015 NE Glisan St. Portland, OR 97230](#)



★ **Feminist Bird Club - Bike & Bird: Vanport Loop**

- What: A day of biking and birding! This event is a space for **BIPOC, queer, neurodivergent participants and their allies** to gather, ride, and bird together in community. The group will bike ~8 miles from Vanport to Smith and Bybee and back, exploring some of the most bird-rich habitats. Participants will also be entered to win a pair of Nocs binoculars and a guide book!
- Where & When: Saturday, **August 15**, 2026 8:30 AM 11:30 AM 1809 N Broadacre Rd, Portland. A short ride from the Delta

Park stop station. Free parking is available on site and/or at Delta Park stop.

★ **It's ALWAYS SUNNY at the BEACH!**

- **Check out Oregon's AWESOME COASTAL Sites-**
 - Ocean Shore State Recreation Area
- **Things to SEE. Things to DO.**

★ **Local Disability Organizations and Resources**

- **A MUST WEBSITE TO SAVE & BOOKMARK**

★ **SAVE THE DATE NOV 2026 The ARC of Oregon Annual Convention**

- What: We are excited to announce the 3rd annual Self-Advocacy Convention of Oregon! The 2026 Convention will take place in Portland on **Tuesday, November 17**. This will be an Oregon-specific self-advocate event leading up to The Arc of the United States's National Convention on November 18-20.
- The Self-Advocacy Convention of Oregon is planned by advocates. This year's event will include guest speakers, small group conversations, networking time, and fun social activities. Don't miss this one-of-a-kind event for self-advocates!

★ **Adaptive Classes, Trips, and Activities**

- **CONTACT- Jane Doyle** Program Coordinator
- Email: jane.doyle@portlandoregon.gov
- Phone - (503) 307-4131

Some AUGUST Observances -

August 8th- International CAT  **Day.**

August 9th- BOOK  Lovers Day

August 9th- International Day of the World's **Indigenous People**

August 11th- National SONS & DAUGHTERS Day

August 12th- International YOUTH Day

August 21st- WORLD SENIOR CITIZENS Day

August 26th-  **WOMEN'S Equality Day**

National BLACK Business Month

Don't be a BULLY Month

Transgender  History Month

Spinal Muscular Atrophy Awareness Month

WORLD Cancer support month