



## 2026 Resources

**JANUARY is when to begin looking at SPRING BREAK & SUMMER CAMPS!**

### ★Portland Parks & Rec Access Discount Program

- What: Access Discount Program The Access Discount Program provides a discount on activity fees of up to 90%. The discount is valid for 12 months from the date of enrollment. No proof of income is required. City of Portland residents may choose the discount that works for them. You can use an Access Discount to reduce the price of the following:
  - Admission to recreation centers and pools
  - Classes, camps, swim lessons, and other registered activities
  - Preschool and after school programs
  - Personal training

The suggested income guidelines help determine if the Access Discount Program is right for you. Choose an Access Discount of 25, 50, 75, or 90% ongoing discount based on your financial need. Those with a lower income or higher number of family members may consider selecting a greater discount. Examples- Swim Lessons Youth camp at a community center

### ★Autism Society of the State of Oregon Jan 2026 Calendar of Events

## ★What a way to ring in 2026 but by watching COWBOYS and COWGIRLS ride

### BULLS

- [\*\*BULL RIDING EXTRAVAGANZA\*\*](#)
- What: Experience the electrifying adrenaline rush of PBR! This is your chance to witness world-class athletes going head-to-head with powerful bucking bulls at this must-see competition!
- When: **January 2nd and January 3rd 2026** COST is Expensive \$\$\$
- Where: MODA Center

## ★Rose City Classic Dog Show [WEBSITE →](#)

- What: Considered by many the pinnacle of canine excellence, the Rose City Classic Dog Show is a family friendly premier event drawing top dogs from across the US to compete in the heart of Portland, Oregon every January. From breed specialties to thrilling all-breed shows, join us to celebrate the extraordinary bond between humans and their four-legged champions!
- When: **Jan. 15–18, 2026**
- Where: **Portland Expo Center** 2060 N Marine Dr

## ★JAN 16th - JAN 18th, 2026

- What: **If you're into comics, sci-fi, horror, anime, gaming, or cosplay, come share our playground.** For all of you FANS of Comics, Sci-Fi, **ANIME, GAMING** and More of this type of stuff. Tickets from \$27-\$120
- You can't miss this event [\*\*FAN Expo Portland Jan 2026\*\*](#)

## ★ [Jan 2026 Powell's Books EVENTS](#)

## ★ Cultural Performance: Koto and Storytelling by Oregon Koto-Kai Saturday,

**January 3rd, 2026 / 1:15 PM - 2:30 PM**

- What: Enjoy a free koto performance by Oregon Koto-Kai at the Cathy Rudd Cultural Corner in the Jordan Schnitzer Japanese Arts Learning Center. In this family-friendly performance, and in celebration of O-Shogatsu, **performers will tell a traditional New Year's themed Japanese story** (*Kasa Jizō*) accompanied by koto music.
- Where: [Jordan Schnitzer Japanese Arts Learning Center](#)
- [LISTEN HERE](#)

## ★ Portland Folk Festival    OFFICIAL WEBSITE

- What: [Read About Us HERE](#)
- When: **Jan. 30–31**, 2026
- Where: 1332 W Burnside St COST: \$50-\$80

## ★ ASO Drop In Hours (Portland)

- What: ASO “Drop In” hours will be offered at the ASO office. No appointment needed during “Drop In” hours to stop by & talk to an ASO staff member about Autism resources! Children are welcome! We’ll have fidgets and sensory toys available. There is free parking and the #12 Bus stops close to the building. Please let us know in advance if you need to talk to someone in a language other than English. We’re happy to set up in person meetings by appointment outside of these hours, including in English and Spanish. Call our office at 503-636-1676 or send an email to [RosaH@AutismSocietyOregon.org](mailto:RosaH@AutismSocietyOregon.org) to make an appointment or with any questions. We look forward to assisting you!
- When: Fridays from 12pm – 3pm **JANUARY 9th**, 2026
- Where: 9320 SW Barbur Blvd, Suite 240, Portland, OR 97219

## ★Synergy Autism Support Group Meeting for Parents (Online)

- What: **FREE** on-line group for parents of children (birth-adult) on the autism spectrum living in Oregon.
- Cozy up with a morning beverage and join us by computer! Facilitated by Barbara Avila, MS, of Synergy Autism Center. If you have access to Zoom, you can access this group. The group will look at a different topic each month, including: self-care; safety considerations; understanding your child's processing; social engagement; and challenging your child in supportive ways.
- **To register and get the Zoom link, please go to [LINK](#).**
- When: **Meets 4th Saturday each month, from 10:00 – 11:30am.**

## PORLAND COMMUNITY ART

★ January 1: **Free** First Thursday @ Portland Art Museum | 10AM-8PM  
[\(more info\)](#)

★ January 1: First Thursday at PNCA + North Park Blocks | 5-9PM,  
Receptions, Live Music, Performances & More! [\(more info\)](#)

★ January 1: First Thursday in the Pearl | 5-9PM, Gallery Opening, Vendors,  
Performances [\(more info\)](#)

## ★ Tuesday, Dec. 23

-  **Silent Night, Deadly Night (2025)** | Hollywood Theatre
-  **Meier and Frank Santaland** | Oregon Historical Society
-  **Christmas Festival of Lights** | The Grotto (Madison South)

-  **Winter Wonderland Holiday Lights** | Portland International Raceway (Kenton)
-  **Winter Wonderland Cookie & Story Party** | Literary Arts (Buckman)
-  **Spirits of Christmas** | Sinister Coffee and Creamery (Downtown)
-  **The Dickens Carolers** | Downtown Transit Mall
-  **Seasonal Gift Making for Families** | Tryon Creek State Natural Area

★**AMAZING RESOURCE** for **CYAP SC's and parents** to request teachers access for their students.

- Advocacy can start here for your student. Learn about The COLUMBIA REGIONAL resource and how your students teacher can make a referral for potential **special education support** - [Columbia Regional](#)
- In collaboration with Local School Districts, Early Intervention, Early Childhood Special Education (EI/ECSE) programs, Families, and Community Agencies to provide specialized educational support for children with hearing impairments, vision impairments, autism spectrum disorders, severe orthopedic impairments, deaf-blindness, and traumatic brain injury.
- Region 6 CONTACT - Lisa McConachie 503-916-5570x78334  
[lmccconac@pps.net](mailto:lmccconac@pps.net)

★**FACTS: Pathways to Adulthood Conference Saturday, January 24, 2026**

**8:30 AM - 1:30 PM**

- **What:** This virtual learning conference helps youth with disabilities (14-21), their families, and professionals explore what they need to know to create a roadmap to adult success.

- We will explore topics in these areas:

Pathways to Further Education and Work Independent Living and Money Management Self-Advocacy and Decision-Making

\* Most sessions are in English with simultaneous Spanish interpretation. There is a Spanish track, with one designated training per session in Spanish. Please request additional language supports or ASL at least 14 days prior to the conference.

Questions? Email [program@factoregon.org](mailto:program@factoregon.org) or call: 503-786-6082 or 541-695-5416.

- [\*\*FACT Oregon -> Resources in different Languages\*\*](#)

## ★ [\*\*Sunshine Division Programs\*\*](#)

- Pantries Open 5 Days a Week –
- Where: 12436 SE Stark St

## [\*\*SNOWCAP Services\*\*](#)

- Do you need help? SnowCap serves people who currently live east of 82nd and within Multnomah County. Proof of address is required for every visit.
- SnowCap's Food Pantry is OPEN and Ready to Serve!
- Distributing pre-packed boxes and as much fresh/frozen food as possible.
- Food is being given outside of our front doors. Please dress according to the weather. If you are housed, please bring in a bill that comes to your address that is dated/postmarked within the last 30 days (POA); if you don't have it physically but can show a digital copy, that is great!
- Cannot make it in? You may ask a friend, family member, neighbor, social worker or family advocate to come in on your behalf. You can [click here](#) for a printable form.

- New to SnowCap? [Click here](#) and fill out a General application or call 503-674-8785 to do a quick intake.
- SnowCap's Clothing Closet is OPEN by appointment ONLY. To request a Clothing Closet appointment [CLICK here](#). Please fill out the form; once you finish you will receive a text message to confirm the time and date of your appointment.

★ The Little Ducks Learning Project is a **pilot study** supporting Portland-area families of preschool-aged children (ages 3–6) with disabilities. We're recruiting families whose children have a diagnosed disability or are currently being evaluated. **Starting in January 2026**, families will complete pre- and post-test sessions (about 1.5 hours each) at the **UO Portland campus**. During the first visit, parents receive individualized training and a set of home learning materials—such as storybooks, board games, and routine-based activities—focused on either math or literacy/social communication. Families use these materials for 8 weeks, receive a \$150 stipend, and keep all materials after.

**Little Ducks Learning Project**

**Research Study**

**Looking for families to join!**

**Eligible Children Include... 3–6 years old**

For children with disabilities or being evaluated for one!

(Autism, ADHD, Speech/Language, Developmental Delay, Emotional Disorder, etc.)

**Families Receive:**

- Informational training session
- \$150 total in gift cards
- Keep all home learning materials after the study

**ACTIVITIES**

- 2 Games
- 4 Storybooks
- Everyday Routine Conversation Cards

**STUDY GUIDELINES**

- Implement activities to increase academic and social learning for 8 weeks
- Two 1.5 hour in person sessions
- Complete study surveys

**Contact Us To Learn More!**

Call/text: 871-219-2025

Email: [Littleducksproject@gmail.com](mailto:Littleducksproject@gmail.com)

Scan our QR code to have a team member reach out to you!

IRB Study 868





## ★Magic Tea Party: A Live D&D Comedy Show WEBSITE 21+**Adults**

- What: Live Dungeons and Dragons show, comedians and performers take to the stage to play some theatre games, share some jokes, and play some D&D.
- When: Sunday, Jan. 18 7:30 p.m.
- Where: 4319 SE Hawthorne Blvd Portland

## ★ SQUARE DANCING Anyone?

- What: **Monthly Dances** at the Oak Grove Community Center, 14496 SE Cedar Ave.PDX.
- **Lessons**: We generally offer Mainstream lessons starting in January and September of each year. It takes about 16 weeks to learn the full Mainstream program. Find out more on our Lessons page.
- **Scares and Squares**. This is our annual fly-in in late October. All are welcome for a full weekend of high-energy camaraderie and top-quality dancing. All levels from Basic through C-2. Find more details on our Scares 'N Squares page. Check out our **Dancing tips**.
- When: We dance the **Second Saturday** of each month
- Where: Oak Grove Community Club 14496 Southeast Cedar Ave. Portland

## ★Who says you can't go trail walking in the Winter?! Fresh crisp cold air is good for you. Pacific NorthWest Living at it's finest Gresham Trails

## ★Wag-N-Walk Wednesday January 7 2026

- What: Join us for twice monthly Wag-N-Walk at parks around Gresham with your friendly furry friends and local dog trainer/walker, Avery, from Hounding Around. Main City Park is a 21.6- acre community park located

directly on the Springwater Trail and a short walk to historic downtown **Gresham**. We will **meet at the Coho shelter** area before the walk begins.

All dogs must remain leashed. Pet owners, please be sure to bring baggies for any bathroom breaks your pups may take. And we really want to encourage friendly dogs to attend these events.

### **Sign the Wag-N-Walk waiver**

- For more information, contact ParkReservations@**Gresham**Oregon.gov.
- Learn more about **Wag-N-Walk**.
- Where: 4:00PM Main City Park, 219 South Main Ave.

### **★Introduction to Let's Play! Movement Games for Young Children**

- What: Through introducing the foundational senses:(touch, proprioception, vestibular, life), and developmental movements, we will explore games, movement and a variety of activities to support the health and development of the whole child. Clackamas [\*\*REGISTER HERE\*\*](#)

This class is live online via Zoom. Please register to receive the link to the class. [\*\*Multnomah HERE\*\*](#) Questions? Call 503-491-6205 or email [amelia.reyes@mhcc.edu](mailto:amelia.reyes@mhcc.edu)

- When: Thursday **January 15th, 2026 6PM - 9PM**
- Where:On Line Cost \$10

### **★The Gresham Japanese Garden's Tsuru Island is free**

- What: The Gresham Japanese Garden's Tsuru Island is free and open to the public from sunrise to sunset. The Japanese garden sits inside 21 acres of Main City Park off of Powell Boulevard.
- Broadleaf evergreens, a variety of aesthetically pruned pines, vivid azaleas blooming in May, a dry stream bed, a covered azumaya are contained on

an island, originally created in the early 70s by the Japanese American Citizens League – Gresham/TROUTDALE.

- After enjoying Tsuru Island, stroll to the south end of the park to the other spaces developed and maintained by the Friends of Gresham Japanese Garden.
- Many enjoy using Tsuru Island for their photo shoot. If your **party is larger than 6, we request a [reservation](#)**.
- Where: Finding Tsuru Island is quite simple. Head to Historic Downtown Gresham and enter through Main City Park off of Powell Blvd and Main Avenue. [124 S. Main Avenue Gresham, OR 97030](#)

## ★ [Gresham Japanese Garden Community Seminars](#)

- [Introduction to Ikebana – January](#)  
**January 13, 2026, 1:00 pm - 3:00 pm**
- [2026 The Art of Bonsai: Jan-Sat](#)  
**January 17, 2026, 1:00 pm - 3:00 pm**
- [2026 The Art of Bonsai: Jan-Thurs](#)  
**January 17, 2026, 6:00 pm - 8:00 pm**

## ★ [Affordable Housing Bond Oversight Committee meeting](#)

- Metro's [affordable housing bond program](#) is overseen by an independent committee appointed by the Metro Council.
- **Jan. 12, 2026** 3 to 5:30 p.m.
- If you would like to provide testimony Submit written testimony by emailing [housing@oregonmetro.gov](mailto:housing@oregonmetro.gov). Testimony received by 12 noon the Thursday before the meeting will be shared with the committee in advance. All written testimony received will be added to the meeting record.

## ★ [Brunch & Beats: Music Bingo at Punch Bowl Social](#)

- What: Welcome to Brunch & Beats: Music Bingo Madness at Punch Bowl Social! Get ready for a Sunday Funday filled with delicious brunch delights and thrilling Bingo action! Music Bingo Madness: Join us for our exciting Music Bingo games where you can win in three different ways:
- BINGO: Complete a single line on your bingo card. Double BINGO: Score two lines for a Double BINGO win! Blackout: Mark off all the spaces on your card for the ultimate Full Blackout victory!
- When: **Every Sunday**
- Time: Music Bingo at 2pm and 3pm, Brunch served.
- Where: Punch Bowl Social Admission: Free entry Tips are appreciated. For reservations and inquiries, contact (503) 334-0360

## ★ [Monsters of the Abyss](#)

- What: **OMSI EXHIBIT - Aquatic Predators Past + Present**

Dive back in time to explore what lurked beneath the surface at the newest exhibit in Portland—Monsters of the Abyss: Aquatic Predators Past + Present. Meet massive mosasaurs, a spine-chilling Spinosaurus, and bizarre creatures as you travel through millions of years, witnessing the rise and fall of Earth's most awe-inspiring aquatic creatures as well as their present-day descendants. Adult (14+) \$20.00 Senior (63+) \$17.00 Youth (3-13) \$15.00 Infant (Under 3 years) Free\*

## ★ [Mt. Hood Community College Campus Life & Events Calendar Dec & Jan 2026](#)

## ★World Forestry Sasquatch through Jan 4th 2026

- What: This exhibition was created in collaboration with these Indigenous artists and the **High Desert Museum** in Bend, Oregon, which commissioned many of the artworks for the exhibition *Sensing Sasquatch* in 2024. Since then, artworks have been re-curated to align with the mission of World Forestry Center with new stories from the forests of the Pacific Northwest, new artwork and two additional artists.
- When: Featured Exhibition: Until January 4, 2026 | Tue-Sun 10 am-4 pm
  - Included with Discovery Museum Admission | Portland, OR
- Where: World Forestry Center

## ★Jobfairx.com -- Job Fairs Portland

- What: 1.] Register 2.] Get AI Matched 3.] Interview on JobFairX
- When: Different dates and times in January 2026
- Where: On Line or **\*\* In Person Fair \*\*** \_\_\_\_\_
- **ATTENTION PORTLAND JOB SEEKERS AND CAREER CHANGERS!**
- What: The 26th Annual Diversity Employment Day Career Fair and Job Fair for PORTLAND. Invites you to meet with major PORTLAND employers, their recruiters, staffing managers, and HR Directors who are seeking to hire for 100's of Job and Career Positions
- When: Thursday, **January 29th**, 2026 (11-3pm)
- Where: DoubleTree by Hilton Hotel 1000 NE Multnomah.

## ★ American Sign Language (ASL) at Woodstock Cafe January 6, 2026

6:30PM - 8:30PM

- What: "Sign Squad" Join our weekly ASL meetup to learn, share stories, and connect-silently!
- Where: Woodstock Cafe, 4103 SE Woodstock Blvd, Portland

## ★ Autism Self Advocacy PDX SAVE THE DATE

### ★ Gather:Make:Shelter

- What: Gather:Make:Shelter collaborates with people experiencing homelessness and poverty through arts workshops and mentorship to empower participants to forge creative paths to stability and community. *Fashion from Midsummer Night's Dream Machine*
- A showcase of wearable art by Gather:Make:Shelter artists—expressions of creativity, resilience, and community transformed into stunning garments

When: **Through January 3** Saturdays 12-4pm and by appt  
Where: 1335 NW Kearney St. Portland, OR 97209

## ★ The Wizard of Oz through January 4 • Sat & Sun at 11:30am & 3pm

- What: Spend the holidays with your favorite foursome for a trip down the yellow brick road! With a shortened run time, this youth edition version of *The Wizard of Oz* is very accessible for young theater-goers and the perfect introduction to the world of Oz, Wicked and many other iterations of this iconic story

- Where: The Judy Kafoury Center for Youth Arts Home of Northwest Children's Theater! 1000 SW Broadway, on the corner of SW Broadway and SW Main in downtown Portland

**?? WHAT LEGOS ?? This event is BIG TIME building NOT LEGOS!**

★**Build, Remodel & Landscape Show 2026 Jan. 23-25**

- What: Welcome to the Build, Remodel & Landscape Show. This comprehensive home show brings together homeowners and the area's top remodeling and building experts. Every aspect of the home can be explored, from the smallest design detail to the largest house addition.
- See the latest innovations and design trends
- When: Friday, January 23 Sat, January 25 & Sun, January 25

★**Housing Independence** is really excited about our January Newsletter!

*December* [Calendar of Events](#) With at least two activities a day you'll find plenty of activities to enjoy. Please contact me to sign up, or with any questions you may have. If you haven't tried our program before, we invite you to experience up to 3 events for free! Amy Reza @ [amyr@housingindependence.org](mailto:amyr@housingindependence.org) - Community Inclusion Coordinator more information about Housing Independence, please call (503) 272-8908

★**Regional Arts Council - ART for ALL**

- What : Ensuring Arts & Culture are Accessible for All
- Buy \$5 tickets to many of the best arts & culture events in the region!
- Arts For All envisions a community where everyone—regardless of financial resources—can experience and enjoy arts and culture.

- Over a decade ago, Arts For All was founded by dedicated arts leaders to ensure Oregon Trail Card/SNAP recipients could access specific arts events for just \$5 per ticket.

## ★OR ZOO Keeper Talks and Animal Activities

- What: Keeper Talks and Animal Activities: Talks on different animals start at 9:45am and end at 3:00pm

## ★FREE STATE PARK ENTRANCE - First Day Hikes - JAN 1st, 2026

- The parking fee for the 25 parks that normally require a **parking permit will be waived ONLY** on January 1, 2026. Some parks are hosting free guided hikes. Or check this [LINK](#).

Here are the hikes near Portland:

- [First Day Hike at Tryon Creek State Natural Area](#)

## ★How to Get Free Admission to Portland Museums and Gardens

## ★Multnomah County Discovery Pass

- What: The Portland Art Museum and the Portland Japanese Garden both offer free admission through the Multnomah, Washington, and Clackamas counties' libraries. The library programs offer a limited number of free passes for a slew of local cultural institutions. See below for where you can go and for details on reservations.

## ★Travel Portland Attractions Indoor Activities for Children

- Roller Skating - One of the largest skating rinks in America awaits at historic [Oaks Amusement Park Roller Rink](#) in Southeast Portland.

- **Bowling** - Opened in 2016 KingPins is a 40-lane bowling center with a game room. **Grand Central Bowl** is another popular bowling destination, thanks to its giant HD projection screens, balcony game room and expansive food and drink menu, which gets delivered right to your seat.
- **Indoor Playgrounds Within Portland Proper** - **PlayDate PDX** offers a massive, three-story indoor playground made for climbing, crawling, sliding and exploring. 1434 NW 17th Ave.
- For springy fun, visit Northeast **Portland's Children's Gym**: Gymnastics, dance classes and camps, after school care and play time. Guests 13 and under. The facility has a range of equipment.
- Kids can channel their inner kung fu masters at **Monkey King Play House** is a combination of indoor play structure, cafe, party space and Kung-Fu classroom. 17112 SE Powell Blvd. PHONE: (503) 618-1818
- Head south for a play date at **LEKA Playland**. With a collection of carefully curated, mostly handmade toys, this indoor play space invites kids to have a blast while learning and exploring. Parents will appreciate the calm vibes, natural materials and modern decor.

**Southwest Portland** 7405 SW Tech Center Dr Suite A120, Tigard

★ **HOCKEY - Winterhawks Schedule 2026**

★ **Lunar New Year Celebrations in Portland** - Late Jan into Feb

★ **Thursday, January 22, 2026 12-1pm: Caring for a child with a Rare Medical Condition: Navigating Systems and Building Support**

★ **Jueves, 22 de Enero 2026 6-7pm: Cuidado a un niño con afección médica poco frecuente: Navegando sistemas y creando apoyo**