



# 2025 November Resources

Anti-bullying Week 11th -15th, Inter Faith Week 11th-15th, Transgender Awareness Week 13th -19th, All Saints Day 1st, All Souls Day 2nd, Veteran's Day 11th, Diwali Oct 31st - Nov 1st, International Men's Day 19th, The Day of the Dead Oct 31st, Nov. 1st & 2nd National Stress Awareness Day 6th, International Social Media Kindness Day 13th, World Diabetes Day 14th , Equal Opportunity Day the 19th, National Home Care and Hospice Month · National Family Caregivers Month, National Adoption Month, National Native American Heritage Month & Child Safety Protection Month. [MORE HERE](#)

★ [Community Health Fair at IRCO - MultCo Sat. November 1, 2025 11AM- 2PM](#)

- What: Community Health Fair at IRCO - MultCo
- When: Saturday, **November 1**, 2025 11:00 AM 2:00 PM
- Where: IRCO - 10323 Northeast Glisan Street

**ZETOSCH Funds can!**

**APPLY ASAP**

★ [Zetosch Funds - applications are open from November 1-30, 2025](#)

○ [Application Information](#)

- **MUST READ** Equipment is limited to Apple iPad, iPad Mini, apps, and cases. (EXCEPTION: MacBook Air laptops and software are available to children over 12 for whom a tablet does not meet the educational need.)

Equipment comes with a warranty and a protective case. All applicants get the same version of the equipment and cases. No phones or cellular-enabled devices are purchased (wifi only).

- Family members may not apply on behalf of their own children.

**Application must be made by someone who works with the child in a professional capacity** (e.g. teacher, educational service provider, disability service provider, health care provider, etc.).

- The intent of this charitable gift fund is to help low-income Oregon children with special health needs succeed in school. OCCYSHN uses the funds to buy educational equipment for children who meet the criteria.
- Oregon children age 3-21 years qualify if they have a diagnosed disability or special health need which impacts their education. The child must be enrolled in school, Early Childhood Special Education, or other preschool.
- The equipment requested must specifically address educational needs

## ★ **2025 Kumoricon @ Oregon Convention Center | Anime + Japanese Culture Convention & Convention EVENTS**

- What: For more than twenty years anime fans have gathered together for an amazing annual event, rain or shine. Gaining its namesake (kumori) from the Japanese word “cloudy” we embody everything it means to live in the Pacific Northwest and love anime and Japanese culture.

Pre-registration for Kumoricon 2025 can be purchased online at

[www.kumoricon.org/registration](http://www.kumoricon.org/registration)

- When: **October 31st through November 2nd**, 2025
- Where: Oregon Convention Center

★ [Assistive Technology Information/Library](#)

- What: AT Lab Open Hours. Stop by for our weekly Thursday Open Lab drop-in hours. Ask questions about AT, see some technology, get referrals, find out more about our services, and more!
- When: Thursdays, 12:00 pm to 5:00 pm
- Where: AT Lab, Suite 120 (2475 SE Ladd Ave, Portland, OR 97214)

★ [ATTENTION BOOK LOVERS and READERS](#) [Portland's premier book festival features more than 100 authors](#)

- What: When 8,500 people descended on the Portland Art Museum for the revived Portland Book Festival (formerly “Wordstock”) in 2015, the message to its new organizer, Literary Arts, was clear: Portlanders love to get their read on, and this festival — missing in action for two years — had not been forgotten.
- When: **Saturday, Nov. 8, 2025**
- **FIND OUT MORE HERE**
- [Check the lineup](#) for more about this year's authors
- [Check the schedule](#) for times and venues
- [Learn more](#) about the Portland Book Festival

★ [Peninsula Elementary Supported Fair - Multco Monday, Nov. 10, 2025](#)  
[5pm-7pm](#)

- What: **Join Us for a New CSN Supported Fair!**
- Be part of a new pilot program this year—**Fair in a Van, which involves CSN supported fairs!** This initiative is designed to bring valuable resources directly into communities while building local capacity to host and lead. **What's Different About This Fair?**
- Unlike our large-scale resource fairs that you may be familiar with, a *CSN supported fair* is a **lighter-touch model**. A local host partner will take the

lead on organizing and running the fair, and our team will support them behind the scenes—providing outreach materials, helping recruit table hosts like you, and offering guidance as needed.

- When: Monday **November 10th**, 2025 5pm to 7pm
- Where: Peninsula Elementary School - 8125 North Emerald Ave. Portland

★ **WasabiCon PDX @ Hilton Portland Downtown | All Ages, Anime, Cosplay & Gaming Convention**

- What: **WEBSITE HERE** Otaku culture collides with PDX personality for two days of celebrity guests, exhibitors, artists, tabletop gaming, video games, maid cafés, and much, much more. Tickets are available in advance or on-site: \$40 Saturday, \$30 Sunday, or \$60 for a Weekend Pass.  
Questions? [pdx@wasabicon.com](mailto:pdx@wasabicon.com)
- When: **November 29th and November 30th**, 2025
- Where: Hilton Downtown 921 SW 6th Ave.

★ **November 30: FREE DAY at the World Forestry Center Discovery Museum | 10AM-4PM, Interactive exhibits to cool forestry facts**

- What: Explore the wonders of World Forestry Center's Discovery Museum at no cost. Examine forests and consider all the ways they impact our lives. Visitors get a bird's-eye view of a northwest forest, explore society's connection to the woods, and learn about the challenges and opportunities facing this critical natural resource. Through interactive and featured art exhibits, visitors can learn how the way forests are managed affects everyday lives and how they are crucial to the forestry conversation.
- When: **November 30** @ 10:00 am - 4:00 pm
- Where: **Discovery Museum, World Forestry Center** 4033 SW Canyon

## ★ [Portland Living on the Cheap --> Movie Madness Free Screenings](#)

- What: At Movie Madness, there is a miniplex that hosts events for our local film-loving community. On Sundays, the miniplex has free community screenings programmed by a staff of movie experts.
- The free community screenings show everything from cult classics to family favorites to unstreamable oddities. You can see what's playing ahead of time by checking out the schedule posted in the store or by signing up for the Movie Madness newsletter. **Screenings are free, but you must reserve a ticket in-store or by calling 503-234-4363.**
- For more information, visit the [Movie Madness website](#).
- Here are the free community screening times on Sundays
- When: SUNDAY's
- Where: **Movie Madness** The video store is at 4320 SE Belmont St. in Portland

## ★ [Paws and Relax Discount Days ZOO](#)

- What: Paws and relax with the wildlife that call the Oregon Zoo home! We know the world can be stressful, so we invite you to connect with nature with \$13 zoo admission.
- When: **Nov. 3 to 9th**. 9:30am to 3:30pm
- Where: Oregon Zoo
- The Oregon Zoo is proud to offer **free admission on Nov. 11 for military members, veterans and their families**. Complimentary admission includes up to three tickets per active military personnel/veteran. Families of deployed military personnel will be given free admission. Must reserve in advance online PLUS - **Sensory resources** - Stop by the reception office to check out a sensory kit for free. Before attending, download the free [KultureCity app](#) to learn about available resources and how to access them and view a social story to prepare for your trip.

- **One-to-one support** - A person with a disability who holds a ticket or membership reservation is provided a complimentary ticket for their one-to-one support person.

### ★ The ARC - Emotional Regulations for Kids

- What: This training session is designed for caregivers, educators, and professionals who work with children and want to deepen their understanding of emotional regulation. Participants will explore practical tools and strategies to support co-regulation and promote healthy emotional development in children. The session will provide a foundational understanding of stress responses and how to help children apply coping strategies when faced with emotional challenges. Participants will gain an understanding of:
  - Use specific tools and strategies learned in the training to promote healthy relationships and co-regulation with the children they support.
  - Understand and apply the concepts of stress responses, including helping children implement healthy fight, flight, and freeze strategies to self-regulate.
  - Recognize stress responses and potential triggers, create supportive environments, and apply healthy coping strategies for themselves and the children they support.
  - Create meaningful, individualized tools for children to support self-regulation based on their unique needs.
- When: **November 7th**, 2025 9am to 11am
- Where: On Line / Virtually FAMILY TRAINING via K plan **can** cover this

★ [Winter Preparedness Fair - MultCo Sat. November 15, 2025 11am - 2pm](#)

- What: Winter is coming—are you ready? Join us at Parkrose High School for a Winter Preparedness Fair on **Saturday, November 15, 2025**, from **11 AM to 2 PM** for a day packed with essential tips, resources, and fun activities to help you and your family stay safe and cozy all season long.
- When: Saturday, November 15, 2025 11 AM 2 PM
- Where: Parkrose High School 12003 NE Shaver Street

★ [SWINDELL'S → Preparing for the Holidays Wednesday, November 19, 2025](#)

★ [Pathological Demand Avoidance: Everything to Know about PDA and How to Support PDA Learners](#)

- When: Wednesday **November 5th**, 2025 from 6PM - 7:30PM
- What: Pathological Demand Avoidance: Everything to Know about PDA and How to Support PDA Learners The Swindells Resource Center welcomes Lauren Stewart, MA, Autism Regional Consultant, for the second workshop on identify what PDA is and how to support our children with a PDA profile in the home, school, and community based settings.
- Location: ONLINE REGISTRATION required

★ [November 1 at Reynolds High School 10am](#)

- What: Join us to celebrate Oregon **Hmong New Year**
- When: November 1, 2025
- Where: 1698 SW Cherry Park Rd, Troutdale, OR 97060

★ [Krayon Kids Musical Theatre Company ADDAMS FAMILY A MUSICAL](#)

- When: Weekends in **NOVEMBER. 7th - 22nd**, 2025
  - Performance Schedule: - Evening performances: Fridays & Saturdays at 7:00 PM and - Matinee performances: Saturdays & Sundays at 2:00 PM
- What: The Addams Family- A Musical Comedy of Ghoulish Delights!

- Wednesday Addams, the ultimate queen of darkness, has fallen head over heels for a sweet, smart boy from a perfectly “normal” family. As her affection grows, chaos creeps in—especially when she confides in her father, Gomez, and begs him to keep her secret from Morticia. Torn between his daughter and his wife, Gomez is trapped in a web of love and lies. Meanwhile, Pugsley plots, Grandma meddles, and Uncle Fester discovers a peculiar love of his own. Everything comes to a head on one fateful, delightfully dreadful night, when the Addams host a dinner to meet Wednesday’s “normal” boyfriend and his buttoned-up family. What could possibly go wrong?
- Where: Historic Barclay Theatre, Oregon City

### ★ [Frybread Fest](#)

- What: Celebrate National Native American Heritage Month. Join a fun-filled day of music, cultural performances, and educational workshops. Listen to the captivating storytelling by Karen Kitchen, the powerful live drumming by Turquoise Pride, watch artists make traditional beadwork, and learn about Native American history and culture. In partnership with the Portland Indigenous Marketplace, you are invited to explore handmade goods from local Native vendors and enjoy complimentary frybread for the first 200 attendees.
- When: **November 8th**, 2025
- Where: Director’s Park - 815 SW Park Ave Portland

### ★ MOVEMENT OF YOUR BODY!! [JourneyDance Portland 3rd Sundays](#)

- What: JourneyDance: Move your body, open your heart. In a world that often pulls people into their heads and away from their bodies, this class is an invitation to return to you. JourneyDance is a guided embodied movement experience designed to help you reconnect with your physical self, explore the wisdom your body holds, and expand your emotional

capacity through intentional, intuitive movement. Whether you're new to somatic practices or already on your embodiment journey, this class offers a protected, playful space to explore what it feels like to be truly present in your body. Through guided improvisation, visualizations and exploring a range of movements, you'll unlock new ways to feel, express, and connect.

- You'll leave feeling: More rooted in your body  
More in touch with your emotions  
More empowered to move through life with authenticity and ease  
No dance or movement experience is necessary. All bodies, identities, and abilities are welcome. Come as you are. Move how you feel. Let your body lead the way.

- When: Thursday, **Nov. 20** 7 p.m.–8:30 p.m.
- Where: SomaSpace 4050 NE Broadway Portland

★ **Fall Regional Swimming – Beaverton Sunday, November 2 @ 9am - 5pm**

- What: SPECIAL OLYMPICS SWIMMING Event
- When: Nov. 2nd, 2025
- Where: THPRD Howard M. Terpenning Aquatic Center 15707 SW Walker Rd, Beaverton, OR 97006

★ **ASO NOVEMBER 2025 CALENDAR**

★ **City of Portland's Disability Community resources page**

- **How do I get disability-related accommodation requests from community members for events?**

★ **Personal Safety Plans PLEASE BOOKMARK**

- Autistic Self-Advocacy Network ASAN - [Autism and Safety Toolkit](#)
- FORGE - [Self Help Guide for Trans Survivors of Violence](#)
- Love is respect - [Teen dating safety plan](#)
- National Alliance on Mental Illness - [Mental health: Child crisis response](#)
- **Planning for A Health Care Emergency Toolkit**

- State of Oregon: Oregon's [Declaration for Mental Health Treatment](#)

### ★ [Autistic Self Advocacy Portland Employment Resources](#)

- What: If you are on the Autism Spectrum and are looking for employment related resources, then continue reading. Below lists work State, Organizational, SSI and For Profit supports. These were provided as a suggestion by one of our group members and we do not endorse one specifically. It is a list for information purposes.

### ★ [Power Soccer team practice = Adaptive SPORTS NW](#)

- What: Power Soccer PDX hold practice sessions to knock the ball around the court with your friends and teammates
- When: **Nov. 23rd**, 2025
- Where: East Portland Community Center 740 SE 106th Ave

### ★ [Drop-In Interactive Science Museum Experiment PDX.com](#)

- What: Visit our interactive science museum with LEGO Robotics, marble runs, electrical circuits, microscopes, mantises and more! Plus crafting, with plenty of supplies and inspiration!
- Where: 1421 SE Stark St.

### ★ [Saturday, October 25 Trunk or Treat 2025](#)

- What: Welcome to our annual Trunk or Treat event! This event is meant to create a safe place this Holiday season for the local community. We have an abundance of candy that has been donated so there will be plenty to go around. We also have candy alternative options for those who can't/choose not to have any. Just be sure to ask our Trunkers for a non-candy option. Entry is free and all are welcome to attend.
- Where: 4330 SE International Way **Milwaukie**.

- When: Starting time for the event is 2:00. You are more than welcome to come a little earlier, but please know you will need to wait until 2:00 before beginning. That way all of our Trunkers are in position. The event will be ending at 4:00 so make sure to be in line before then!

★ Advocates for Trans Equality - Informational Resource [Oregon Identity Documents Oregon Name Change Laws](#)

★ [Winter Wonderland Portland 2025](#)

- What: The largest light show in the Northwest spanning the track at Portland International Raceway
- When: November 28-December 31, 2025
- Where: Portland International Raceway 1940 N Victory Blvd
- You can also: [Bike the Lights Sunday, Nov. 30, 2025](#)
- You can also: [Lights & Leashes Dec. 1 & 2, 2025](#)

★ [Multnomah County LIBRARY NOVEMBER 2025 Calendar Events](#)

★ [Andee Joyce presents Rhythm & Autism November 7 | 7:30 pm](#)

- What: The interactive musical, Rhythm & Autism, returns to the Walters bringing poignant comedy and a rhythmic journey through the past...backwards. With a Wonder Years style narrative, Andee Joyce unites music, humor, and spoken word to tell her tale of growing up autistic amid the pop culture cheese of the 1960s and 1970s.
- This sensory friendly solo show returns with some fresh new features – including live accompaniment by multi-instrumental wizard Ray Maras!
- [WATCH A YOUTUBE VIDEO ABOUT ANDEE JOYCE HERE](#)
- When: November 7th, 2025 at 7pm
- Where: Walters Cultural Arts Center [527 E. Main Street Hillsboro](#)

★ [Día de los Muertos Celebration with Huehca Omeyocan Nov. 4th 5pm - 8pm](#)  
[Walters Cultural Arts Center - FREE/GRATIS](#)

★ [Silverton Christmas Market](#)

- What: For friends and family to enjoy time together and experience the traditions that make this time of year so special. We hope you will join us to create magical holiday memories at this unique event in the Willamette Valley! Stroll along immersive paths draped in more than one million lights.
- When: November 21 – December 31, 2025
- Where: Oregon Garden Resort - 895 W. Main St., Silverton, OR 97381
- 503-874-2539
- Cost: \$5-\$20
- [Frequently ASKED Questions](#)

★ [USEFUL INFORMATION](#)

- [Have questions about recycling, garbage, waste prevention and hazardous waste disposal? Metro's recycling experts are standing by with fast, helpful answers, available in Spanish and English.](#)
- **METRO has the answers to these types of questions!**
- **Common questions**: Where can I donate a mattress? What do I do with leftover paint? What plastics can I recycle? What are the transfer station hours and how much does it cost? What stuff can I take to household hazardous waste? I'm remodeling my kitchen, do I need a test for asbestos? Can I put chicken bones in my compost bin? Where can I recycle my laptop and television?

★ [Portland Parks & Recreation Adaptive & Inclusive Activities](#)

★ [Portland Inclusive Playgrounds](#)

- [Couch Park](#) - NW 20th Avenue and Hoyt Street
- [Dawson Park](#) - N Williams Avenue and Stanton Street

- Gateway Discovery Park - NE 106th Avenue and Halsey Street
- Harper's Playground at Arbor Lodge Park - N Bryant Street and Delaware Avenue
- Westmoreland Park - SE McLoughlin Blvd and Bybee Blvd
- Gabriel Park - SW 42nd Avenue and Vermont Street

## ★ 9 Inclusive Playgrounds in Portland

## ★ 37TH ANNUAL LOUGH LEGACY VETERANS PARADE

- **MONDAY, NOVEMBER 11TH, 2025 in Vancouver, WA** | PARADE STARTS AT 11:00 AM
- A long-established tradition of honoring our military history. Now in its 37th year, the Lough Legacy Veterans Parade celebrates the service and sacrifice area veterans have made for our freedom in partnership with the City of Vancouver. The parade will travel past the Marshall House. It will loop the Fort Vancouver National Park from Evergreen Blvd., down Fort Vancouver Way, across E. 5<sup>th</sup> near Pearson Museum.
- Ample public parking available. Please see the map below for parking locations, and parade route information. Accessible parking is located in the staff lot on the west side of the General O.O. Howard House at 750 Anderson St.
- Where: The Marshall House: 1301 Officers Row Vancouver, WA 98661

## ★ The Portland Book Festival or PDX Book Fest ( All )

- What: In Person: Saturday November 2nd @ Portland's Center for The Arts & neighboring venues. This daylong event features author discussions, pop-up readings, writing workshops for youth and adults, kids' story time, an extensive book fair, local food trucks, and more!

- Please check the [Portland Book Festival site](#) for this year's full author lineup, and ongoing updates and information. The Youth Pass is for ages 17 and under or with an active high school ID card. Entry to special ticketed events at the Schnitzer Concert Hall can be added on to the Festival Wristband purchase. Passes will be \$25 the day of the Festival.
- Where: 1111 SW Broadway | Portland, OR 97205

## ★ LEARNING INFORMATIONAL VIDEOS ON YOUTUBE

- ★ [YouTube Video - What to do after my child receives a diagnosis of Autism](#)
- ★ [YouTube Video - Toilet Training](#)
- ★ [YouTube Video - What is ABA Part 1](#)
- ★ [YouTube Video - What is ABA Part 2](#)
- ★ [YouTube Video - What is ABA Part 2 \(SPANISH\)](#)
- ★ [YouTube Video - Supporting Teens on the Autism Spectrum](#)
- ★ [Providence Children's Health Swindells Resource Center Learning Care Packages \( en espanol \)](#)
- ★ [Providence Children's Health Swindells Resource Center Learning Care Packages \( English \)](#)
- ★ [Columbia Gorge Model Railroad Club Holiday Open House](#)
  - Where & When: Saturday, November 15, 2025 10 AM  
Sunday, December 7, 2025 5 PM
  - Columbia Gorge Model Railroad Club 2505 N Vancouver Ave.
  - \$12.00 Adults (ages 12+), \$5.00 Children (ages 3-11) &  
FREE Children (under 3yrs) (503) 288-7246
  - What: We are very excited to host our annual model train show once again! Come see one of the largest model train layouts in the Pacific Northwest. See sights throughout the Columbia River Gorge. From Portland, OR to

Wishram, WA. See Multnomah Falls and the historic Union Station in Portland, OR.

★ [WildCraft - Awaken creativity and deepen your understanding through hands-on experiences in making and learning.](#) ( 18+ ) Pricey \$\$\$