



2025 RESOURCES

SEPTEMBER RECOGNITIONS - Labor Day on the 2nd; National Literacy Month. Hispanic Heritage Month. Suicide Prevention Week - 8th to 14th. National Women's Friendship Day is celebrated on the 15th. 9/11 Day of Service & Remembrance (Patriot Day) on the 11th. Mexican Independence Day/Grito de Dolores/ Cry of Dolores on the 16th. International Day of Peace on the 21st and Native American Day the 27th. National D/deaf Awareness Month, International Week of the Deaf, International Day of Sign Languages, and National Service Dog Month.

NOTE: There are some AMAZING FREE EVENTS all the way at the bottom of this resource. Make sure to scroll all the way down!

★ [City of GRESHAM Calendar for September 2025 Events](#)

★ [Art in The Pearl - LABOR Day weekend](#)

- What: The 29th annual festival will occur Labor Day Weekend, in the Pearl District's North Park Blocks. The Festival is FREE. Art In The Pearl has been named one of the top 10 Arts and Crafts Festivals in the country.

- When: Labor Day weekend. **August 30 , 31 & Sept 1st**
10am-5pm Sat/Sun (Aug 30 & 31), 10am-4pm on Monday
(September 1, 2025)
- Where: The Northwest Park blocks between NW Davis and NW
Flanders at NW 8th Avenue

★ **Time Sensitive-** [ACT NOW: Secure Summer EBT Benefits](#)

- As summer begins to wind down, families have a limited window to secure essential food assistance through the new Summer EBT program. ***The program offers \$120 per child to help cover grocery costs*** when school food programs are not as easy to access. **With the application deadline quickly approaching on Sept. 3, 2025**, it's crucial for **eligible families to act now**. Remember, once benefits are received, you have 122 days to use them.
 - Most eligible children received their benefits automatically **if** their households: Receives SNAP, TANF or have Medicaid. Children in foster care also automatically received Summer EBT.
 - However, **families who did not receive benefits automatically**, particularly those with children in Head Start programs that participate in the National School Lunch or School Breakfast Programs, **should still apply to determine their eligibility.**

- Families are encouraged to **visit sebt.oregon.gov** or contact the Summer EBT Call Center at 833-ORE-SEBT (833-673-7328) to verify their eligibility and apply.

★ **[Augmentative and Alternative Communication \(AAC\) Event – Saturday, \[August 30, 2025\]\(#\) from 10am-1pm](#) **FREE****

- What: Join us for this special one-day event to **learn about text-based multimodal communication**
- We are extremely honored to have the fabulous Dr. Peña with an amazing panel of nonspeaking autistic authors, writers, poets and advocates, including Matteo Palma-Maza, Niko Boskovic, Sid Ghosh and Ethan Nagy.
- This event is being offered at no cost – please register by emailing heyhay@autismmustangalliance.org
- When: **Aug 30th**, 2025 10am to 1PM
- Where: [14963 S Graves Rd. Mulino, Oregon 97042](#)

★ **[Sep 20, 2025 Fun with Legos Noon - 5pm](#)**

- What: ASO LEGOS - Build with Us! This is a fun afternoon to come build a project with Legos (which you get to take home and keep). Legos and light snacks/drinks will be provided thanks to our sponsor Alliance Services. (Day will be broken into available timeslots to make room for everyone without overcrowding). **REGISTRATION REQUIRED**
- Where: 9320 SW Barbur Blvd Suite 240

★ [Portland Global Music Party](#)

- Where: Gateway Discovery Park 10520 NE Halsey Street | 971-275-3081 | gatewaydiscoverypdx.org
- What: Portland Global Music Party - Enjoy live local global music and family-friendly activities. Drop-in fun, Monday-Friday this summer! Summer Free For All provides free drop-in activities and cultural events each summer at Gateway Discovery Park
- When: Saturday, **September 6** 4 - 7pm

★ [Belmont Street Fair 2025](#)

- When: Saturday **September 13th** from 10am-5pm
- What: The Belmont Street Fair, held annually on the 2nd Saturday of September, is one of the largest-attended street fairs in Portland. With food and retail vendors of all kinds, show-stopping performances, and activities for all ages, the Belmont Street Fair is fun for everyone!

★ [Buddy Fest NW Saturday, **Sept 27** 10AM- 1PM Moda Center Commons](#)

- What: Buddy Fest NW is NW Disability Support's annual celebration promoting the acceptance and inclusion of people experiencing disability (including Down syndrome). It is the largest fundraiser of the year for NWDS. The festival brings together families, friends, self-advocates, educators,

professionals, community leaders and other promoters of a civil and inclusive society for a day of community, fun, and advocacy. Everyone seeking to understand, accept, and celebrate disability, diversity, and inclusion is welcome at Buddy Fest NW! Registration has opened. Please contact us at info@nwdisabilitysupport.org for more information or to get involved. [MORE INFORMATION HERE](#)

★ [CLUB MOSAIC | CLACKAMAS TOWN CENTER FOOD COURT ART GROUP! September 3 @ 12pm - 2pm](#)

★ [Portland ARC - Club Mosaic](#)







- **What:** SUMMER BLAST EVENT! **Who's Invited:** Everyone! Participants, providers, parents, volunteers, Arc members, and all friends of Club Impact are welcome.
- **What to Expect:** We'll have good food, lively conversation, and music and dancing with **DJ Lamar**. **We'll Provide:** Delicious burgers, hot dogs, and drinks, plus games, raffle prizes, and plenty of fun!
- **Once you have paid for your ticket below, please [fill out this registration form here](#)**
- **When:** **September 1** @ 4:00 pm - 8:00 pm \$5.00
- **Where:** Luuwit View Park – NE 127th Ave and NE Fremont St.

★ [Learn a broad set of tools to understand and address healthy sexual development for people you support](#) **FOR PROVIDERS and CAREGIVERS**

- What: This 3-day, highly interactive and engaging course can be taken as a stand-alone training to strengthen your skills, or as the first part of the full three-part sexual self-determination certification program. These tools are beneficial for anyone, and especially helpful for people who work with folks who have cognitive impairments and/or complex needs. Over this three-day training participants will:
 - Broaden their understanding of sexuality and how it influences someone's behavior
 - Identify healthy sexual development; respond to unhealthy behaviors
 - Recognize how trauma impacts sexuality and relationships
 - Utilize a framework for balancing risks, choice, and decision-making within a person-centered, collaborative team environment

★ [Understanding Supports for Disability and Sexuality Free Monthly Introductory Training on Zoom](#) Provided By AMONG FRIENDS

- **[REGISTER HERE SEATS LIMITED](#)**

- What: This live, interactive session introduces parents, caregivers, educators, and professionals to our rights-based, trauma-informed approach to supporting healthy relationships and sexual development for people with intellectual and developmental disabilities.
- We'll explore how to help people navigate:
 -  Identity and Expression
 -  Friendships and Dating
 -  Boundaries and Consent
 -  Body Awareness
 -  Sexual Health and Safety
 -  Legal and Situational Challenges
- When: Wednesday, **September 3**, 2025 1:00 PM 2:00 PM
- Where: ZOOM OnLine
- These one-page visual tools are designed to assist families, self-advocates, and supporters in understanding what **Supported Decision Making (SDM)** is and how it can be utilized in various aspects of their lives, including medical settings and supporting transition age youth. **CLICK on the BLUE** Links to open
 - Child- View in [English](#) | [Español](#) | [Русский](#) | [Tiếng Việt](#)
 - Teen/Young Adult– View in [English](#) | [Español](#) | [Русский](#) | [Tiếng Việt](#)
 - Medical– View in [English](#) | [Español](#) | [Русский](#) | [Tiếng Việt](#)
 - Difference between SDM and Guardianship– View in [English](#) | [Español](#) | [Русский](#) | [Tiếng Việt](#)

★ Oregon METRO's Sept 2025 Calendar of EVENTS

○ Example - Pigmentos naturales: Rojo mexicano | Natural Pigments: Mexican red

- When/Cuando: **Sept 20** 10am and 1pm
- Meet | Lugar: Colibrí shelter. Cost: free | Costo: gratis
- Ages: 7 years and older. | Edades: 7 o más. Minors must be accompanied by adults. Menores necesitan acompañante por un adulto.
- Difficulty: easy | Dificultad: fácil
- **Advanced registration is required. | Es necesario registrarse previamente.**
- Class size is limited to 12. | Los asientos son limitado a doce espacios

★ 2025 Annual Dahlia Festival @ Swan Island Dahlias | Fresh Cut Flowers, Music, Food Carts

- When: Festival Hours **August - September Every Wednesday - Sunday** & Labor Day 9am to 5:30 pm
- Where: Swan Island Dahlias 995 NW 22nd Ave, Canby, OR 97013

★ **September 5 @ 10:00 am - 2:30 pm** Needle Felting Class – Loveable Monster at Swan Island Dahlias

- What: Needle Felting Class – Loveable MonsterJoy is so excited to share this brand new felting class with you! This will be a fun exploration of felting techniques, vibrant colors, and the freedom to create your very own one-of-a-kind monster. Everyone will receive the same amount of wool, but each kit will feature different colors and glass eyes.
- When: **Sept 5th** 10AM to 2:30 ages 12+ Cost: \$55
- Where: [Swan Island Dahlias](#) 995 NW 22nd Ave. Canby

★ [2025 Polish Festival](#)

- What: [FESTIVAL EVENTS & ACTIVITIES](#) The Polish Festival in Portland, Oregon is the oldest Polish festival in the western United States. Since 1993, the festival has celebrated Polish culture, traditions, and achievements. Each year, the Polish Festival features authentic Polish food, live music, folk dance performances, exhibits about Polish culture, activities for children, polka contests, local vendors and a beer garden.
- When: **Sept 20th & 21st**, 2025
- Where: St. Stanislaus Polish Catholic Church 3916 N Interstate

★ [Special Olympics Program Multnomah County 2025](#)

- **Medical and Registration Deadline: August 27th, 2025**
- **Sports Schedule 2025 Fall Season** [REGISTER HERE](#)
- Activity : **Bowling** (Sat, 9AM - 10:30AM, Sept 6 to Nov 15th)
- Where: KingPins, 3550 SE 92nd Ave., Portland

- What: ***56 bowlers max**. Choose a backup sport choice to register successfully* *End of season celebration & awards - Nov. 16th
- Activity: **Swimming** (Sun., 12PM - 3PM, Sept. 14th to Nov 23rd)
- Where: Parkrose High School Swim Center, 12003 NE Shaver St., Portland.
- What: *Beginner group: 12PM - 1:30PM *Intermediate / Advanced group: 1:30PM - 3PM *Swimming regional: 11/3 at THPRD
- Activity: **Soccer** (Sat., 10AM - 11:30AM, Sept. 20th to Nov. 23rd)
Where: Lincoln High School, 1750 SW Salmon St
- What: *Fall State Games: 11/23 & 11/24 at Providence Park
- Activity: **Volleyball** (Sat. 10AM - 11:30AM, Sept. 20th to Nov. 23rd)
- Where: Parkrose Middle School, 11800 NE Shaver St., Portland
What: *No practice 10/5 *Fall State Games: 11/23 & 11/24 at THPRD

★ **ASO/Synergy Online Parent Group**

- What: Meet monthly On Line ZOOM. Cozy up with a morning beverage and your computer to meet with other parents who support children on the Autism Spectrum. Barb Avila collaborates with ASO.
- When: **Sep 27**, 2025, 10:00 AM – 11:30 AM PDT
Barb's Zoom Room

★ **Mt Hood Adult Day Center Club Meetings** (ADULTS) SC needs to send a referral

- What: Mt. Hood Adult Day Center offers a variety of clubs and activities for participants to enjoy. Many clubs focus on cognitive stimulation and therapeutic benefits, while others focus on leisure and fun. For details Contact - 503-512-7373 or info@mthoodadulthoodcenter.com
- Location: Mt. Hood Adult Day Center 376 NE 219th Ave., Gresham, OR 97030

★ **Portland's Annual Dragon Boat Festival**

- When: **September 6th & 7th** 2025
- Where: Tom McCall Waterfront Park Free
- What: Enjoy Portland's annual Dragon Boat Festival, featuring dragon boat racing along with food vendors, a beer garden and more. DragonSports USA Portland Dragon Boat Festival features over 40 Oregon, Washington, and California teams.

The Portland Dragon Boat Festival is a family-friendly event including food

- **Sept. 14–15, 2025** CLICK → [El Grito](#) Moda Center Free
- Join in the most important holiday celebrated by the Hispanic community in Oregon. El Grito 20th Anniversary immerses the rich traditions of the Latinx community with delicious Mexican cuisine and family-friendly entertainment, folkloric and Aztec dancers, live mariachi, salsa, cumbia and pop music, and interactive and educational community booths. The event also features contests, prizes, raffles
- [WEBSITE - EL GRITO Portland \(en español\)](#)

★ [OHSU Family to Family Health Information Center RESOURCE](#)

- What: The Oregon Family to Family Health Information Center supports families and caregivers of children with special health needs when navigating complex health care systems. Staffed by parents of children and youth with a variety of health conditions, we provide free one-to-one support, training, and printed materials to families and professionals who serve them. This website houses hundreds of resources for parents, grandparents, and youth.
- REFERRAL FORMS: [Referral form for families \(English\)](#)
- CLICK → [Referral form for families \(español\)](#) & [Referral form for professionals](#)
- Call [855-323-6744](#) (English) ○ [833-990-9930](#) (español)

- Email us at contact@oregonfamilytofamily.org
- Also - [Workshops, Seminars, and Parenting Classes](#)
- **EVENT:** Tuesday **September 23** 12-1PM [Fathers of Children with Special Health Care Needs \(CYSHCN\)](#)
- Martes, **23 de Sept** 2025 12:00pm-1:00pm [Padres de Niños y Jóvenes con Necesidades Especiales](#)

★ [Gresham Oregon - Sept 2025 Calendar of Events](#)

- **Do you have a bicycle that needs to be fixed? Check out the calendar for how to get your bike fixed!**
- [A Cruisin' Car Show](#)
 - What: This free community car show features classics, vintage, rods, customs, antiques, motorcycles, oddities and more. Everyone's welcome to come enjoy the cars, rain or shine, as well as food, fun, music and activities. Cruisin' With the Cops is a **tribute to 9/11** and all first responders. Check out Gresham Police and Fire vehicles as well as retrofitted former police cars, military rigs and more
 - When: Sunday, **September 7**, 2025 9AM - 3PM
 - Where: 440 NW Burnside Road
- [Teddy Bear Parade](#)
 - What: [Teddy Bear Parade History & Highlights](#)
Gresham's annual Teddy Bear Parade has been

organized and hosted by the Soroptimists International of Gresham since the early 90's. Originally a community "friendraiser", this beloved East County institution now funds the Soroptimists programs to support women and girls as they strive to achieve their career goals & realize the empowerment of financial independence

- When: **September 27, 2025** 10AM to 12PM
- Where: [Downtown Gresham](#)

★ [Rose City Extrauto](#)

- What: The Rose City Extrauto is a free auto exhibition in Portland's South Park Blocks benefiting Transition Projects. The event celebrates vehicles of all makes, shapes, and varying conditions, creating a free, friendly event that brings support to the local community. Spectators can expect a broad range of vehicles from American classics, modern imports, to electric vehicles. All participants are encouraged to support the surrounding businesses and vote on their favorite vehicles with fun and unique awards like "best questionable decision", 'best adventure mobile', and 'best for school drop offs'.
- When: **Sept. 21**, 2025 11AM - 3PM Free
- Where: South Park Blocks 1436 SW Park Ave Portland

★ **The World's Biggest Bounce House & Much Much More!**

- What: The Big Bounce America is the largest touring inflatable event in the world! We've created an action-packed day out suitable for all ages and featuring some of the most unique and exciting custom-built inflatable attractions ever made.
- When: Portland International Raceway 1940 N Victory Blvd, 97217. **Sep 6th - 14th**, 2025
Cost: \$ 22.00-35.00

★ **Oktoberfest at OAKS PARK**

- When: **Sep 19th - 21st** 2025
- Where: Oaks Park is located at 7805 SE Oaks Park Way. A limited number of onsite parking spaces are available. Daily Parking Fees FRI: \$3 SAT/SUN: \$5
- What: FOOD. Entertainment - [Activities](#) and FUN!

★ **FACT On-Demand OnLine Training access *EXCELLENT RESOURCE "Staff" Recommended***

- We are thrilled to offer our most popular training as permanent on-demand training for you to watch at your own pace and in your own space.
- To access a training simply click on the image of the training you are interested in, fill out a quick registration form and then watch at your own pace! Several of our most popular trainings are available in Spanish! If you would like to access one of our

English trainings in Spanish, please register for the training, click the closed captioning button, and choose your language preference in the settings bar.

★ [Autism Society](#) **WANDERING INFORMATION RESOURCE**

- What: The Autism Society is leading a national effort to prevent water and wandering-related deaths through proactive programming, public awareness, and public policy. The Autism Society will collaborate with the International Association of Chiefs of Police (IACP) and The Arc's National Center on Criminal Justice and Disability® (NCCJD®) to provide training and technical assistance to organizations and agencies within law enforcement, public safety, and the disability community. The Autism Society will expand its Safety on the Spectrum™ programming and lead a national public education and awareness campaign. We will identify and develop best practice guidance to support first responders, policymakers, and community leaders that improve public safety for those in the Autism, Developmental Disability, and Alzheimer's communities.

★ [Art in the Pearl 2025](#) (All Ages)

- What: Our 28th Annual Festival in Portland's North Park Blocks. The Festival is FREE. Art In The Pearl has been named one of the top 10 Arts and Crafts Festivals in the country. Our festival

fills the Northwest Portland Park blocks with art, theater, music, and hands-on activities for people of all ages.

- Where: The Northwest Park blocks of Portland, Oregon, between W Davis and NW Flanders at NW 8th Avenue.
- When: 10am-5pm Saturday and Sunday (**August 30, August 31**, 2025) 10am-4pm on Monday (**September 1, 2025**)

CHECK OUT → [Hands-On Art & Artist Demonstrations 2025](#)
[Demonstrations are on-going during the Festival. August 31 and September 1, 10-6 & Monday, \(Labor Day\) September 1st 10-4](#)

★ [The Color Of Autism Programs \[COA\]](#)

- What: The key components under the Spectrum of Care include:
 - Educational Resources
 - Support Services
 - Advocacy and Awareness
 - Life Skills Development
 - Family-Centric Approach
 - Community Integration
 - Cultural Sensitivity

Training Seminars on:

COA Culturally Responsive Parent Training [SIGN UP HERE](#)
[Sept 6th, 13th & 20th](#)

COA Parent Support Group on **Sept 17th**
[SIGN UP HERE](#)

**COA Black Father Support Group [SIGN UP HERE](#) [Sept 4th](#)
[and Sept 18th](#)**

★ **[Nate Sheets - Fetal Alcohol and Behavioral Specialist](#)**

(resource/information)

- Cognitive Supports.
- Nate's brain-based approach is unique and allows for us to value a person's brain regardless of who they are. He helps parents and professionals understand the complex demands of everyday situations, allowing us to problem-solve alternative support strategies.

★ **[Brain First Parenting](#)** (resource/information)

- Eileen Devine, LCSW Therapist | Support Coach | Parent
- Eileen Devine, LCSW, has over a dozen years of clinical experience and is the adoptive mother of a child with fetal alcohol syndrome. She believes that kids do well if they can, and that when we understand the way a child's brain works, we then understand the meaning behind challenging behaviors.

★ **[Piano. Push. Play. provides greater access to music by giving new life to old pianos](#)**

- What: A local organization delivers dozens of pianos to Portland's public spaces every summer. A local initiative to fill

Portland's public spaces with dozens of the instruments/PIANOS. Placed randomly THROUGHOUT the PORTLAND Metro Area and moved every 2 weeks.

<https://www.pianopushplay.com/piano-map>

- [Story & Tune Thursday, September 4, 2025 6:00 PM 7:45 PM Sellwood Park](#)

★ [Portland Indigenous Marketplace](#) [SAVE THE DATE]

- What: Indigenous Marketplace supports indigenous artists/ entrepreneurs by providing barrier-free, culturally respectful spaces that encourage cultural resilience and economic sustainability by promoting public education through cultural arts.
- When: **Oct 4th and 5th**
- Where: 410 N Main Ave, Gresham 10am-4pm BOTH DAYS
- When: **Oct 10th and 11th**
- Where: 777 NE MLK Jr Blvd, Portland OR 10am-4pm BOTH DAYS

★ [Swift Watch During the month of September, head to Chapman Elementary School in Northwest Portland to see an incredible sight. \(ALL\)](#)

★ [CORN MAZE on Sauvie's Island](#)

- When: In September Fri - Mon 10AM - 6PM

- Where: 16511 NW Gillihan Rd [COST \\$11.25 Buy your ticket HERE](#)

★ **Sept 5 - 14, 2025 Geek Week**

- Where: At over 100 small businesses **all over Portland**

- **CALENDAR OF EVENTS !!!!**

- **EXAMPLE OF EVENTS**

- What: **Gundam & Model Kits for Beginners**
- When: SATURDAY, **SEPT 13**, 11:00am - 4:30pm
- New to Gundam or model kits? We'll provide the models, building tools, event space, and some helpful tips. Bring your own kit, choose from our \$10 selection, or get some recommendations for what we have in store. Hosted by The Sleeves Oregon Gunpla Community.
- Where: [TOTL Games](#) 736 NE Martin Luther King Jr Blvd,



- ★ What: **Big Beautiful Bulk Sale** - Find over 200,000 **bulk** Magic/ Pokemon cards at a special discount for this event only. Gym Leaders, Pauper players, and Collectors come in for this special Geek Week Pricing.
- ★ When: SUN, **SEPT 7**, 12:00pm - 6:00pm
- ★ Where: at [Click ←](#) **CCC Games**

★ **2025 Rose City Comic Con**

- When: **September 5th - 7th**, 2025 Fri: 1pm-8pm, Sat: 10am-7pm & Sun: 10am-5pm [COST for Entry Buy Badges HERE](#)
- Where: Oregon Convention Center
- What: Portland's premier pop culture event, Rose City Comic Con is produced locally with a focus on creating a fun and friendly event for everyone! [CLICK HERE for Frequently Asked Questions](#)

★ **Shrewsbury Renaissance Festival Faire 2025** (All)

- When: **September 13th & 14th** 10AM - 6PM
- Where: HWY 223 & Grant Road - Kings Valley Grant Road, Kings Valley, OR 97370 38377 Kings Valley Hwy **Philomath**, OR 97370 A (**about a 2 hour drive**)
- What: With over 125 artisan stalls and 1,000 costumed players, visitors can browse the village for unique handmade goods and

one of a kind treasures while surrounded by Renaissance revelry and entertainment. Eat, drink, and be merry, for food purveyors are on hand within Friar Tuck's Forest, and children delight in games and adventures.

- Parking is free. Sorry, no pets allowed. Follow the Shrew Faire on [Facebook](#) for up-to-date information.
- **Bring cash** as a backup; we have no ATM and each of our vendors have their own payment arrangements. **Check your fuel** as the nearest gas stations are about 15 miles in any direction. **Outdoor terrain** on our partially unimproved site can be challenging for crutches and many kinds of electric scooters. Feel free to contact us directly if you have any accessibility questions; we have some experience.
- E-mail: shrewfaire@gmail.com (541) 929-4897

★ [Travel Portland.com --> 2025 SEPTEMBER Events](#)