

SEPTEMBER

2026 RESOURCES

SEPTEMBER RECOGNITIONS - Labor Day on the 2nd; National Literacy Month. Hispanic Heritage Month. Suicide Prevention Week - 8th to 14th. National Women's Friendship Day on the 15th. 9/11 Day of Service & Remembrance (Patriot Day) on the 11th. Mexican Independence Day/**Grito de Dolores/ Cry of Dolores on the 16th**. International Day of Peace on the 21st and Native American Day the 27th. National D/deaf Awareness Month, International Week of the Deaf, International Day of Sign Languages, and National Service Dog Month.

★ **[The Arab American Cultural Center of Oregon \(AACCO\) Arab Festival](#)**

- What: Arab Festival delicious cuisine, bazaar, music, dance, poetry clothing, crafts, children's activities, henna
FREE ADMISSION | OPEN TO THE PUBLIC
- When: Sunday, **September 6th**, 2026 1PM to 7PM
- Where: Director Park 815 SW Park Ave, Portland



★ [Teddy Bear Parade](#)

★ [Teddy Bear parade in Downtown GRESHAM](#)

- What: Gresham's annual Teddy Bear Parade has been organized and hosted by the Soroptimists International of Gresham since the early 90's. 44th Annual Parade! All participants and **spectators are encouraged to bring their teddy bears** in this celebration of children in our community.
- When: Saturday, **September 26**, 2026
- Where: 100 - 400 N Main Ave, Gresham, OR 97080

★ [NAYA Community Events for Sept 2026](#)



★ [NAYA's Annual Neerchokikoo Powwow](#)

- What: NAYA's Annual Neerchokikoo Powwow is a celebration of Native American history, culture, and the arts. Since 2010, the powwow has welcomed the community to gather in honor of Native tradition through dance, music, art, and food. The event also recognizes the many partners, volunteers, and donors

whose contributions strengthen NAYA's mission and uplift our youth, families, and Elders.

- When: **September 12th** | 1 PM – 10 PM
- Where: 5135 NE Columbia Blvd., Portland

★ **Art in The Pearl - LABOR Day weekend**

- What: Art In The Pearl® is a wonderful community event. Over one hundred artists show and sell work ranging from fine wooden furniture to beautiful paintings to photography, glass, clay, metal, jewelry, and much more! The 30th annual Art In The Pearl Fine Arts & Crafts Festival.
- When: Saturday, **September 5** to Monday, September 7 10am
- Where: The Northwest Park blocks between NW Davis and NW Flanders at NW 8th Avenue

★ **Time Sensitive- ACT NOW: Secure Summer EBT Benefits**

- As summer begins to wind down, families have a limited window to secure essential food assistance through the new Summer EBT program. **The program offers \$120 per child to help cover grocery costs** when school food programs are not as easy to access. **With the application deadline quickly approaching on Sept. 1, 2026**, it's crucial for **eligible families to act now**. Remember, once benefits are received, you have 122 days to use them.
 - Most eligible children received their benefits automatically **if** their households: Receives SNAP, TANF or have

Medicaid. Children in foster care also automatically received Summer EBT.

- However, **families who did not receive benefits automatically**, particularly those with children in Head Start programs that participate in the National School Lunch or School Breakfast Programs, **should still apply to determine their eligibility.**
- Families are encouraged to **visit sebt.oregon.gov** or contact the Summer EBT Call Center at 833-ORE-SEBT (833-673-7328) to verify their eligibility and apply.



★ **[Cruisin' Car Show](#)**

- What: A free, family-friendly event and tribute to all first responders. The car show includes hundreds of antique, custom, vintage and classic cars, as well as daily drivers, trucks, oddities and more. Enjoy vendors with food and fun things to see as well as a DJ spinning tunes. Children and pets are welcome. Please bring non-perishable food items for SnowCap Community Charities.
- When & Where: **Sept 13th** 9am-3pm [440 NW Burnside Road](#) (former Big K-Mart)



★ [PANDA FEST Asian Food Festival](#)

- What: 2 FREE GIFTS: one customized Panda pin with Portland feature, one headband (worth \$11). 70+ Asian food vendors and 30 + Merchandise vendors & Asian culture performance Panda related merchandise & Panda bounce house
- When: **September 11-13**, 2026 \$14
- Where: Tom McCall Waterfront Park 98 SW Naito Pkwy.



★ [The Multicultural Kids Festival](#)

- What: The Multicultural Kids Festival is a FREE family-friendly Portland, Oregon event where kids and parents explore music, dance, traditions, hands-on activities, games, vendors, and the joyful mix of communities that make the city feel like home.
- [WATCH the YOUTube Video HERE](#)
- When: Sunday, **September 27**, 2026 Noon - 6PM

- Where: [INFO on getting there EARLY](#) Ventura Park 145 SE 117th Ave



★ 19th Annual Serbian Festival.

- What: Please join us for the 19th Annual Serbian Festival. This is a celebration of food, wine, dance and culture of the Serbian Orthodox people. Delicious Serbian Food: BBQ, Roast Pig and Lamb, Desserts, Live Music & National Dance. Kid's Activities. Ages 14 and over: \$5 & Children under 14: FREE. Admission helps us continue celebrating and sharing our culture. [Watch YOUTube Video for Info HERE](#)
- When: **September 12th & 13th**, 2026.
- Where: Serbian Fest Portland 11447 SE 27th Ave. Milwaukie



★ **El Grito Portland**

- What: **EL GRITO DE INDEPENDENCIA** Get ready to experience the heartbeat of Latin America right here in the Pacific Northwest! El Grito Portland is back, and we are throwing the biggest, brightest, and most vibrant celebration of the year. As the largest free community event in the region, El Grito is a spectacular tradition that honors the Independence of Mexico and other Latin American countries, while kicking off National **Hispanic Heritage Month**. For more than two decades, this event has been a beacon of cultural pride, unity, and community support. Whether you want to honor your heritage, learn about indigenous roots, or simply immerse yourself in a beautiful, welcoming culture, there is a place for you here. Come make memories, share smiles, and celebrate the incredible strength of our comunidad!
- When: **September 15–16,** 2026 11am–10pm. Free
- Where: MODA center 1 N. Center Court St.



★ [MLK Dream Run Event](#)

- What: Start your weekend with your community in North Portland. Enjoy live entertainment, food, drinks, and our Soul-Fun vendor market. Invest the **Soul of Portland**. The MLK Dream Run is an annual fundraiser for the Soul District Business Association. Participating in this event supports:
 - Small Business Training Program - Business coaching, referrals that matter, branding, marketing and promotion
 - Our Youth Entrepreneurship Program (ages 16 -24). Teaching professional development, expanding business skill set, and operating a successful business.
- When & Where: Kickoff Celebration SATURDAY **September 19th** . 10am to 6pm at Portland Community College Cascade



★ [Sign Squad \(Sign Language Cafe\)](#)

- What: Sign Squad is a popular, inclusive weekly American Sign Language (ASL) meetup where Deaf individuals, beginners,

and experienced signers gather to socialize and practice signing. It is an all-ages, no-pressure environment.

The Sign Squad community meets at Woodstock Cafe, a beloved gathering space for the local Deaf community, famous for taking orders in sign language and providing an accessible, welcoming environment. Affectionately called the Sign Language Cafe, Woodstock café offers a space for Deaf and hearing individuals to communicate and collaborate seamlessly, supporting community bonds through shared interests.

- When: Ongoing Days vary, 6:30pm–8:30pm Free
- Where: Woodstock Cafe 4103 SE Woodstock Blvd

★ **OHSU Family to Family September events**

- What: Fast Facts and Functional Ideas: Siblings, making sure everyone gets what they need.
 - A free, virtual seminar **for families of children with developmental differences** ages 1 to 18
 - Join Tara Rutter, PhD, a psychologist with the Institute on Development & Disability child development program, as she discusses the unique experiences of being a sibling of a child with a disability and explores resources and practical tips for supporting siblings.
- You'll learn: - How to recognize the unique emotional impacts of being a sibling in a special needs family - Practical connection strategies to support siblings' individual needs - What support

networks and resources exist for siblings to help promote long-term wellness Link for [Siblings registration](#)

- When: Wednesday **September 16th**, 2026 6:00-7:00pm
- Que: Apoyar a Hermanos en Familias con Necesidades Especiales: Consideraciones y Consejos Prácticos Link for [Hermonos INSCRIPCIÓN](#). Un seminario virtual gratuito para familias de niños con diferencias de desarrollo de 1 a 18 años
- Acompañe a Tara Rutter, PhD, psicóloga del programa de desarrollo infantil del Instituto de Desarrollo y Discapacidad, mientras habla sobre las experiencias únicas de ser hermano de un niño con discapacidad y explora recursos y consejos prácticos para apoyar a los hermanos.
- Aprenderá: - Cómo reconocer los impactos emocionales únicos de ser un hermano en una familia con necesidades especiales -Estrategias prácticas de conexión para apoyar las necesidades individuales de los hermanos. - Qué redes de apoyo y recursos existen para que [los hermanos ayuden a promover el bienestar a largo plazo](#)

Cuándo: Miércoles **16 de Septiembre** a las 6 pm-7pm

- What: **Oregon Law Center- Housing rights for Families** Link for [Housing rights registration](#)
- When: Wednesday **September 23**, 2026 6:00-7:30pm
- Que: [Oregon Law Center- Drechos de Vivienda para Familias](#) Link for [Drechos de Vivienda INSCRIPCIÓN](#)
- Cuándo: Miércoles **23 de Septiembre** 2026 6:00-7:30pm

★ [Friday Night Kids D&D Club September 4 & 11th 6PM - 9PM](#)



- **[[Choose September Calendar]]**
- What: Friday nights are the perfect night to gather a party and head off on a new adventure. Our Friday Night D&D Club brings young people together to socialize, tell a shared story and have fun. Both new and experienced players are welcome. You can play an existing character- or we can help you develop a new one. [Use this Link to sign up](#). Tables will be organized by our DMs according to age and D&D experience.
- When: Held most Fridays in The Hall | 6-9 PM | \$30 per person
- Where: 4765 NE Fremont Street Portland



★ [Sep 6th 1:30-3:30 Cosplay Group](#)

- What: Cosplay Group is a place to come and make friends, work on costumes, and talk about all things pop culture. It is a group for everyone. Whether you like cosplay, play D&D, are a fan of comic books, or just want to make friends, this is the place for you.
- When & Where: **Every 1st Sunday of each month** from 1:30pm - 3:30pm - at Taborspace - Day Hall (in the basement area) - 5441 SE Belmont St. Portland, OR 97215



★ Portland Weird Fest 2026

- What: **Join Us on the Weird Side**
Whether you're a seasoned oddball or just curious about Portland's peculiar charm, Portland Weird Fest is your ticket to a day filled with laughter, awe, and the unexpected. All things weird featuring:

- 🦄 Over 60 Weird Vendors
- 🧐 Weird Characters & Entertainers
- 🎸 Weird Bands & Live Performances
- 🐔 The Return of the Legendary Chicken Beauty Contest
- 🕺 An even more epic Kids Rave

🏰 Brand-new weird attractions, competitions, surprises, and experiences you won't find anywhere else

- Also be sure to stop by the Gigantic Brewery Beer Garden for your favorite weird beer.
- Whether you're a longtime lover of Portland's weird side or just curious about what happens when creativity, community, and chaos collide, Portland Weird Fest is the place to be.
- 🎫 Get your tickets now before the Early Bird discount disappears. If you aren't weird when you get here, you will be when you leave!
- Where: Oaks Park 7805 SE Oaks Park Way Portland
- When: Saturday, **September 19**, 2026 10:30 AM 5:00 PM



★ Belmont Street Fair

- When: Saturday **September 19th** from 10am-5pm
- What: The Belmont Street Fair, held annually on the 2nd Saturday of September, is one of the largest-attended street fairs in Portland. With food and retail vendors of all kinds, show-stopping performances, and activities for all ages, the Belmont Street Fair is fun for everyone!



★ The Safe Zone Project Resources

- What: The Safe Zone Project (SZP) is a free online resource providing curricula, **activities**, and other **resources for educators** facilitating Safe Zone training (sexuality, gender, and LGBTQ+ education sessions), and learners who are hoping to explore these concepts on their own.



★ El ABC para los más pequeños en EI/ECSE

- Que: El ABC para los más pequeños en la intervención temprana y la educación especial en la primera infancia
- Este entrenamiento te guiará a través de lo básico. Aprenderás qué son EI y ECSE, cómo se determina la elegibilidad y qué esperar durante el proceso. Hablaremos sobre cómo los niños pequeños aprenden a través de las rutinas diarias y el juego, y cómo puedes apoyar el aprendizaje de tu hijo en casa usando

las cosas que ya le encantan. También obtendrás una visión clara del IFSP, el plan que guía los servicios de tu hijo, y tu papel importante en su creación. Tú conoces mejor a tu hijo, y tu opinión importa.

- Cuando? **22 de Septiembre** 12pm - 1pm

★ **Your Child's Journey: Transitioning from EI to ECSE**

- What: Is your child approaching age three? This FREE training presented by FACT Oregon helps families prepare for the move from Early Intervention (EI) to Early Childhood Special Education (ECSE). Join us to learn: What "transition" means and how EI and ECSE are different The transition timeline: what happens and when, starting before age three. What to expect from the evaluation and the transition meeting How to prepare using tools like a one-page profile and parent input statement How to share your child's strengths and your hopes with the team This training is presented in English
- When: **September 23** 12pm - 1pm



★ **Goodwill Job Connection Fair**

- What: Connect with local employers who may be offering the perfect role for your next career move. Goodwill Job

Connection will have information about their helpful services for job seekers. For adults. Held in the Community Room.

- When: Wednesday, **September 30** , 2026 1:00 - 3:00 PM
- Where: TUALITIN PUBLIC Library 18878 SW Martinazzi Ave, Tualatin



★ **Household hazardous waste collection**

- What: Metro is hosting a free **household hazardous waste collection event** to ensure the safe disposal of unwanted paint, batteries, pesticides, cleaners, propane, automotive products, medical sharps and more. These common household items don't belong in your garbage bins at home. Stop by so Metro can take them off your hands! **Know before you go**
- Wait times might be an hour or longer.
- Please do not publicize these events. Metro does its own outreach to keep the events neighborhood-scale.
- When: **Sept 11th & 12th** 9am-2pm @ Mt. Hood Community College [26000 SE Stark St. Gresham, OR 97030](#)
Sept. 19th & 26th 9am-2pm @ Clackamas Community College
- Wilsonville campus [29353 SW Town Center Loop East](#)
[Wilsonville, OR 97070](#)



- ★ [Hello Kitty Cafe Truck West - Portland Appearance](#) [Sanrio website]
- ★ [Hello Kitty Cafe Truck West - Portland Appearance](#) [event site]
 - What: [Hello Kitty Cafe Truck West - Portland Appearance](#)
 - Hello Portland! The Hello Kitty Cafe Truck will be returning to Bridgeport Village on Saturday, 9/20! Come visit us near the Regal Cinemas from 10am-7pm and pick up some supercute treats and merch, while supplies last
 - When: **September 19th** 10am-7pm
 - Where: Bridgeport Village 7455 SW Bridgeport Road



- ★ [Swift Watch During September](#) (ALL)



★ **2026 Annual Dahlia Festival**

- When: Festival Hours **August - September Every Wednesday - Sunday** & Labor Day 9am to 5:30 pm
- Where: Swan Island Dahlias 995 NW 22nd Ave, Canby, OR 97013



★ **2026 Polish Festival**

- What: **FESTIVAL EVENTS & ACTIVITIES** The Polish Festival in Portland, Oregon is the oldest Polish festival in the western United States. Since 1993, the festival has celebrated Polish culture, traditions, and achievements. Each year, the Polish Festival features authentic Polish food, live music, folk dance performances, exhibits about Polish culture, activities for children, polka contests, local vendors and a beer garden.
- When: **September 19th & 20th**, 2026
- Where: St. Stanislaus Polish Catholic Church 3916 N Interstate

★ [Special Olympics Program Multnomah County 2026](#)



■ **Medical and Registration** **Deadline: August 28th,**
2026. Sports Schedule 2026 Fall Season **[REGISTER](#)**
[HERE](#)

- Activity : **Bowling** (Sept 5th – Oct 24th) Sat, 9am – 10:30am
- Where: KingPins, 3550 SE 92nd Ave., Portland
- Activity: **Swimming** (September 13 – November 7th)
- Where: Parkrose High Swim Center, 12003 NE Shaver St.
- Activity: **Soccer** (September 19th – November 7th)
Where: Lincoln High School, 1750 SW Salmon St
- What: *Fall State Games: 11/23 & 11/24 at Providence Park
- Activity: **Volleyball** (September 12th – November 7th)
- Where: Parkrose Middle School, 11800 NE Shaver St.

★ **Mt Hood Adult Day Center Club Meetings (55+ ADULTS)**

- What: Mt. Hood Adult Day Center offers a variety of clubs and activities for participants to enjoy. Many clubs focus on cognitive stimulation and therapeutic benefits, while others

focus on leisure and fun. For details Contact - 503-512-7373 or info@mthoodadultdaycenter.com SC needs to send a referral

- Location: Mt. Hood Adult Day Center 376 NE 219th Ave., Gresham, OR 97030



★ **Portland's Annual Dragon Boat Festival**

- When: **September 12th & 13th** 2026
- Where: Tom McCall Waterfront Park Free
- What: Enjoy Portland's annual Dragon Boat Festival, featuring dragon boat racing along with food vendors, a beer garden and more. DragonSports USA Portland Dragon Boat Festival features over 40 Oregon, Washington, and California teams. The Portland Dragon Boat Festival is a family-friendly event.

★ **OHSU Family to Family Health Information Center RESOURCE**

- What: The Oregon Family to Family Health Information Center supports families and caregivers of children with special health needs when navigating complex health care systems. Staffed by parents of children and youth with a variety of health conditions, we provide free one-to-one support, training, and printed materials to families and professionals who serve them.

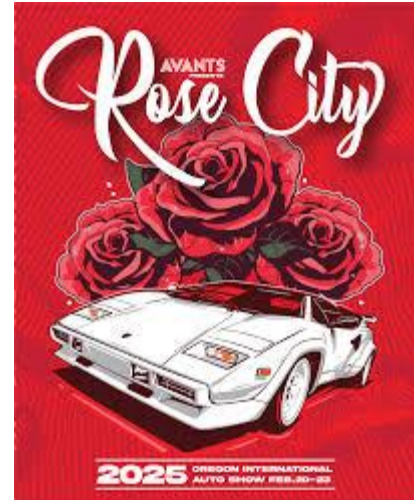
This website houses hundreds of resources for parents, grandparents, and youth.

- REFERRAL FORMS: [Referral form for families \(English\)](#)
- [CLICK → Referral form for families \(español\) & Referral form for professionals](#). Call 855-323-6744 (English) ○ 833-990-9930 (español). Email us at contact@oregonfamilytofamily.org
- Also - [Workshops, Seminars, and Parenting Classes](#)



★ [**49th ABFM -All BRITISH Field Meet**](#)

- What: The Meet is held at the Portland International Raceway, 1940 N Victory Blvd Portland, OR (503) 823-7223 and located at West Delta Park, south of the Columbia River off I-5. Take exit 306B to the stop sign. Go West to PIR.
- The cost for “General Admission” at the gate is \$15 on both Saturday and Sunday. Children under 18 are FREE when accompanied by an adult.
- When: **September 5th, 2026** 9-5
- Where: Portland International Raceway



★ Rose City Extrauto

- What: The Rose City Extrauto is a **free auto exhibition** in Portland's South Park Blocks benefiting Transition Projects. The event celebrates vehicles of all makes, shapes, and varying conditions, creating a free, friendly event that brings support to the local community. Spectators can expect a broad range of vehicles from American classics, modern imports, to electric vehicles.
- When: **September 20th**, 2026 11AM - 3PM Free
- Where: South Park Blocks 1436 SW Park Ave Portland



★ The World's Biggest Bounce House

- What: The Big Bounce America is the largest touring inflatable event in the world! We've created an action-packed day out

suitable for all ages and featuring some of the most unique and exciting custom-built inflatable attractions ever made.

- When & Where: Westside Commons / Washington County Fairgrounds 801 NE 34th Ave, Hillsboro, OR 97124 .

September 19th - 20th, 2026

Cost: \$ 22.00 - \$35.00



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★ **Oktoberfest at OAKS PARK**

- When: **September 25th - 27th** 2026
- Where: Oaks Park is located at 7805 SE Oaks Park Way. A limited number of onsite parking spaces are available. Daily Parking Fees FRI: \$3 SAT/SUN: \$5

★ **The Color Of Autism Programs [COA]**

- What: The key components under the Spectrum of Care include:
 - Educational Resources
 - Support Services
 - Advocacy and Awareness
 - Life Skills Development
 - Family-Centric Approach
 - Community Integration
 - Cultural Sensitivity

Training Seminars on:

COA Parent Support Group on September 30th

[SIGN UP HERE](#)

COA Black Father Support Group [SIGN UP HERE](#)

[September 3rd and September 17th](#)

★ **[Nate Sheets - Fetal Alcohol and Behavioral Specialist](#)**

(resource/information)

- **Company Name**: Cognitive Supports.
- Nate's brain-based approach is unique and allows for us to value a person's brain regardless of who they are. He helps parents and professionals understand the complex demands of everyday situations, allowing us to problem-solve alternative support strategies.

★ **[Brain First Parenting](#)** (resource/information)

- Eileen Devine, LCSW Therapist | Support Coach | Parent
- Eileen Devine, LCSW, has over a dozen years of clinical experience and is the adoptive mother of a child with fetal alcohol syndrome. She believes that kids do well if they can, and that when we understand the way a child's brain works, we then understand the meaning behind challenging behaviors.



★ [Piano. Push. Play. MAP](#)

- What: A local organization delivers dozens of pianos to Portland's public spaces every summer. A local initiative to fill Portland's public spaces with dozens of the instruments/PIANOS. Placed randomly THROUGHOUT the PORTLAND Metro Area and moved every 2 weeks.



★ [CORN MAZE on Sauvie's Island](#)

- When: In **September 5th**
- Where: 16511 NW Gillihan Rd



★ [Geek Week](#)

- Where: At over 100 small businesses **all over Portland**

CALENDAR OF EVENTS !!!!

- What: [Sneaky Squatch PDX Art Hunt](#)

A week full of fun including:

- Artist Meet & Greet Party
 - Squatch Miniature painting class
 - Games and Mini-quests Super Sneaky Sales
- When: **September 11th through September 20th**, 2026

CLICK the link → [Portland's Largest Independently Owned Game Store TOTL Games calendar of events](#)



★ [2026 Rose City Comic Con](#)

- When: **September 11th - 13th**, 2026 Fri: 1pm-8pm, Sat: 10am-7pm & Sun: 10am-5pm [COST for Entry Buy Badges HERE](#)
- Where: Oregon Convention Center
- What: Portland's premier pop culture event, Rose City Comic Con is produced locally with a focus on creating a fun and friendly event for everyone! [CLICK HERE for Frequently Asked Questions](#)

★ [Shrewsbury Renaissance Festival Faire 2026](#) (All)

- When: **September 12th & 13th** 10AM - 6PM
- Where: HWY 223 & Grant Road - Kings Valley Grant Road, Kings Valley, OR 97370 38377 Kings Valley Hwy **Philomath**, OR 97370 A (**a 2 hour drive**)
- What: With over 125 artisan stalls and 1,000 costumed players, visitors can browse the village for unique handmade goods and one of a kind treasures while surrounded by Renaissance revelry and entertainment. Eat, drink, and be merry, for food purveyors are on hand within Friar Tuck's Forest, and children delight in games and adventures.
- Parking is free. Sorry, no pets allowed. Follow the Shrew Faire on [Facebook](#) for up-to-date information.
- **Bring cash** as a backup; we have no ATM and each of our vendors have their own payment arrangements. **Check your fuel** as the nearest gas stations are about 15 miles in any direction. **Outdoor terrain** on our partially unimproved site can be challenging for crutches and many kinds of electric scooters.

Feel free to contact us directly if you have any accessibility questions; we have some experience.

- E-mail: shrewfaire@gmail.com (541) 929-4897