

ACHIEVE/REACH Meeting

**Action Communities for Health, Innovation and Environmental Change
Racial and Ethnic Approaches to Community Health**

Wednesday, December 6, 2023

9:00 am-11:00 am

Location:

Attendees: Haoua Dogo (Upstream) , Sonja Hendrix (MCHD), Charlene McGee (CDPHP/MCHD), Michael Walker(PHP/MCHD), Susan Van't Hof (OHA/PDES), Anthony Bradley (PGL/Beyond Black), Racheal Nakhabala (PHP/MCHD), Gabrielle Penn (MCHD/REACH), Derek Smith, MCHD/Tobacco), Carrie Roberson (MCHD/REACH), Mikayla Hill (MCHD/REACH), Germaine Flentroy (PGL), Yamungu Seraya, (MCHD-CPCB), Ruthie Culver (Black Food Sovereignty), Bobby Fother, Leslie Esinga, Alagia Crwell- Felix, Arleta Christian, Ben Escalante-Cruz, Carol Yourd, Cherish Wanter, Cindy Shepard, Derek Smith, Edward Hill, EEERC, Joy Mulumba, Lionel Irving, Paul Lindsey, Rona Young, Roy Bunn, Jennifer Hardnett, Rasha Burns, Quete Capuia, Adiam Assefa, Alexander Clay, Neema Yangi, Royal Harris, Stephanie Blume, Sabrina Villemenay, Darrell Wade, Arleta Christian,

Agenda Item	Key Discussion Points	Next Steps/Action Items
Welcome/Introductions		
Looking back at achievements and Looking Forward to Celebration	<p>We used the Jamboard to express our accomplishments:</p> <p>JAMBOARD</p>	
Lionel Irving and Paul Lindsey, and Youth, LOVE IS STRONGER	<p>Love is Stronger will be lowering their age to 12 years.</p> <p>The organization was formed for kids who have experienced forms of violence.</p> <p>Patrick Curry, Jr (killed 35 years ago) Holiday event w/ food, fun, crafts and gifts 3rd annual community support Dec 10th 1-6pm</p> <p>Church of Scientology 309 SW 3rd Ave Portland, OR 97204 Featuring a Black Santa</p>	
Germaine Flentroy and Anthony Bradley Play Grow Learn	<p>Urban Agricultural Center East County, NE , Rockwood and Gresham Black Indigenous, Brown, Asian and poor families</p> <p>Promoting health in the community</p> <p>-CSA</p>	

	<ul style="list-style-type: none">-Reclaiming Black Joy-Farmer's Market-Food Boxes-Food Security-Healthy Activities-walking-Economic Development-vendorship-Community Events Anti-Violence <p>Juneteenth</p> <p>Healthy Cooking Meus</p> <ul style="list-style-type: none">-Pandemic Food Security <p>Started the farming = Collard Greens on 148th and Stark Yakusa Farm</p> <p>Pillars of agricultural Program</p> <p>Germanation for the Generation</p> <p>Weds: Agricultural Education for Alzheimer and Dementia</p> <p>Sustainability for low income families</p> <p>Family engagement through Agriculture</p> <p>preventing Chronic Disease in the community</p> <p>Youth Empowerment in Farming</p> <p>Market Ready products</p> <p>Grow-Cook-Eat-Sell</p> <p>M-F 13949 SE Stark 10-2pm</p> <p>Monday Gym Night</p> <p>Sports league- East County</p> <p>Weds Cooking Classes 8-8 pm</p> <p>Thursdays Family engagement night</p> <p>East Portland Community Center</p> <p>Juneteenth thru October @ Rockwood Sunday come out @ Rockwood</p> <p>Thursday come and teach</p>	
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<p>Bobby Foucher, Curator + Afro Village</p>	<p>Black Diamond Society/ARTs Collective First Thursdays BodyVox Dance Center in the North Wing Galleries Dec 7, 2023 Dec 17th 3rd Floor of Portland Art Museum until March</p>	
<p>Cindy Shepard Upcoming events</p>	<p>Health Heart Ambassador program (4 mos) Lower and manage blood pressure modify what you already like to eat Free</p> <p>Diabetes Prevention Program - Peer Support</p> <p>REACH Newsletter Mailing list email</p> <p>Cindy: Taste of African Heritage - A returning Black/African-focused healthy cooking workshop based on traditional and cultural foods and meals starting in February</p>	
<p>Jennifer Hardnett-</p>	<p>Event: Lents Makers Market- Holiday Market being held at the Lents Commons building. Please visit Instagram four_forces_inc if you are interested in signing up to sell goods or services. This is event is for People of Color and who may identify as queer</p> <p>16th and 17th Applications</p>	
<p>Links, Emails and contacts shared during the meeting.</p>	<p>Yonas EECRC eecrc2021@gmail.com Questions about the HHA: Carrie Roberson - carrie.roberson@multco.us 971-610-7562 cindy.shepard8@multco.us</p>	

	REACH communications specialist 971-291-2339 work cell (text or leave a voicemail)	
Meeting Adjourned		