

In Person-ACHIEVE Coalition Meeting
 (Action Communities for Health, Innovation and Environmental Change)
 Wednesday, December 7, 2022 **from** 9:00 A.M. - 1:00 P.M.
 IRCO Community Center Gym: 10323 NE Glisan St, Portland, OR 97220

Presenter	Agenda Item	Time
All	Mix & Mingle + Photobooth Registration & Check-In & Vaccine Clinic Open Breakfast Served	9:00 - 9:30 A.M.
Haoua Dogo	Opening Remarks + Housekeeping (i.e.vaccines, bathroom etc) Review Agenda & Partners Roll-Call	9:30 - 9:40 A.M.
Ogo (description below)	Cultural Performance: Afro-Beat Dancers + JaDrumming	9:40 - 10:00 A.M.
All	Musical Gallery Walk per Strategy Area (Rotate when music plays). Numbers are in the Wellness Bag. Write your name on the other side of your number to be entered into the raffle. Rotate to Stations. <ul style="list-style-type: none"> ● Nutrition Strategy: Mikayla ● Community Clinical Linkages: Quete + Tholanda ● Physical Activity/Built Environment: Cindy ● Policy, Systems & Environmental Change (PSEs) Recommendations: TK ● Cross Cutting Themes: <ol style="list-style-type: none"> a. Social Cohesion: Carrie b. Economic Development: Renee 	10:00 - 11:00 A.M.
All	Break & Get Picture READY	11:00 - 11:10 A.M.
All	Group Picture	11:10 - 11:20 A.M.
Cindy Shepard	Multco REACH COVID-19 Partner SurveyReport-Out	11:20 - 11:35 A.M.
Charlene McGee	Group Dialogue: Reflection & What's Next!	11:35 - 12:00 P.M.
All	Lunch/Networking	12:00 - 12:10 P.M.
REACH Staff + Partners	Strategy Areas Success Stories Report-Out	12:10 - 12:30 P.M.
Kim Toevs	Presentation + Q&A: RSV + Flu + COVID: Protecting Your Family & Community	12:30 - 12:55 P.M.
Team REACH	Thank Yous + Meeting Adjourn + Raffle Drawing Write your name on the other side of your number to be entered into the raffle	12:55 - 1:00 P.M.

2023 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.
 Jan. 4, Feb., 1, Mar,1, April 5, May 3, June 7, July - No Meeting, Aug. 6, Sept. 6, Oct. 4, Nov. 1, Dec. 6.
 Please complete the [REACH Agenda Request Form](#)

Reminders - Upcoming Multco REACHing US Vaccine Clinics Please visit for updates!

- Winter Wonderland Family Extravaganza!
 - Friday, Dec 9, 2022, 4-8pm
 - Barbie's Village: 935 NE 33rd Avenue Portland OR 97232
- Somali American Council of Oregon (SACOO):
 - SACOO: 1515 SE 122nd Portland, Oregon, 97294
 - Friday, Dec 9, 12-5pm

- PlayGrowLearn Holiday Celebration Toy Give Away
 - Wednesday, Dec 22, 1-7pm
 - Sunrise Center: 18901 E Burnside St, Portland, OR 97233
- Somali American Council of Oregon (SACOO):
 - SACOO: 1515 SE 122nd Portland, Oregon, 97294
 - Friday, Dec 30, 12-5pm
- The 44th “Keep Alive the Dream” Celebration by the World Arts Foundation
 - Monday, Jan 16, 2023, 1-4pm
 - 7600 NE Glisan St, Portland, OR 97213

RSV Resources:

- [Respiratory illness season talking points](#) - regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV [English](#) and [Spanish](#)
- [Coping with respiratory illness season](#)
- [Clean and disinfect](#)
- Protect yourself from RSV [English](#) and [Spanish](#) (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
 - [Children and common respiratory infections: COVID-19, flu, RSV and the common cold](#)
 - [¿Es COVID-19, gripe, VRS o un resfriado?](#)
 - [RSV expected to strain pediatric hospitals in Oregon](#)
 - [Se espera que VRS ejerza presión sobre los hospitales pediátricos en Oregon](#)
- [CDC RSV pages](#)
- [Caring for children with RSV](#)
- [OHA video](#)

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.

Ogo - Afro-Beat Dance & JaDrummer

Bio: Ogo is a performer, choreographer, and dance instructor. Born in Nigeria she grew up learning traditional West African dance and Hip Hop. She later on gravitated towards afrodance and has been in the movement ever since. As a self-taught dancer, Ogo fell in love with fusing different styles of dance together. This is her motivation to keep learning and growing. For the past 4 years, Ogo has taken on the role of an afrodance instructor. She has taught classes, workshops and dance programs in Portland as well as other cities. She works to spread the African culture through dance and grow a community of afrodancers here in the Pacific Northwest. Ogo loves making connections and a positive impact through dance.

Description: Afrodance is a generic term that refers to the modern dance movements that originate from West Africa. This movement has grown influence to include other parts of Africa, and the Diaspora. Afrodance also known as a street style, can be energetic often times fast, sharp and somewhat graceful.