Disabilities Services Advisory Council (DSAC)
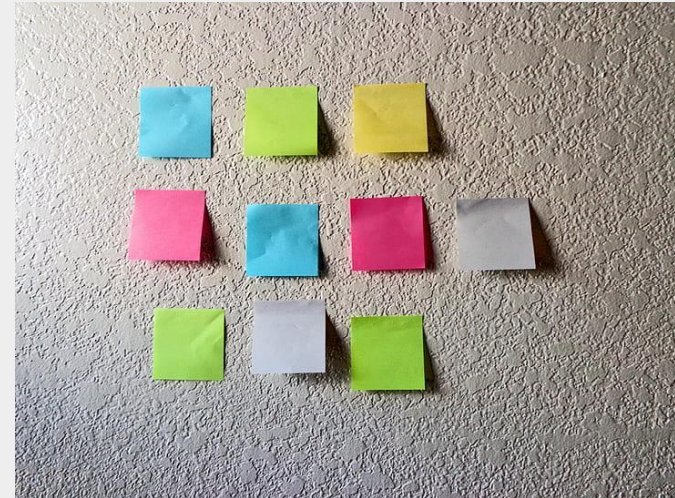
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September 2024 Advisory Councils

Multnomah County

Meeting Overview

1. Welcome

2. ADVSD leadership updates

3. Area plan update

4. Commitment to sharing Area Plan Needs Assessment Survey

5. Ideate on public listening session (Activity)

Multnomah County

Warm-up

- To activate our brains.
- Take 5 minutes to think about a time you were at a public event.
- Write down 1 idea per sticky note and describe how the event made you feel?
- For example: I felt welcomed, I felt adored, I felt safe, I felt….?
- Place sticky note on the wall. For those who need assistance, we will help place on the wall for you.

Online: Send your "I felt…" prompt through chat!

ADVSD Leadership Updates

Multnomah County

Area Plan Update 2025-2029

What

The 2025-2029 Area Plan describes how the Multnomah County Aging, Disability, and Veterans Services Division will provide a comprehensive and coordinated delivery system to older adults in our community. An Area Plan is required for all Area Agencies on Aging.

The Area Plan on Aging: Needs Assessment Survey will help with getting information on service needs for the next 4 years in multnomah county.

Needs Assessment Survey

Area Plan Status Update

Area Plan Goals

April / May

July

July / August

WE ARE HERE →

January

February

Year 1 of Strategic
Area Plan on Aging

Vision

Overarching Questions

Population Prioritization

Developing Questions for needs assessment survey

Needs Assessment Survey Outreach

Report Out / Public Listening Session / Comments

Board of Commissioners

1st draft completed

Multnomah County
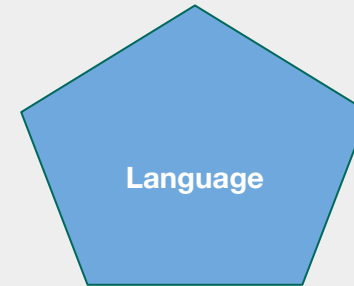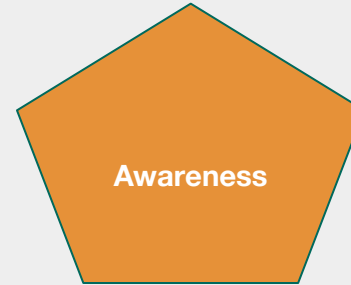
Community Engagement: Internal Staff

REA Seniors scheduled time w/ 8 community services programs funded by the Older Americans Act to brainstorm topics to be addressed on the upcoming Area Plan Needs Assessment survey. These meetings took place between July 22 - 30, 2024

Results

Awareness: are community members aware of available services?

Access: if aware of services, do community members have access (e.g., transportation, time, internet, additional resources)

Language: how we present and name programs matters, especially in culturally specific contexts

Awareness

Access

Language

Multnomah County

Community Engagement: ASAC / DSAC Results

Council Members participated in coming up with questions that identified 4 buckets for the needs assessment survey to Multnomah County wide elderly population.

Results

Access i.e. usage, easy to access or talk to someone

Awareness /Visibility i.e. are you aware of services? Enough promotion?

Capacity i.e. services meeting your needs, are there barriers, can we meet the care and safety

Gaps i.e. what are the needs of community? Are we serving LGBTQ? Do you know your rights of Older Americans Act?
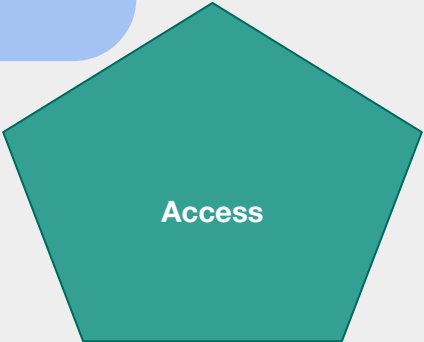
Access

Awareness /Visibility

Capacity / Barriers

Gaps

Multnomah County

Example 1

Access

Access

We would like to know more about your experiences with the following health services available in Multnomah County. Please select the boxes for each of the four statements you agree with for all the services listed below. (Select all that apply)

	I **know** this service exists	I know how to **get** this service if I need it	I currently **use** or **have used** this service	I would **benefit** from this service **now** or in the **next 5 years**
Classes to support healthy aging and manage chronic conditions (Tai Chi, diabetes prevention)	☐	☐	☐	☐
Recreation activities and outings (fitness classes, games, cooking)	☐	☐	☐	☐
Volunteering opportunities and training	☐	☐	☐	☐
Calls or visits to make sure people are safe and well	☐	☐	☐	☐

Multnomah County

Example 2

Awareness / Visibility

Awareness

We would like to know more about your experiences with the following information and referral services and community organizations available in Multnomah County. Please select the boxes for each of the four statements you agree with for all the services listed below. (Select all that apply)

	I **know** this service exists	I know how to **get** this service if I need it	I currently **use** or **have used** this service	I would **benefit** from this service **now** or in the **next 5 years**
Someone to help me find or apply for resources and services <u>when I need them</u>	☐	☐	☐	☐
Someone who provides <u>ongoing help</u> to find, apply, and manage my resources and services	☐	☐	☐	☐
The Aging and Disability Resource Connection; ADRC (a call center and website to help you find resources and services for your needs)	☐	☐	☐	☐

Please select the service providers you know about (Select all that apply):

- ☐ Asian Health & Service Center
- ☐ Cascade Aids Project
- ☐ Ecumenical Ministries of Oregon
- ☐ El Programa Hispano Catolico
- ☐ Filipino Bayanihan Center
- ☐ Friendly House / Elder Pride Services
- ☐ The Community for Positive Aging (formerly Hollywood Senior Center)
- ☐ Immigrant and Refugee Community Organization (IRCO)
- ☐ Impact NW
- ☐ Meals on Wheels
- ☐ Native American Rehabilitation Association of the NW (NARA)
- ☐ Native American Youth & Family Center (NAYA)
- ☐ Somali American Council of Oregon
- ☐ Stone Soup PDX
- ☐ Urban League of Portland
- ☐ YWCA of Greater Portland

Multnomah County

12

Community Engagement: Commitment

Background

The survey will open October 1-25, 2024. People who complete the survey online will receive a $20 gift card. Responses are anonymous. Available in 13 languages.

ADVSD Leadership has outlined an outreach plan to reach out to Multnomah County's service providers, libraries, and health clinics

Commitment for an active role

- Please check your emails at the end of Sept for survey share instructions
- Share widely with your networks, relationships, and encourage others to take it

Multnomah County

How might we create a public listening session that generates interest and input?

Ideate / brainstorm

How might we create a public listening session that generates interest and input?

1 idea per sticky note, please. Stick onto the wall. We will help you place on the wall for those who need assistance.

Cluster, theme, draw relationships among other sticky notes.

Guiding questions:

- How might the event space feel?
- Who should be involved? Should we host w/ an organization?
- Where?
- When?
- How many public listening session should we host?
- What should the agenda feel? What should be included in the agenda?
- What are your concerns/fears?

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