Multnomah County <u>Racial and Ethnic Approaches to Community Health (REACH) Program</u> <u>Action Communities for Health, Innovation and Environmental Change</u> (ACHIEVE) Coalition Meeting **Date:** Feb 5th, 2025 from 9:00 A.M. - 11:00 A.M. **Virtual:** <u>HERE</u> is the Video Link to Join Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
	Virtual Coffee/Tea/Hot-Chocolate Time	8:45 AM - 9:00 AM
All	<ul> <li>Welcome Music</li> <li>Roll Call (Enter into the chat - Enter Name, Organization, Icebreaker)         <ul> <li>a. How are you feeling today, and how are you coping with the potential impacts of recent executive orders on your work and community? What resources could be helpful from the county?</li> </ul> </li> </ul>	9:00 AM - 9:15 AM
Charlene McGee, Multnomah County	b. What are your main concerns or challenges related to the recent executive orders and their potential effects on the grant program and our coalition's goals?	
	c. What resources or support do you feel would be most helpful for you and your organization in navigating these changes and uncertainties?	
	Announcements: Introduction + Welcome Amina Sheikh- Wali   REACH Supervisor, Farewell Mikayla, Asia!	
	<ul> <li>Portland Parks &amp; Recreation + REACH Programming Survey Coming Soon</li> </ul>	
Haoua Dogo, Upstream Public Health	<ul> <li>ACHIEVE Coalition Updates</li> <li>Mission/Vision Draft 2</li> <li>Community Work &amp; Vision across the 5 REACH strategies + National Comparison</li> </ul>	9:15 AM - 9:35 AM
Burgin Utaski	Street TrustTraffic Safety Report 2.0 Update	9:35 AM - 9:50 AM
	#MoveYourWay Break 9:50 - 9:55 (5 min)	
Councilor Jamie Dunphy & Staff Member Amani Kelekele from District #1	<ul> <li>Building Stronger Communities: What's Next for District 1 &amp; How it Impacts You? (20 minutes)</li> <li>Q&amp;A (10 min)</li> </ul>	9:55 AM - 10:30 AM
Amina + Haoua	<ul> <li>Community Conversation</li> <li>Community Care and Collective Care Check-In         <ul> <li>Key Topics</li> </ul> </li> </ul>	10:30 AM - 10:50 AM
All	<ul> <li>Discussion: Upcoming Winter + Spring Events</li> <li>Please complete the <u>REACH Agenda Request Form</u> (Share, spotlight and highlight work)</li> <li>Review action items and next step &amp; Adjourn Meeting</li> </ul>	10:50 AM - 11:00 AM
2025 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.		
March 5, Apr 2, May 7, June 4, July - No Mtg, Aug. 6, Sept 3, Oct. 1, Nov. 5, Dec. 3		
Please let us know if you can present by completing the <u>REACH Agenda Request Form</u>		

#### **Reminders - Upcoming Multco REACHing US** Programmings + Events.

## Peer Breastfeeding Ambassador Training

- Location: The Soul Restoration Center 14 NE Killingsworth 97211
- Sat, February 15, 10:30AM to 2:30PM

# CSN Learn, Share, Do Fair

- Location:Centennial High SCHOOL 3505 SE 182nd Ave, Gresham, OR 97030, USA
- Date: Saturday, February 22.10:00am 2:00pm

# • REACH Walks for Health

- NE Portland
  - Location: 2201 Lloyd Center Portland, Oregon 97232 (Level 1 far east end of mall)
  - Dates: Tuesdays 1-2PM
- NE Health Center
  - Location: 5329 NE Martin Luther King Jr., Blvd. Portland, Oregon 97211 (1st floor lobby)
  - Dates: Mondays 4:30-5:30 PM

## • East Portland Community Center

- Location: 460 SE 106th Ave. Portland, Oregon 97216
- Dates: Thursdays 5:30-6:30 PM (meet in lobby)
- Cully Park
  - Location: 5810 NE 7nd Ave. Portland, Oregon 9220
  - Dates: Saturdays 1:00PM

## • Breaking the Habit Together yOUR Health is oUR Health

- Location: NE Health Center | 5329 NE MLK Jr. BLVD, Portland, OR 97211
- Dates: Fridays 9AM-4PM | Circle of Support Group 11AM 12PM

#### **RSV Resources:**

- <u>Respiratory illness season talking points</u> regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV <u>English</u> and <u>Spanish</u>
- <u>Coping with respiratory illness season</u>
- <u>Clean and disinfect</u>
- Protect yourself from RSV <u>English</u> and <u>Spanish</u> (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
  - Children and common respiratory infections: COVID-19, flu, RSV and the common cold
  - <u>RSV expected to strain pediatric hospitals in Oregon</u>
- <u>CDC RSV pages</u>
- <u>Caring for children with RSV</u>
- <u>OHA video</u>

**Historical Context:** ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

**Acknowledgement Statement:** Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped

to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.