



Community Involvement Committee



Community Involvement Committee

October 4, 2026, 9:30am-2:30 pm

East Portland Community Center

Virtual option - Zoom

Contact community.involvement@multco.us for RSVP and links

RETREAT AGENDA

Purpose	The Multnomah County Community Involvement Committee serves as the County's advisory body on community involvement and engagement. The retreat is to build community, deepen knowledge on the CIC and County, select subcommittee topics, and have fun together.
Materials	Agenda (includes Community Agreements and First to 5) Theme Sheet MultCo Map Worksheet
Pre-Meeting	Complete the planning poll (topic brainstorm, food, and attendance!) Create your slide for the Summer Slides! Review the Theme ideas summary and draft assessment Review last year's letters and the OCI response letter
Logistics	We have the space reserved 9am-3pm Tamale boy taco bar catering for lunch

Time	Agenda Item
9:15-9:45	Arrive, mingle, get nametag and snack, FY26 Agreements
9:45-10:00	Welcome, Review & Approve Agenda

10:00-10:30	Team Building Activity: Summer Slides (2min each!)
10:30-10:45	CIC - Who are we? What are we doing?
10:45-10:55	Optional 5 min break
10:55-11:45	CIC Subcommittee Recap & OCI Response Letter
11:45-12:15	LUNCH: Tamale Boy! - Map activity - individual maps & a shared map
12:15-12:30	Debrief Mapping activity
12:30-2:10 100min	Subcommittee Brainstorm - Framing and Background (10min) - Individual review of Theme Sheet: priorities, not interested, new ideas (10min) - Group ranking of themes (15min) - Small group discussions of top themes (15min) - Report back from small groups (15min) - Deliberation (25min) - Vote on topics (and confirm 4+ members are interested) (10min)
2:10-2:15	Public Comment - Last comments on earlier things
2:15-2:30	Wrap Up, Next Steps & Appreciations! - CIC Co-Chair Interest?

Upcoming CIC Meetings and Events:

- Late October/November: Subcommittee 1st meeting
- November 17, 6-8pm, full CIC meeting

Community Agreements FY26

- Acknowledge intent, address impact - Call each other in
- Listen to understand; pause; think intentionally about what you want to say before sharing
- Speak from your own experience and prioritize using “I” statements
- Consider earned/unearned privileges that inform lived experiences
- Be willing to make mistakes and be accountable for missteps
- Move up, move back - elevate your participation, elevate your reflection
- Work within the energy, availability, and abilities that you have to support each other in additional CIC tasks, as needed.
- Welcome and honor differences in experience, identity, perspectives, participation levels and styles
- Celebrate accomplishments
- Discuss ideas not people: dialogue not debate

Meeting Expectations

- Come to meetings prepared to participate
 - Consider and reflect upon the team agreements before meetings
 - Work to be fully present during meetings
 - Incorporate time into meetings for reflection and additional comments
 - Please let the Committee know if you will not be able to attend CIC meetings (it is assumed that Committee members will attend meetings unless they say otherwise).
 - Allow time between speakers and topics, to allow everyone to process and participate. It is never too late to share a thought!
 - Respect time allotted - embrace flexibility with the agenda!
 - Take breaks and prioritize what you need to be fully present
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CIC Fist to Five Process (Adapted from Policies and Procedures)

1. A subcommittee, member, or staff brings a proposal to the CIC, explains and/or introduces the proposal, and facilitates brief conversation on it.
2. Facilitator or staff leads the CIC in assessing where the CIC stands on the issue using fist to 5. Only members of the CIC can vote.
3. All votes 3-5 indicate consensus and is a formal “approve” vote and the process ends here.
 - a. If there are all 3-5 but most or all are 3s, it is recommended but not required that the CIC discuss how to move the 3s to 4s or 5s.
4. If any are fist through 2, it triggers further discussion (See #4).
 - a. Further discussion: Members voting between 0-2 each share what, if anything, would have to change about the proposal to move their vote to a 3-5. The group deliberates the proposed changes and uses a majority vote to approve or deny them.
5. If no consensus is reached through discussion and amendment of the proposal (step #4), the proposal with any approved amendments will be voted on in a yes/no vote. Please see below 3. voting based decision making process.

In the event consensus cannot be reached, the CIC will move to voting-based decision-making: a Yes/No vote and majority (half plus one) rules.

