

Multnomah County  
FY 2027 Budget Work Session Follow Up

**Health Department -  
Integrated Clinical Services**



**May 6, 2026**

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**Commissioner** **Moyer** ▾ ( **District 1** ▾ )

What services are included in integrated behavioral health services?

**Response:**

**Integrated Behavioral Health Service Model:**

The Community Health Center currently provides a range of behavioral health services, designed as part of our integrated primary care team model. This is referred to as *Integrated Behavioral Health* (IBH). This model has been shown to be most effective in health center settings with the goal of improving physical health through lifestyle changes and addressing immediate mental health needs through assessment, brief support, and action-oriented appointments.

This model is designed to provide 1-6 sessions in 30 minute appointments, focusing on a particular issue and assessment for further support if needed. IBH helps facilitate connection to community mental health for clients needing a longer duration of counseling or a higher level of care which includes wrap-around services. This model of care also prioritizes same-day access for services.

## **Who provides these services?**

Within our care teams, multiple staff are available to support behavioral health and complete different types of behavioral health visits. There is no defined license to provide integrated behavioral health services. There are, however, certain interventions and procedures that *require* a certain licensure and only certain licensures are able to bill within our care system due to CMS regulations. To assure sustainable patient access, we do require that providers are eligible to bill for services; this includes supporting providers who are completing their required licensure upon hire.

The majority of care is provided by these types of care team members:

- Primary Care Providers (PCPs) are able to provide routine mental health, this includes short-term behavioral activation; screening for depression, suicide risk, and anxiety; medications for routine mental health-including depression, bipolar disorder, schizophrenia, and ADHD.
- Psychiatric Mental Health Nurse Practitioners (PMHNPs) are Nurse Practitioners (NPs) with additional training in psychiatric prescribing. Our PMHNPs provide consultation to Primary Care Providers and ongoing management for our clients with moderately complex mental health issues. The PMHNPs also support care transition plans for clients with highly complex mental health issues which cannot be supported within a primary care setting.
- Licensed Clinical Social Workers (LCSWs) and Licensed Professional Counselors (LPCs) provide further behavioral health support and care for patients, including assessment, diagnosis, and treatment of behavioral health issues as well as

providing trauma-informed, accessible care through the lens of empowerment, self growth, and change.

- Case Managers and Peer Behavioral Health Specialists (known most commonly as Peers) are also a part of the behavioral health care team model. These roles are focused on patient care support and interventions which are not reimbursed by our Coordinated Care Organization contracts or similar billable services.

**Commissioner Moyer ▾ ( District 1 ▾ )**

Please provide a map of clinics operating.

**Response:**

[Health Center Website](#)

[Health Center Locations](#) (map)

**Commissioner Moyer ▾ ( District 1 ▾ )**

How are we expecting the percentage of uninsured people we're serving to change under the new model?

**Response:**

Our FY 2027 revenue projections factor in a 5% increase in uninsured rates. Some of our sites will see a greater percentage increase in uninsured, however, across the system we anticipate a 5% increase based on our historical uninsured rates.