



GENDER PATHWAYS CLINIC
AT KAISER PERMANENTE

“Since coming out,
this is the safest that I have ever felt.”

—A.C.



KAISER PERMANENTE®

Gender Pathways program and services

The Gender Pathways Clinic provides culturally competent care to transgender and gender-diverse patients. It's a unique place for members to receive integrated care in a comfortable, supporting setting.

At Kaiser Permanente, we understand that everyone's path to wellness is unique.

That's why the Gender Pathways Clinic offers a variety of skilled treatment options that start with equally skilled listening.

Consultations are given in a safe, compassionate environment, with the knowledge and belief that as your path begins, your goals may change, and that the closer you move toward your authentic life, true health will follow.

GENDER PATHWAYS CLINIC SERVICES:

- Information and referrals
- Education and preparation for transition-related care

MEDICAL SERVICES:

- Hormones
- Pubertal suppressants

OTHER GENDER-AFFIRMING SERVICES:

- Facial, body, and genital hair removal (via electrolysis, offered as a referral to community partners, not offered in-house)
- Voice training
- Community navigator
- Social work services

SURGICAL SERVICES:

- Top surgery (chest contouring and breast augmentation)
- Orchiectomy
- Hysterectomy
- Oophorectomy
- Chondrolaryngoplasty (tracheal shave)
- Metoidioplasty (in partnership with OHSU)
- Phalloplasty (in partnership with OHSU)
- Facial gender confirmation surgery (in partnership with OHSU)
- Vaginoplasty (in partnership with OHSU)
- Vulvoplasty (in partnership with OHSU)

Your care team

Your care team would consist of clinical specialists from internal medicine, family medicine, pediatric, endocrinology, gynecology, psychiatry, surgery, social work, nursing, and community health navigation.

Our compassionate clinicians are leaders in their fields who have developed best practice guidelines in transgender health that are used throughout Kaiser Permanente..

“The Gender Pathways Clinic was created to provide multidisciplinary care for our gender diverse patients. Our main goal is to provide safe and affirming care. We realize that gender is a spectrum and treatment is therefore a spectrum. We respect where every patient is on that spectrum and that goals may change over time. Our medical home provides counseling, social services, specialty hormone care, and surgical care to support patients throughout their journey.”

—Founding Physician, Gender Pathways Clinic

GENDER PATHWAYS CLINIC HOURS:

Weekdays: 8 a.m. to noon, 1 to 5 p.m.

HOW DO I MAKE AN APPOINTMENT?

Call **1-800-813-2000** (TTY 711).

Visit **kp.org** to make an appointment online. For appointment reason, select “Gender Pathways.”

HOW DO I GET IN TOUCH WITH THE GENDER PATHWAYS CLINIC?

Gender Pathways Clinic: **1-800-813-2000**

Department fax: **1-833-730-5020**

- If you are a new or current Kaiser Permanente member who needs a trans-competent primary care provider, call us or contact Member Services for help.
- If you currently aren't a member and are interested in becoming one, check out your options at kp.org.
- Patients 18 and older can self-refer to the clinic — just call and set up an appointment.



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TRANSGENDER COMMUNITY RESOURCES

- Basic Rights Oregon
www.basicrights.org
- OHSU Transgender Health Program
www.ohsu.edu/transgender-health
- Northwest Gender Alliance
www.nwgenderalliance.org/
- WPATH
wpath.org/publications/soc8/
- Transgender Law Center
transgenderlawcenter.org/
- Trans Lifeline
translifeline.org/
- Parents, Families, and Friends of Lesbians and Gays
pflag.org/
- SMYRC
newavenues.org/smyrc/
- TransActive Gender Center
graduate.lclark.edu/programs/continuing_education/transactive

kp.org/genderpathways/northwest

