

How to Reach Us:



YOUR MENTAL HEALTH IS OUR PRIORITY

We are a BIPOC clinic dedicated to supporting the well-being of our houseless population, BIPOC community, LGBTQ+ community, and our veterans community.

Our services include inperson and telehealth therapy, aimed at enhancing your mental and emotional health.





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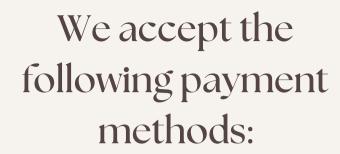
Why Therapy?

- Emotional Support and Healing
- Improve Self-Awareness
- Better Coping Strategies
- Enhanced Relationships
- Mental Health Maintenance



Our Services:

- Individual Therapy
- Couple's Therapy
- Family Therapy
- Children, and Young Adults
- Group Therapy
- Substance Use Therapy



- OHP CareOregon
- Cash
- Credit Card
- Commercial Insurances (coming soon)



