

# Living with HIV?

## Services are Here For You

Support for medical care, mental health, housing, food, and more.

You, or the person you provide care to, may be able to get free or low-cost medical, mental health, food, social services, and other services if you:

### Are you living with HIV or have an HIV diagnosis?

- And live in one of these Oregon counties:
  - » Multnomah County
  - » Washington County
  - » Clackamas County
  - » Columbia County
  - » Yamhill County
  - » Clark County, Washington  
(most services or referrals available)



### Meet Income Guidelines

(Example: Up to \$46,950 per year for a household of one person for most services)

## Ryan White services include:

See contact info for services under **Agency Contact Info** on page 3.

### Medical Care

- Screenings, treatment, and prevention services including pharmacy, nursing, primary medicine, social work, addictions treatment, HIV services for immigrants and refugees, mental health, and psychiatry.
- Available at:
  - » **HIV Health Services Center** (Multnomah County)
  - » **Oregon Health and Science University (OHSU) Internal Medicine**

### Case Management

- Screening and enrollment in the Ryan White Program. Provides advice and assistance in obtaining services related to your health needs. For individuals with complex medical needs, case managers coordinate care and create a unique service plan for you, such as assisting with insurance needs and connecting to medical care and other services.
- Available at:
  - » **HIV Health Services Center** (Multnomah County)
  - » **Cascade AIDS Project**
  - » **OHSU Partnership Project**

### Food Services

- Access to a food bank or to home delivered groceries, or delivery of prepared meals for clients with a need.
- Available at:
  - » **Ecumenical Ministries of Oregon**

## Mental Health/Therapy and Peer Support Services

- Available at the following locations:
  - » Quest Center for Integrative Health
  - » Cascade AIDS Project

## Psychosocial Support

- Community connection, education, whole-person wellness focused approaches such as peer support and community support groups. Available at:
  - » Quest Center for Integrative Health
  - » Ecumenical Ministries of Oregon

## Oral Health

- Preventative and restorative care provided by dental health professionals to help maintain good dental health.
- Available at:
  - » Russell Street Dental Clinic

## Housing Support

- Assistance in getting or keeping stable housing including possible rental assistance and help with navigating housing options.
- Available at:
  - » Cascade AIDS Project
  - » HIV Health Services Center (Multnomah County)
  - » Multnomah County Behavioral Health Division - PATH (Promoting Access to Hope - Addiction Services - housing support related to substance use recovery only.)

## Emergency Financial Assistance

- Help in cases of unexpected and urgent financial needs.
- Available at:
  - » Quest Center for Integrated Health
  - » Cascade AIDS Project

## Early Intervention Services

- Provides HIV testing, case planning and linkage to medical care for individuals newly diagnosed with HIV or not currently in care.
- Available at:
  - » Cascade AIDS Project

New syringes, naloxone, confidential HIV/STD testing, and wound care - The Multnomah County Harm Reduction team wants to listen, offer support, and provide individualized care to YOU!

**Multnomah County Harm Reduction Clinic** - 503-988-0577 12425 NE Glisan Street

(in Menlo Park Plaza, behind Walgreens) Monday and Thursday, 11am - 2pm and 3pm - 7pm

<https://multco.us/services/syringe-exchange>

## Substance Use Treatment

- Provides peer services, referral to care, and speciality case management and support to vulnerable people who use drugs.
- Available at:
  - » Quest Center
  - » Cascade AIDS Project

## Highlighted Programs or Services

- Navigation for specific populations
  - » Immigrants and Refugees (OHSU Partnership Project)
  - » Additional support for Latinx and Black/African Americans (Cascade AIDS Project)
- Women of Wisdom (Quest Center - Women's peer support Group)
- Art Therapy Group (HIV Health Services Center; Multnomah County)
- For help finding an HIV specialist, please visit the Oregon AIDS Education & Training Center (AETC) website at: <https://www.oraetc.org/>
- Substance use care navigation, treatment placement, and housing placement (Behavioral Health PATH program)

**Did you know... if you qualify for ONE Ryan White service, you may be eligible for a variety of Ryan White services?**

## Steps to Get Ryan White Services

You can reach out to any Ryan White service provider to inquire about your eligibility for services. If you are newly diagnosed with HIV or new to the area, a great starting point is a medical case manager:

- HIV Health Services Center (Multnomah County)
- OHSU Partnership Project



# Help Us Improve Portland-Area Ryan White Services!

Your voice matters! There are several ways to get involved in this program as a community member and person living with HIV.

## Client Advisory Councils/Boards:

- Many Ryan White medical and social services providers have client groups where they can share input on services. Please reach out to each specific provider about this.
- HIV Services Planning Council: This volunteer group of people living with HIV, service providers, and community advocates makes decisions about overall Portland-area Ryan White service priorities and funding. To learn more, go to [hivportland.org](http://hivportland.org)
- Grievances: Have an issue with a staff member or service? You can file a formal complaint called a grievance. Each Ryan White provider has their own process to follow.

## Agency Contact Information

Please call or email to confirm service location and availability.

### HIV Health Services Center 1

(Multnomah County)

HIV Health Services Center

619 NW 6th Avenue, 3rd Floor  
Portland, OR 97209

P: 503-988-5020 Fax: 503-988-5022

Monday-Friday, 8am-5pm

<https://multco.us/services/hiv-health-services-center>

### OHSU Russell Street Dental Clinic 2

214 N Russell St, Portland, OR 97227

Weekdays: 503-494-6822

After hours: 503-494-8311

[russellstreet@ohsu.edu](mailto:russellstreet@ohsu.edu)

### OHSU Internal Medicine 3

Physicians Pavilion

3270 SW Pavilion Loop

Portland, Oregon 97239

<https://www.ohsu.edu/school-of-medicine/general-internal-medicine/hiv-care>

### Multnomah County

Behavioral Health Division/PATH Program

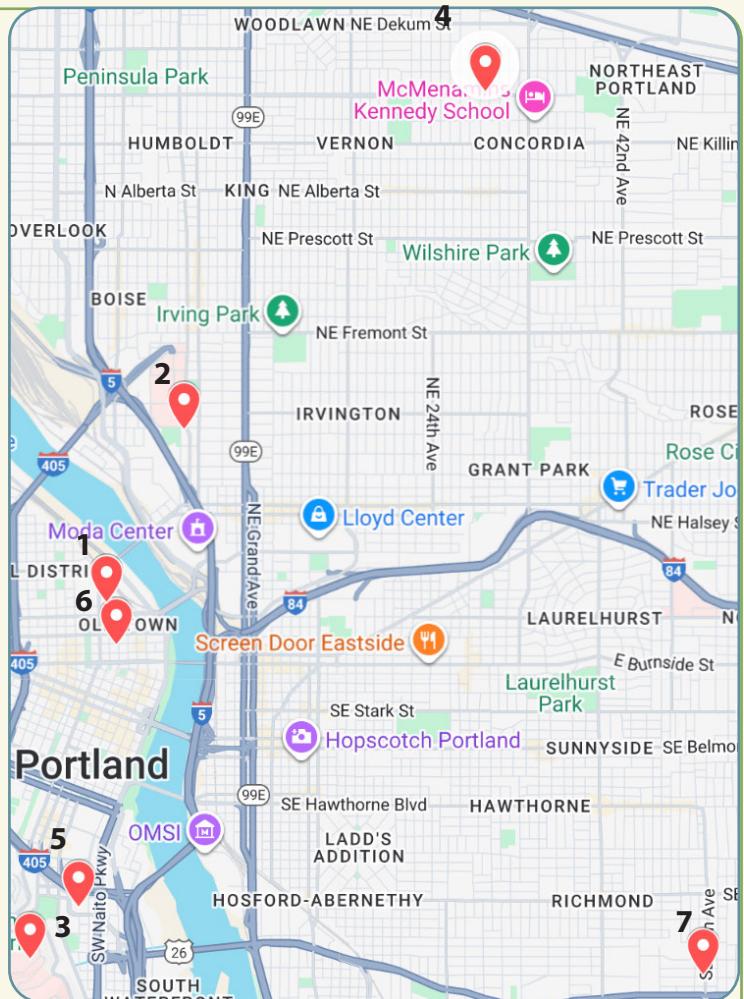
(Promoting Access to Hope)

(Virtual office - please call or email)

P: 503-988-9426

Email: [pathteam@multco.us](mailto:pathteam@multco.us)

<https://multco.us/services/recovery-support>



### Ecumenical Ministries of Oregon 4

HIV Day Center

2941 NE Ainsworth, Portland, OR 97211

P: 503-460-3822 Email: [emo@emoregon.org](mailto:emo@emoregon.org)

<https://hivdaycenter.org/connect/>

<https://emoregon.org/>

### OHSU Partnership Project 5

2525 SW 1st Avenue Ste 1201

Building B West, Portland, OR 97201

Office hours: 9a.m.-5p.m., Monday-Friday

P: 503-230-1202 Email: [pproject@ohsu.edu](mailto:pproject@ohsu.edu)

<https://www.ohsu.edu/partnership-project>

### Cascade AIDS Project (CAP) - Portland 6

520 NW Davis St., Suite 215

Portland, OR 97209

P: 503.223.5907 Email: [info@capnw.org](mailto:info@capnw.org)

<https://www.capnw.org/>

### Quest Center for Integrative Health 7

3231 SE 50th Ave., Portland, OR 97206

P: 503-238-5203 Email: [info@quest-center.org](mailto:info@quest-center.org)

<https://www.quest-center.org>