



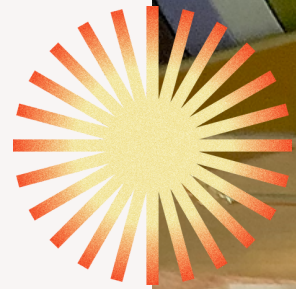
It's All Connected:

Intersectional Approaches to
Preventing Violence Before it Occurs

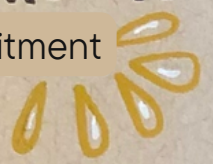
Violence is preventable.

"Even a fist was once an open palm with fingers." - Yehuda Amichai





THIS PAGE IS
A commitment

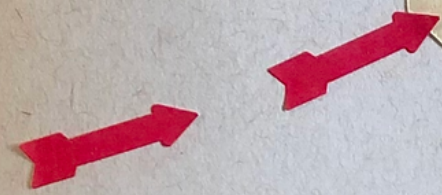


IN PORTLAND, OREGON, WE MUST
HONOR THE INDIGENOUS PEOPLE
WHOSE UNCEDED TRADITIONAL
and ANCESTRAL HOMELANDS WE
LIVE ON: THE MULTNOMAH,
KATHLAMET, CLACKAMAS,
TUMWATER, WATLALABANDS
OF THE CHINOOK, THE TUALATIN
KALAPUYA *and* MANY OTHER
INDIGENOUS NATIONS OF
THE COLUMBIA RIVER.
ACKNOWLEDGING THE PEOPLE'S
THIS LAND WAS STOLEN FROM
DOES NOT CORRECT THE GRAVE
INJUSTICE, THOUGH IT IS NECESSARY
TO HONOR *and* RAISE AWARENESS
THAT WE ARE IN THEIR RIGHTFUL
HOME. OUR *ongoing work* FOR
EQUITY AND SOCIAL JUSTICE
MUST WORK TO RIGHT THESE
WRONGS, EVERY DAY, IN
EVERY WAY WE CAN.

Land Back



RIGHT
the
WRONGS



MIDORI





Siento mis pies en la tierra
Estoy conectada con mi cuerpo y con este lugar

Estoy conectada con mi comunidad.
Trabajo al servicio de la colectividad

Llamo a mis ancestros, de sangre y afinidad,
para que me guíen hasta la sabiduría
de todos aquellos y aquellas que
vinieron antes de mí, y la de todos
aquellos y aquellas que comparten este
espacio conmigo ahora.

Necesito mi comunidad para que
me ayude a aprender y a
desaprender.
Lo que le hace bien a todos, me
hace bien a mí.

Que mi trabajo sea de servicio.
Que sea un conductor, un hilo
conectivo en este traje que
todos compartimos.

Que este trabajo llene mi copa
Que podamos compartir la
alegría, el amor y la justicia.

Erin Falchid
@journal.as.aitor
Journal.as.aitor@gmail.com



I feel my feet on the earth.
I am connected to my body and
this place.

I am connected to my community.
I work in service to the collective.

I call upon my ancestors, both blood
and kinship, to guide me to the wisdom
of those who have come before me
and those who share space with me now.

I need my community
to help me learn and
unlearn. What is good
for the whole is good
for me.

May I be of service.
May I be a conduit,
a connective thread in
the shared garment.

May this work fill
my cup.
May we share in joy,
love, and justice.

Erin Falchid
@journal.as.aitor
Journal.as.aitor@gmail.com

My work is informed by many

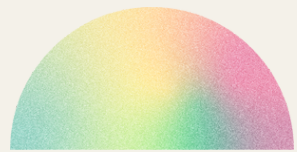
adrienne maree brown Angela Davis Chani Nicholas
Charlene Caruthers Cherrie Moraga Desiree Adaway
Ericka Hines Gloria Anzaldua Guyatri Spivak
Janet Mock Jerry Tello John Biewen
June Jordan Kimeberle Krenshaw Lama Rod Owens
Mariame Kaba Resmaa Menakem Roxane Gay
Sarah Gottessdeiner Shira Hassan Sonya Renee Taylor
Tara Brach Tema Okun Tourmaline

James Baldwin Mary Oliver Audre Lorde



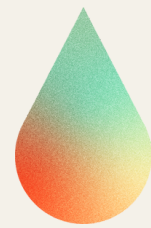
This list is not exhaustive!

YOUR GIFTS TO THIS WORLD ARE PRECIOUS, AND I AM IN AWE OF YOU.



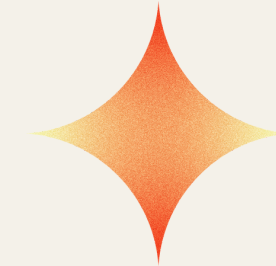
There's only one you
doing what you do,
how you do it.

File that away for when self
doubt creeps in.



We can be heart-led in
a world that wants us
to be productivity led.

Cherish and protect this
characteristic.



You may not receive
thank you's &
accolades for the
spaces you hold.

I want you to know that you
are valued beyond measure.

INVITING NERVOUS SYSTEM BALANCE

When engaging in violence
intervention & prevention work,
bringing intention to our well-being is
critical.

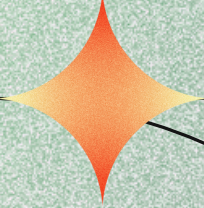
- grounding practice that works for you
(body, heart, mind)



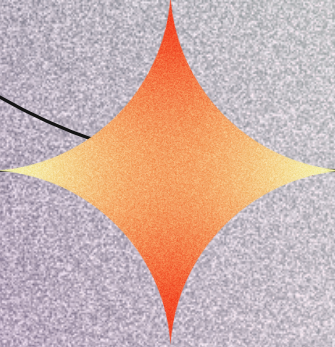


Radical Possibility

When you
imagine a
violence free
world, what
words come
to mind?

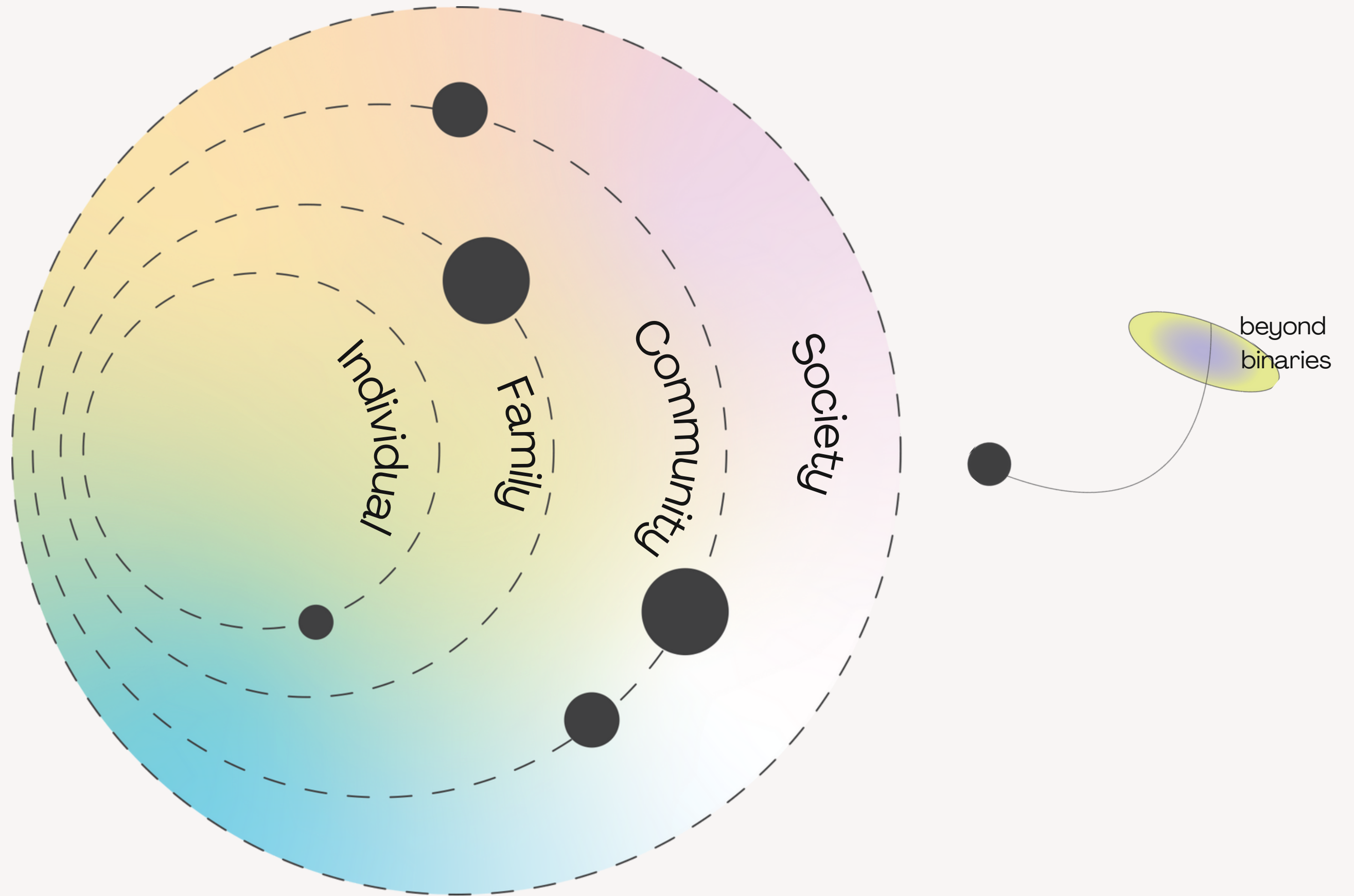


We must
employ
both/and
thinking



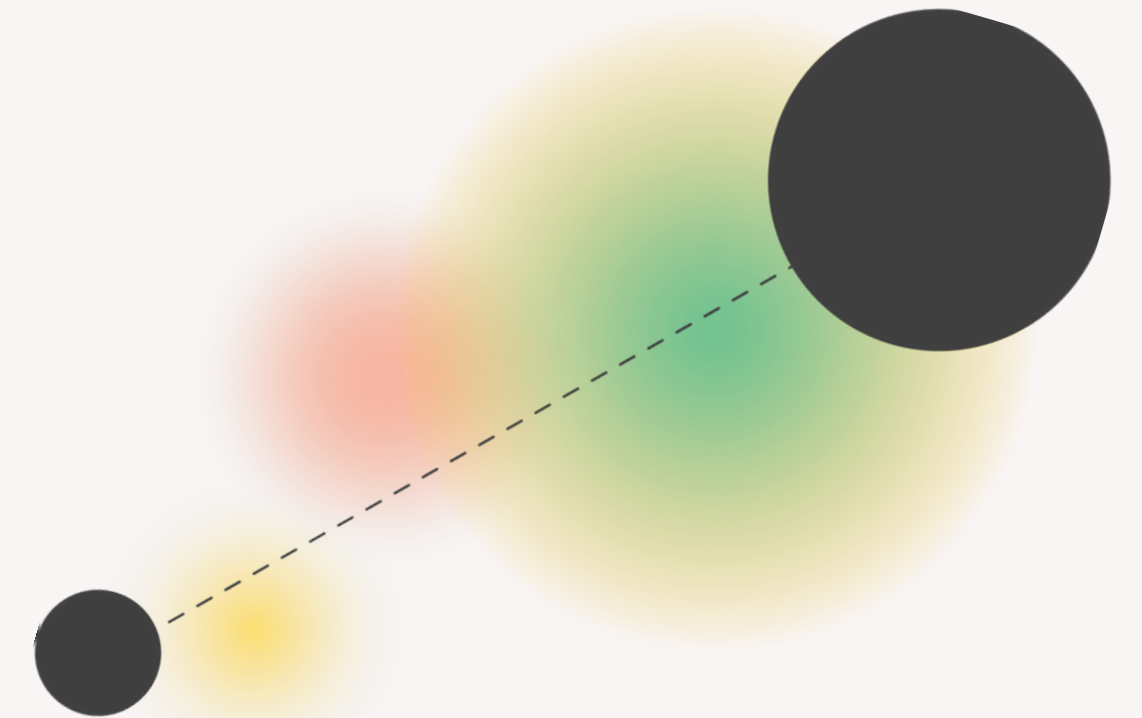
- binary thinking breeds supremacy
- immediate to long view
- being trauma informed helps

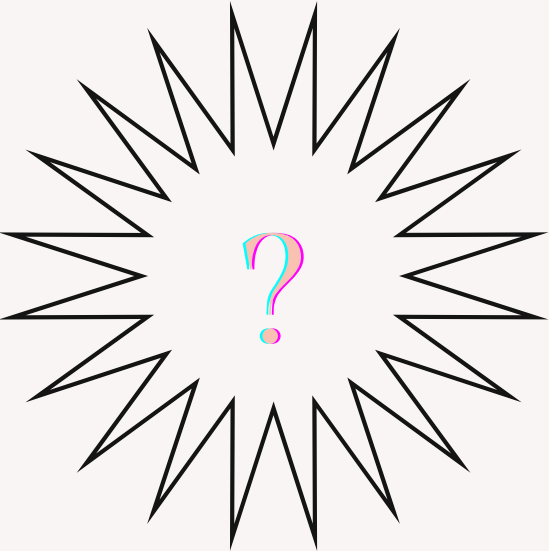
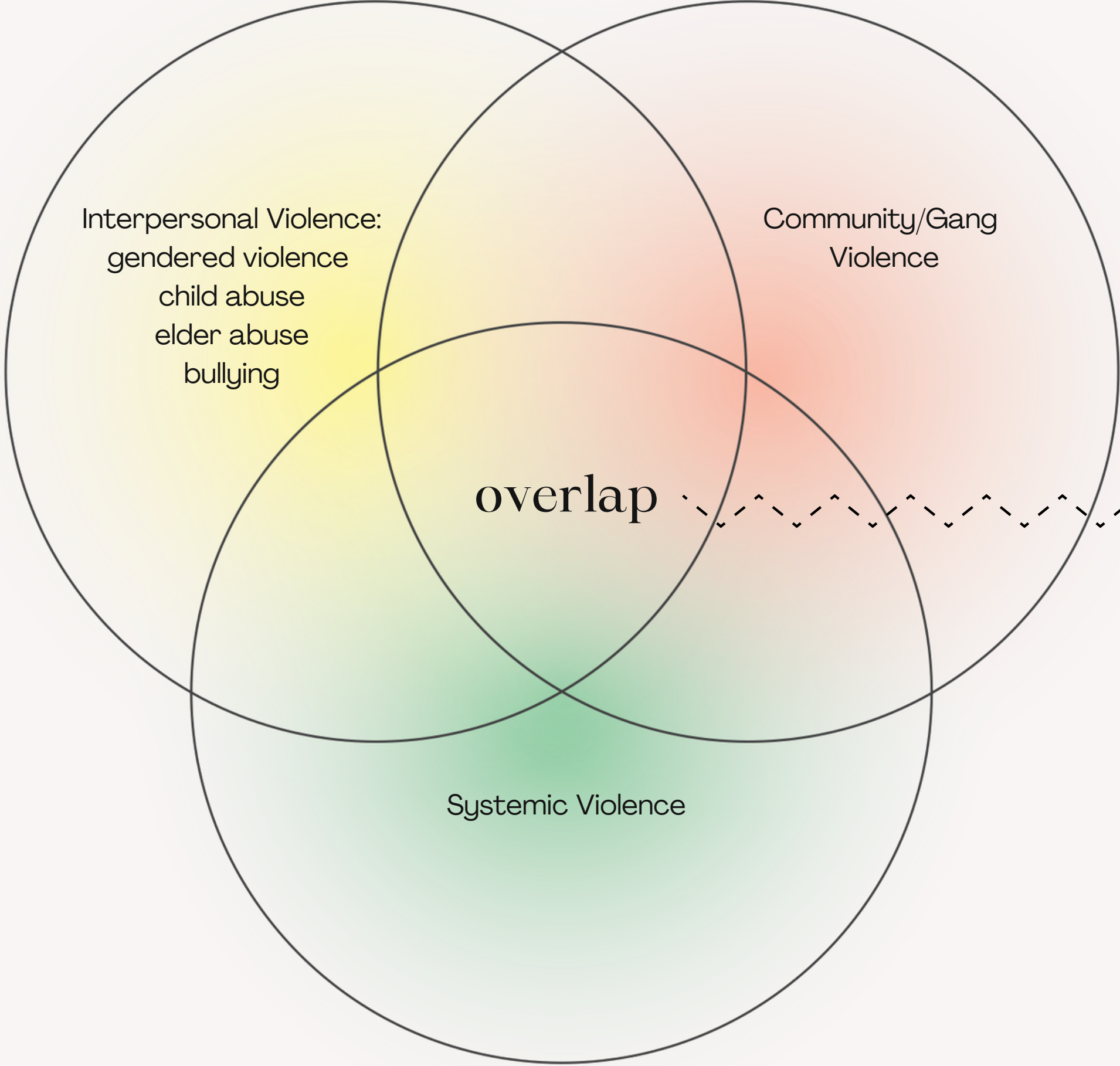
Identity.
Trauma.
Healing.



“Gang violence is connected to bullying
is connected to school violence is
connected to intimate partner violence
is connected to child abuse is
connected to elder abuse. It’s all
connected. We operate in these silos
that we’ve got to break down.”

Deborah Prothrow–Stith, M.D.¹ , Dean, Drew College of Medicine,
From a Cycle of Violence to a Culture of Safety: Leveraging
Connections to Prevent Multiple Forms of Violence

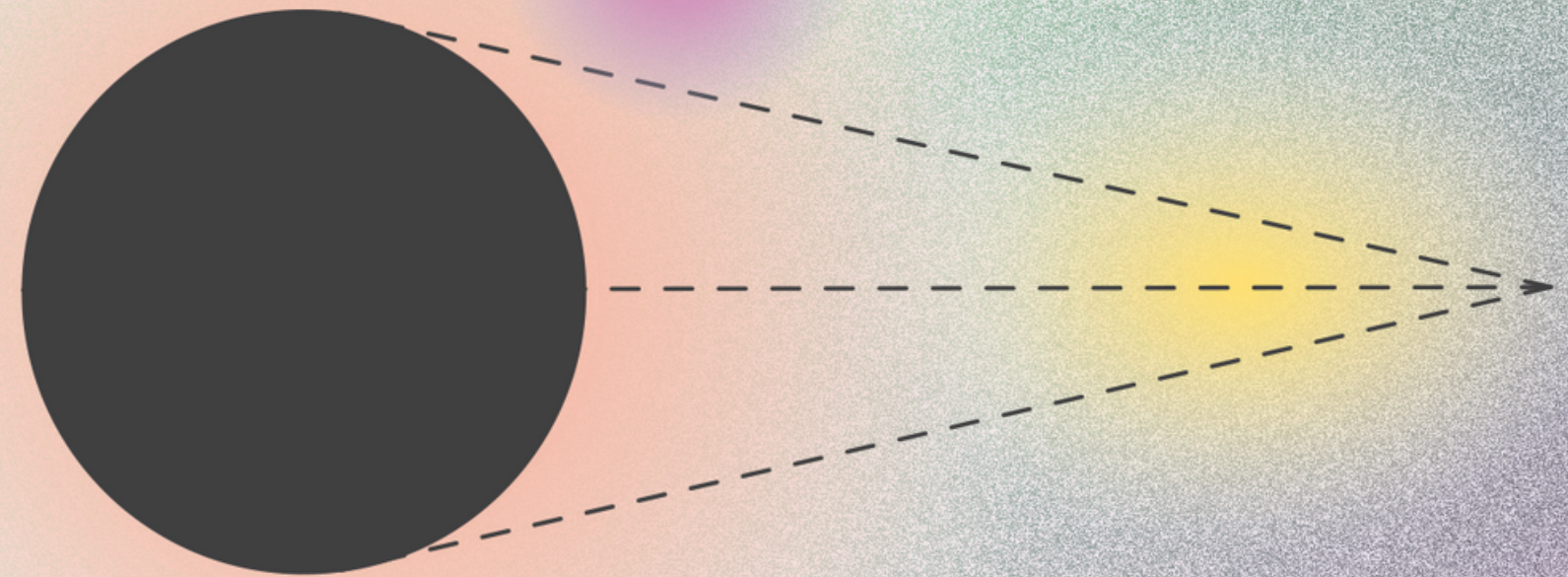




Self- reflection moment

Why do you think we operate in these silos?

What might systemic violence and specifically white supremacy have to do with it?





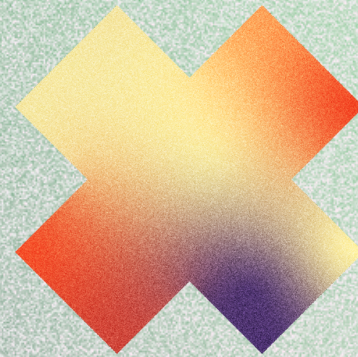
Shared understanding is critical.

If we have differing definitions of “prevention,” we may miss the most dynamic solutions; justice oriented strategies require intentional planning across our systems so we can fill in gaps and grow together.

Shared risk factors

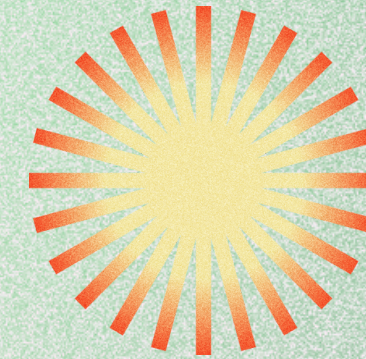
Share protective factors

Primary prevention, secondary prevention, tertiary prevention



Shared Risk Factors

Multiple forms of violence are shaped by common structural factors such as racism, sexism, ableism, homophobia, transphobia, policy enforced poverty - resulting in inequities in rates of violence.



Shared Protective Factors

Multiple forms of violence are also shaped by common protective factors, such as upward economic mobility, equitable access to dignity, safety & resources, strong cultural and interpersonal attachments.

A hand silhouette is shown in the lower-left corner, reaching upwards towards a large, glowing sphere. The sphere is filled with a rainbow spectrum of light, transitioning from blue at the top to red at the bottom. The background is a soft, out-of-focus sunset or sunrise sky.

Spectrum of Prevention*

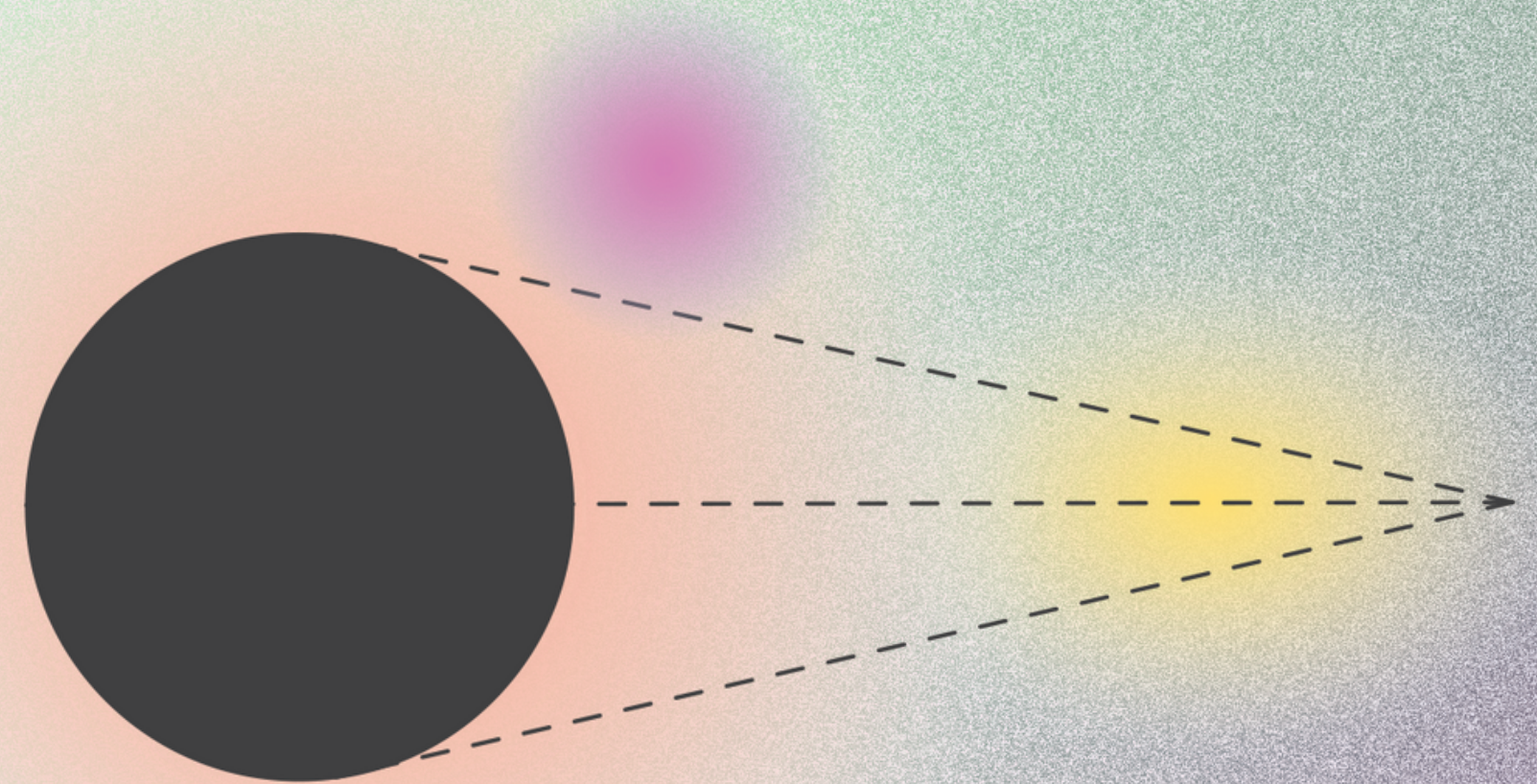
PRIMARY: changing conditions & environments to prevent violence *before* it occurs

SECONDARY: immediate responses to violence right before, during, and after that address short term consequences

TERTIARY: long term responses to violence that has already occurred

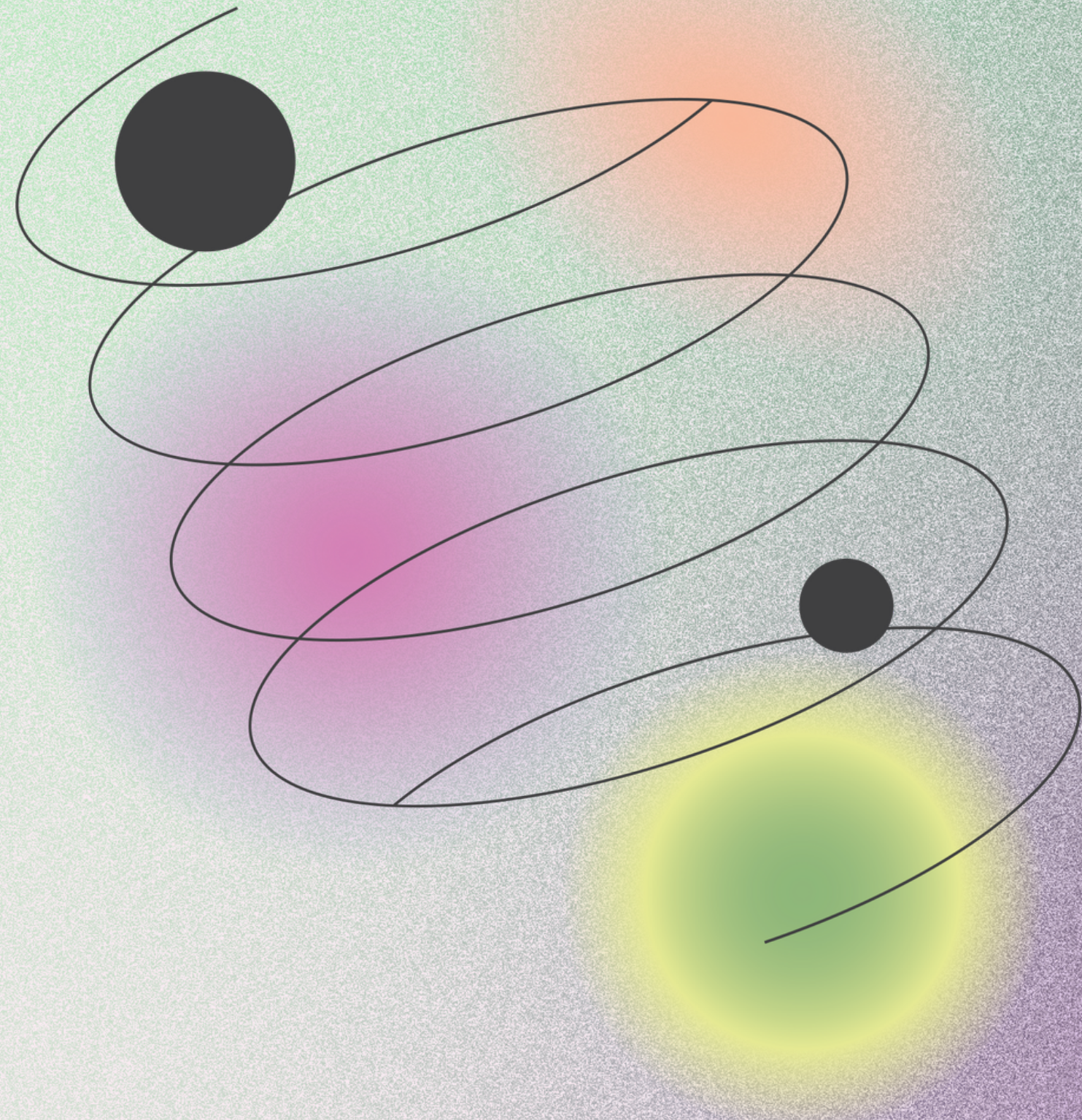
Self- reflection moment

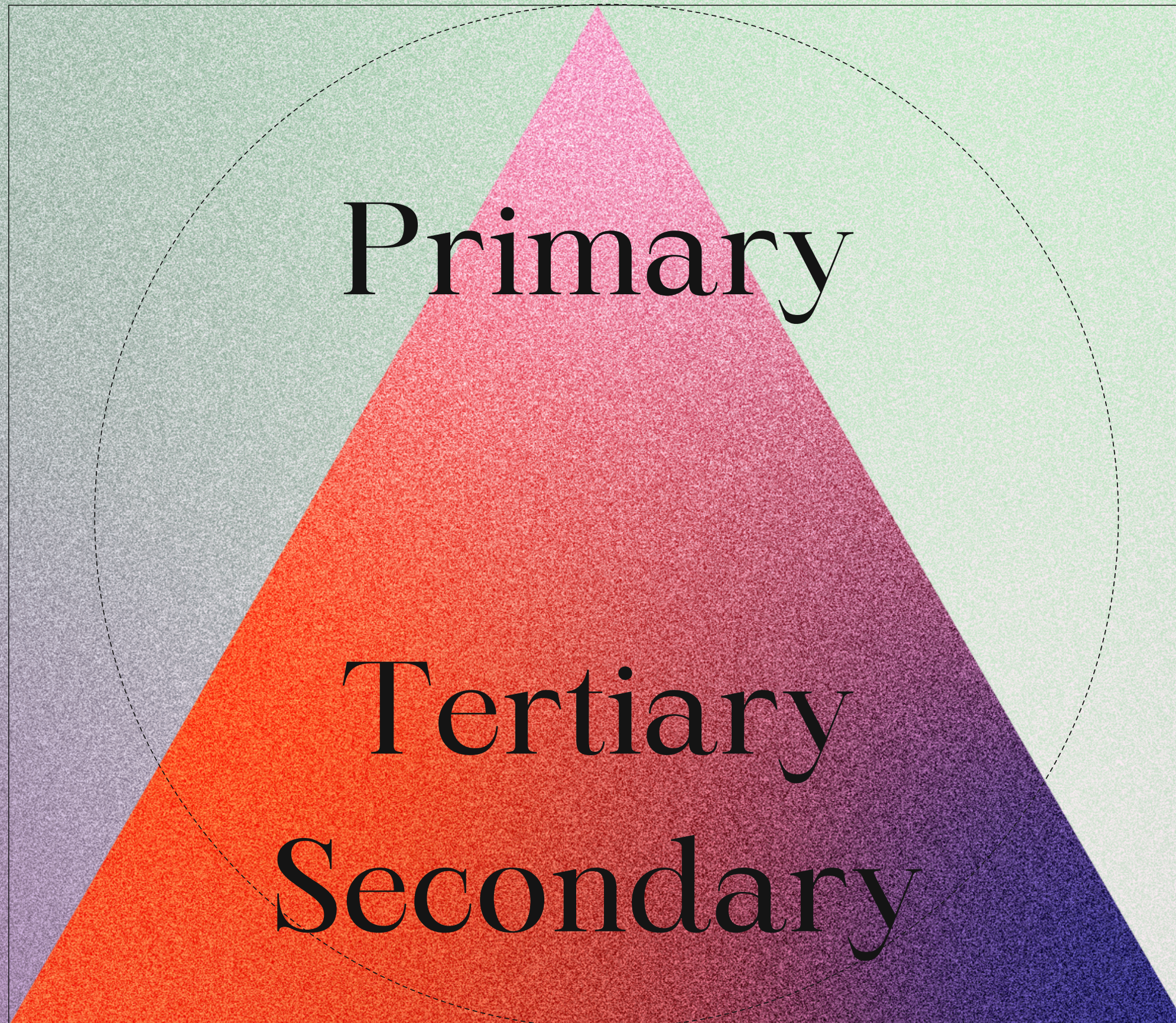
Where do you think the work you
are currently tasked with falls?



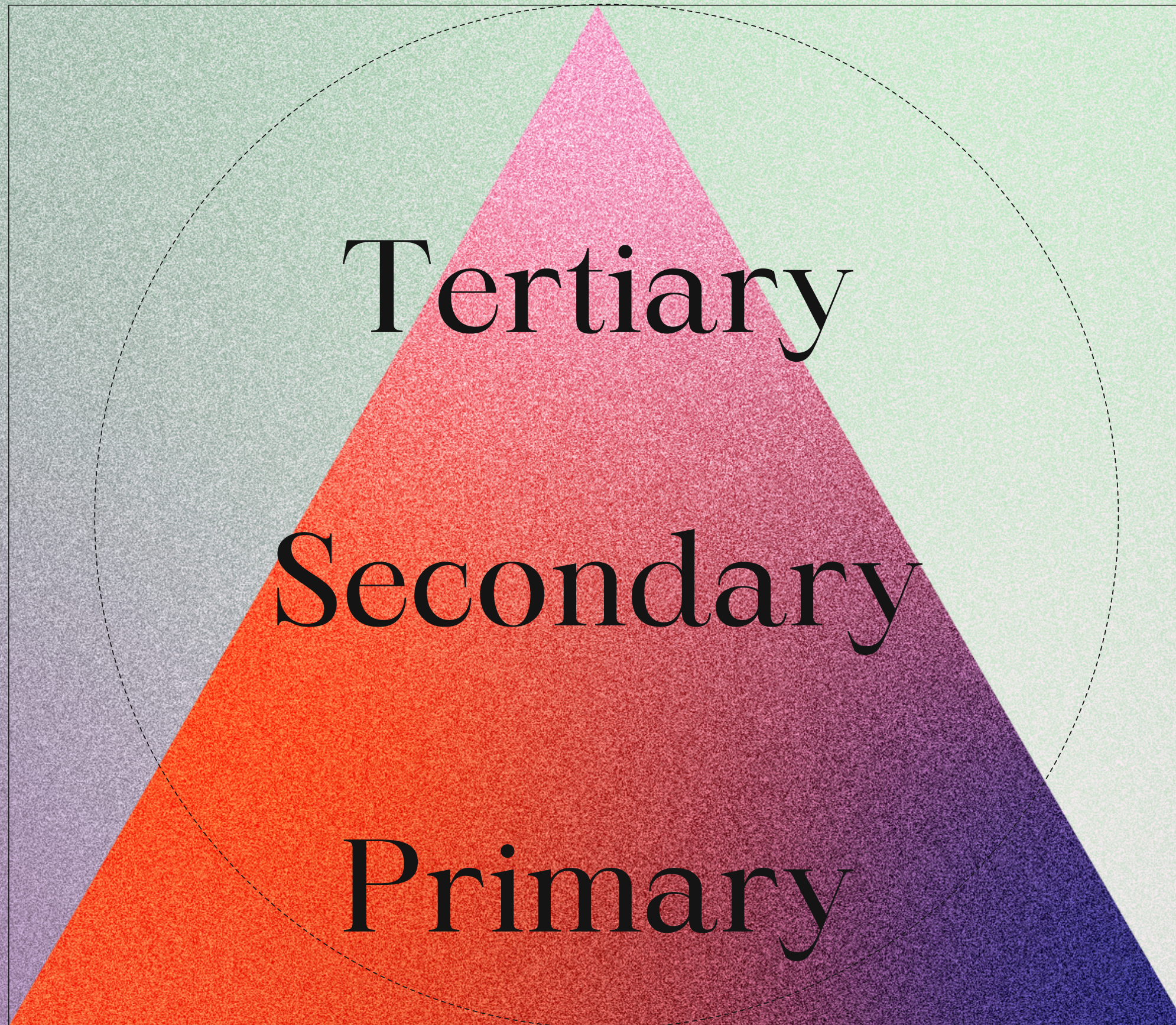
Break-out room moment

How might our violence prevention work look if every system and practitioner & policy maker shared these definitions of prevention?





The biggest investments are often in tertiary and secondary prevention efforts.



What would it look like if we flipped the script?

INVITING NERVOUS SYSTEM BALANCE

When engaging in violence
intervention & prevention work,
bringing intention to our well-being is
critical.

- grounding practice that works for you
(body, heart, mind)



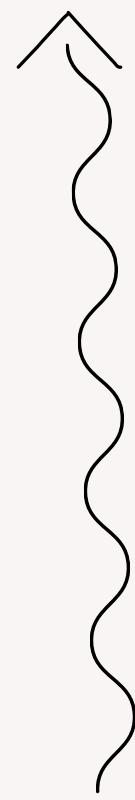
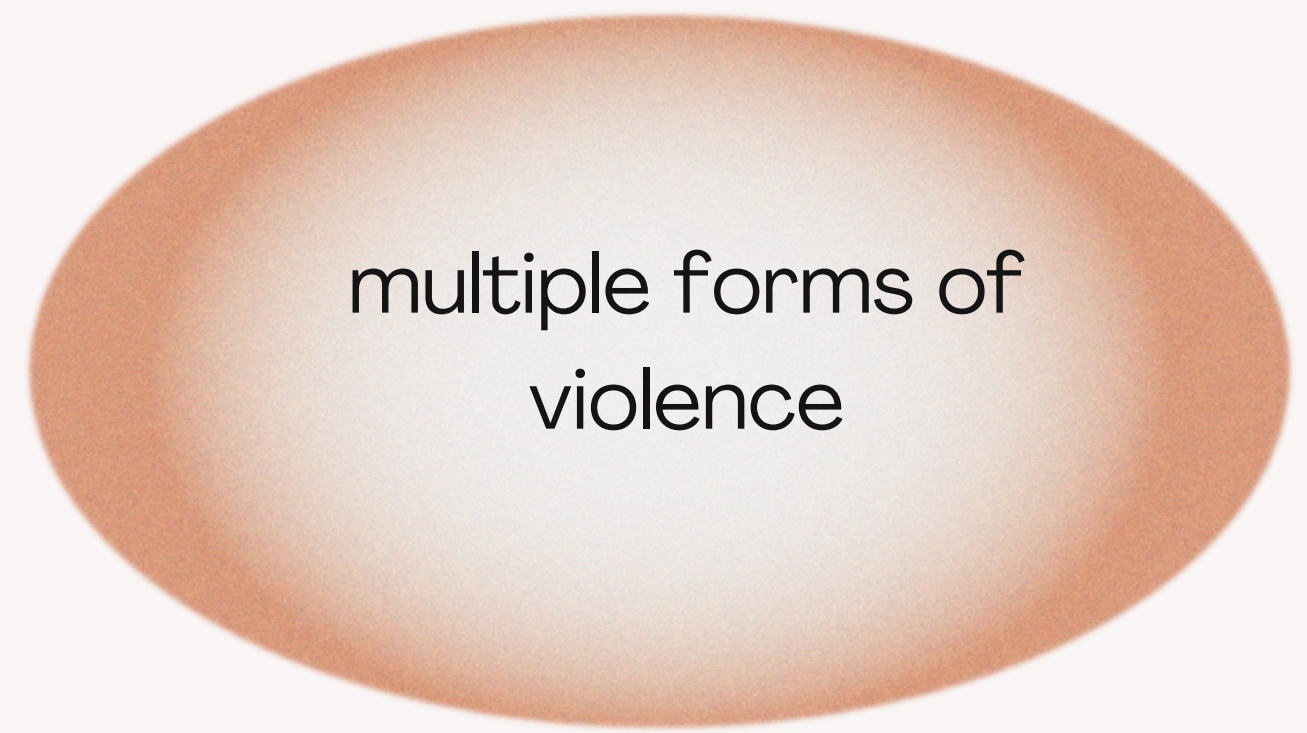
Primary Prevention & Policy



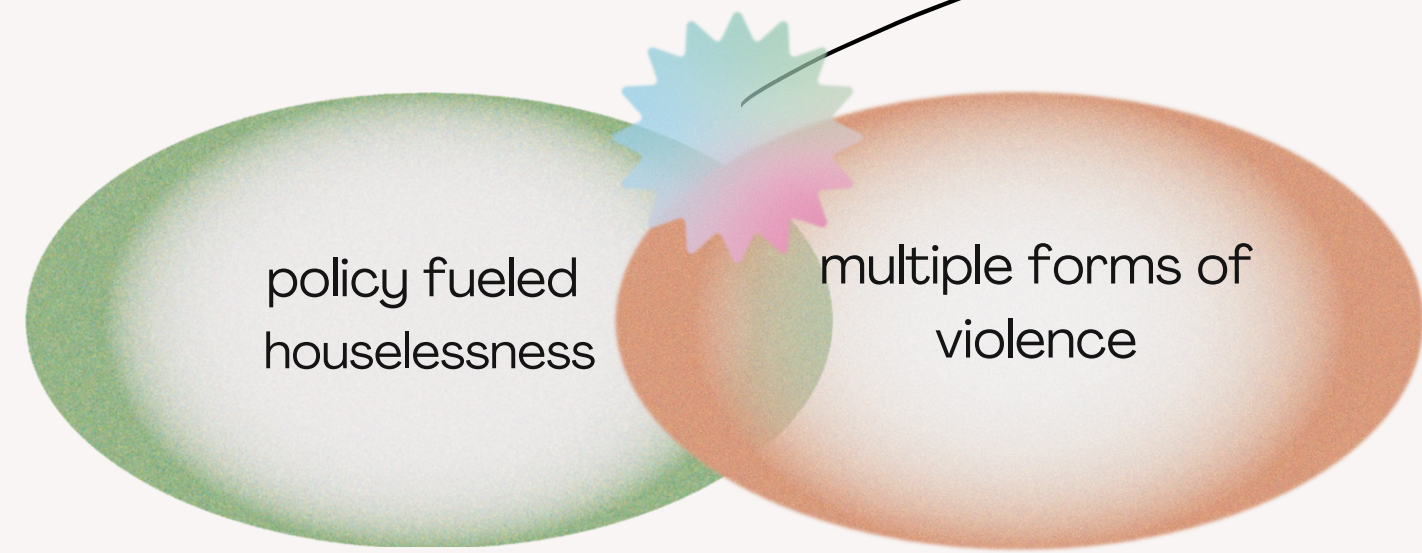
“Neighborhoods where there is low cohesion, or where residents don’t support and trust each other, are more likely to have residents that also experience child maltreatment, intimate partner violence, and youth violence.”

Wilkins, N., Tsao, B., Hertz, M. F., Davis, R., & Klevens, J. (2014). Connecting the dots: An overview of the links among multiple forms of violence. Centers for Disease Control and Prevention/The Prevention Institute.






Local example





**What policy
solutions live here?
sample ideas**



Housing & urban planning policy that caps corporate development profit in favor of affordable housing

Policy that elevates the expertise of currently and formerly unhoused people with different experiences, including with violence



Capping alcohol outlet density

Increasing equitable distribution of green space and other neighborhood investments



Policy that planfully fills gaps across the spectrum of prevention

Wage increases as violence prevention AND houeslessness prevention



Redesigning public school funding structures in favor of schools in marginalized neighborhoods

Universally accessible, free, trauma informed preschool



Individual level interventions

...are necessary...and most often lead to individual level change rather than fundamental shifts in the conditions that fuel the problem.



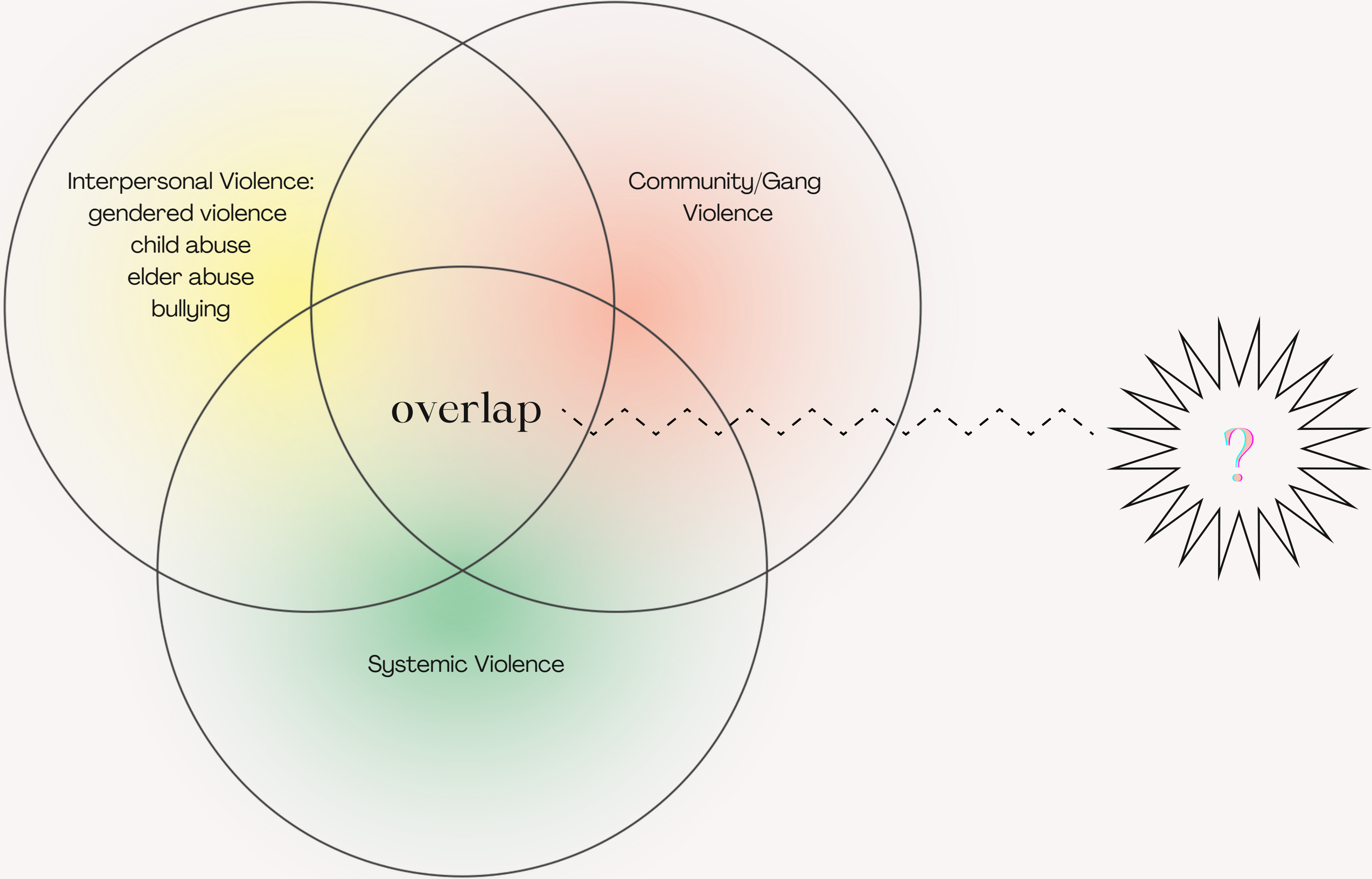
We must decenter
white comfort to
get to the most
dynamic policy
solutions.



Develop your primary prevention lens.

"Does this change the conditions that contribute to violence perpetration and victimization?"



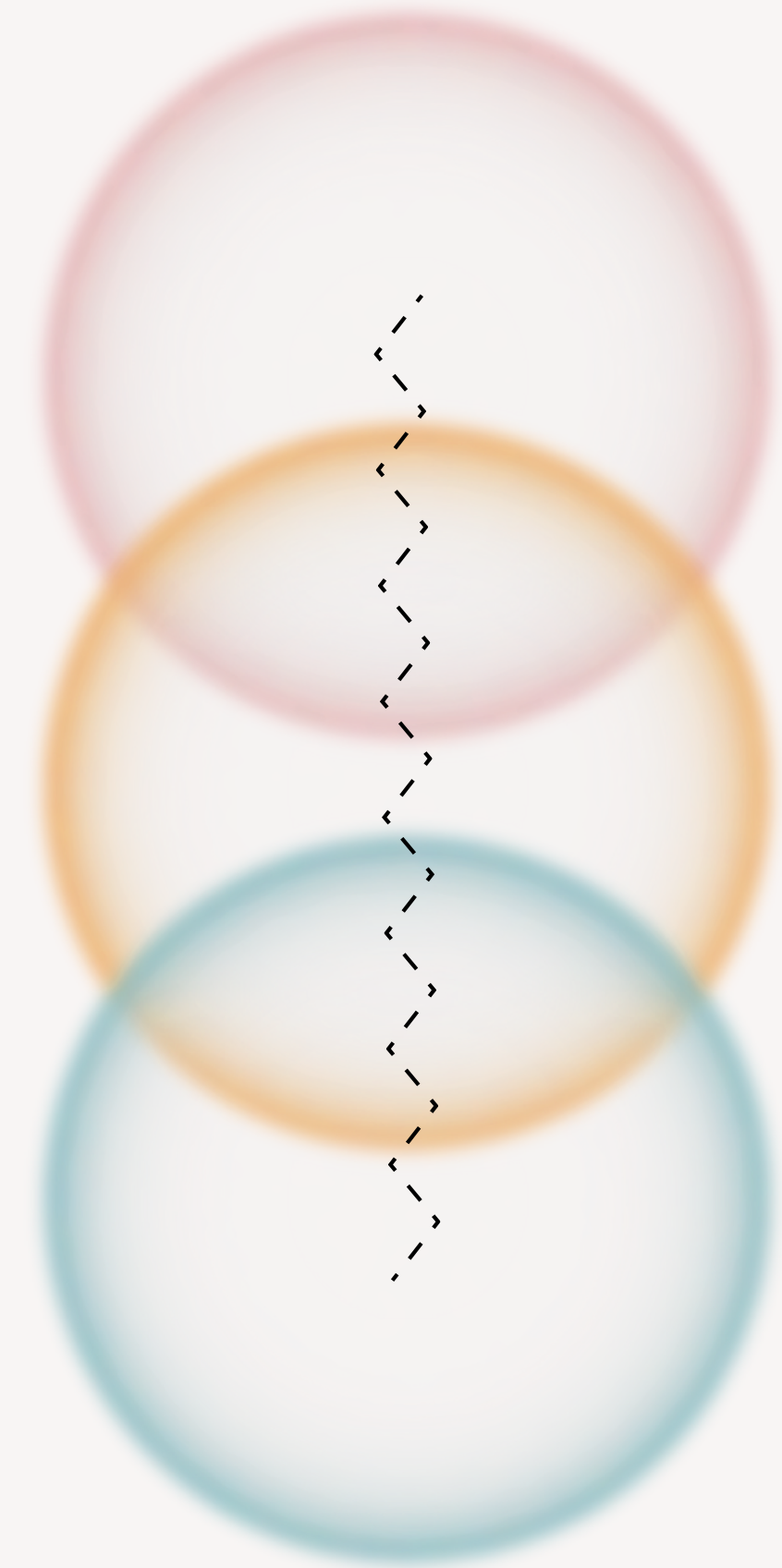


We can “advance critical justice frameworks that answer key questions about what we might invest in to keep individuals safe; how we might help neighborhoods thrive; and how we might create structural changes that shift power in our society such that violence and victimization are minimized.

More than rhetorical questions and naively optimistic strategies, these are real issues that must inform any discussion of the future of justice policy.”


Beth E. Richie; The Effects of Violence on Communities: The Violence Matrix as a Tool for Advancing More Just Policies. *Daedalus* 2022; 151 (1): 84–96.

doi: https://doi.org/10.1162/daed_a_01890



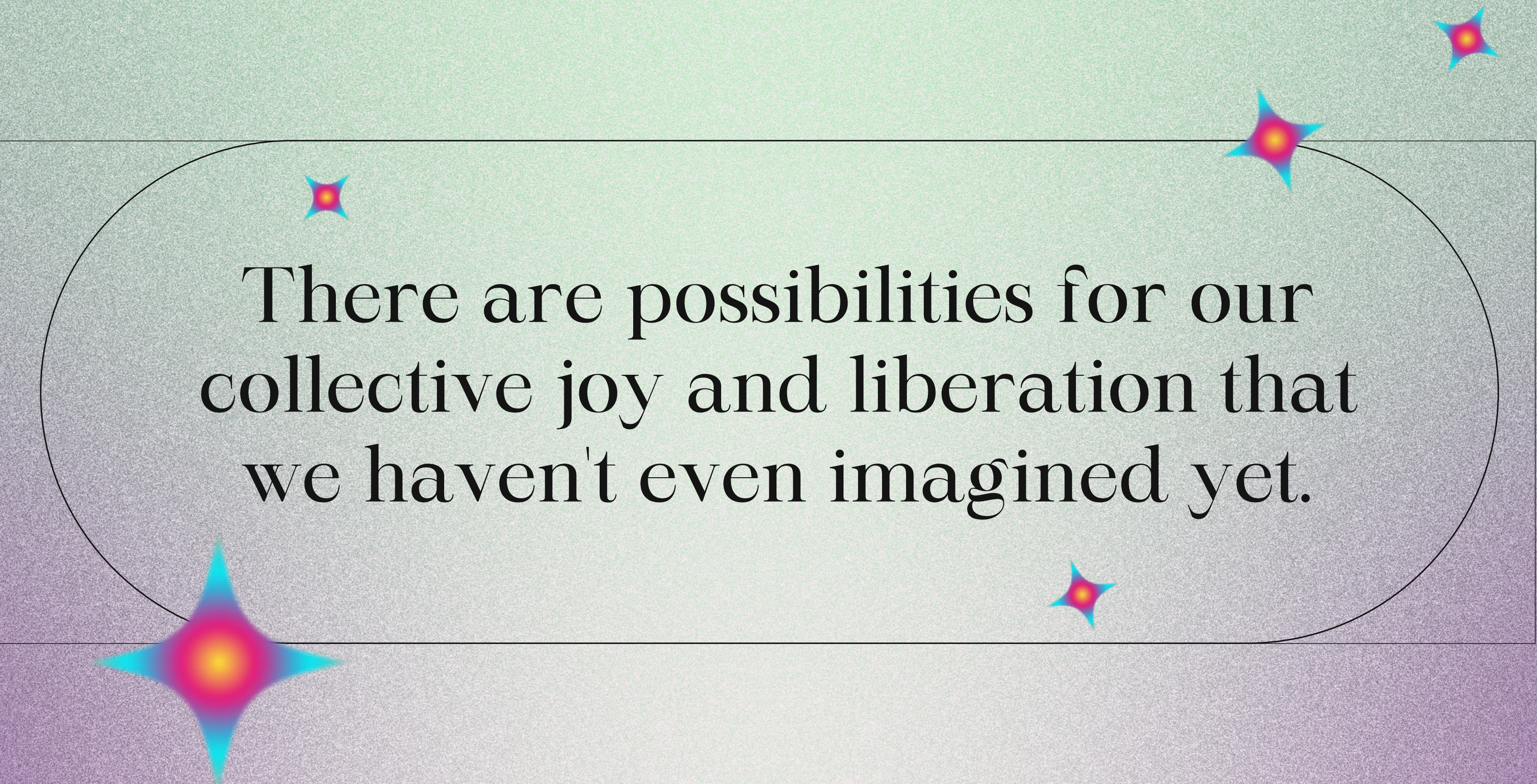
creating environments
where safety is
achievable

- What's going on in our relationship & environment?
- How do we plan to navigate inevitable conflict?
- How do we set parameters for repairing harm?
- Can we foster both/and thinking?
- How do our people know that diversity of experiences & identities is an asset to our work?



creating collective
well-being where
everyone gets to thrive

- How are we centering JOY and well-being for marginalized survivors?
- What would it look and feel like if Black trans women had equal access to safety?
- Where and how can we get more intersectional?
- What does it look like to share power and material resources with diverse survivors?



There are possibilities for our
collective joy and liberation that
we haven't even imagined yet.

Contact Information

collectiveactionconsulting@gmail.com

www.collectiveactionconsulting.squarespace.com

www.journalasaltar.com

[@journal.as.altar](https://twitter.com/journal.as.altar)