Multnomah County Racial and Ethnic Approaches to Community Health (REACH) Program Action Communities for Health, Innovation and Environmental Change (ACHIEVE) Coalition Meeting Date: June 4, 2025 from 9:00 A.M. - 11:00 A.M.

In-Person: Play Grow Learn Farm 13949 SE Stark Street, Portland OR 97233

Presenter	Agenda Item	Time
	Commute to Play Grow Learn Farm	8:15 AM -8:45 AM
All	 Welcome Sign-In Overview of Men's Mental Health Month 	8:45 AM - 9:10 AM
Anthony & Germaine, Play Grow Learn	 Farm Tour Play-Grow-Learn CSA Program 	9:15 AM - 9:35 AM
ALL	Food + Networking	9:35 AM - 9:50 AM
ALL	 Black Men's Mental Health Panel Q & A Next Steps: What are our priorities around men's health? 	9:50 AM - 10:30 AM
Taylor Steenblock, Multnomah County Department of Community Services	Vance Vision Plan	10:30AM - 11:00AM
All	 Discussion: Spring + Summer Events REACH EVENTS WEBSITE Please complete the REACH Agenda Request Form (Share, spotlight and highlight work) Review action items and next step & Adjourn Meeting 	11:00 AM

2025 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.

May 7, June 4, July - No Mtg, Aug. 6, Sept 3, Oct. 1, Nov. 5, Dec. 3

Please let us know if you can present by completing the <u>REACH Agenda Request Form</u>

Reminders - Upcoming Multco REACHing US Programmings + Events.

- Come Thru Market (May October)
 - o comethrupdx.org
 - Starting in June, 1st and 3rd Mondays, 3:00 p.m. 7:00 p.m.
 - o 831 SE Salmon St. Portland, OR 978214

REACH Walks for Health

- NE Portland
 - Location: 2201 Lloyd Center Portland, Oregon 97232 (Level 1 far east end of mall)
 - Dates: Tuesdays 1-2PM
- NE Health Center
 - Location: 5329 NE Martin Luther King Jr., Blvd. Portland, Oregon 97211 (1st floor lobby)
 - Dates: Mondays 4:30-5:30 PM
- East Portland Community Center
 - Location: 460 SE 106th Ave. Portland, Oregon 97216
 - Dates: Thursdays 5:30-6:30 PM (meet in lobby)
- Cully Park
 - Location: 5810 NE 7nd Ave. Portland, Oregon 9220

■ Dates: Saturdays 1:00PM

- Breaking the Habit Together YOUR Health is OUR Health
 - Location: NE Health Center | 5329 NE MLK Jr. BLVD, Portland, OR 97211
 - o Dates: Fridays 9AM-4PM | Circle of Support Group 11AM 12PM
- Juneteenth Reclaiming Black Joy 2025
 - June 19, 12:00 to 6:00 PM at Vance Park 1400 SE 182nd Ave 97233
- REACHing Us People's Farmers Market
 - Sundays from June 22 through November 2, from 1:00 to 5:00 PM at the East County Courthouse lot 18480 SE Stark St 97233

RSV Resources:

- Respiratory illness season talking points regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV English and Spanish
- Coping with respiratory illness season
- Clean and disinfect
- Protect yourself from RSV <u>English</u> and <u>Spanish</u> (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
 - o Children and common respiratory infections: COVID-19, flu, RSV and the common cold
 - RSV expected to strain pediatric hospitals in Oregon
- CDC RSV pages
- Caring for children with RSV
- OHA video

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.