

# Adult Care Home Program Newsletter

## June 2023

### Adult Care Home Conference Relaunch

Dear Providers,

I have some exciting news. The ACHP is relaunching its Adult Care Home Conference!

**The conference will be held at OMSI on Monday, September 25.** Cost is \$85.

Attendees will receive eight Continuing Education Units.

The event will provide learning sessions, networking opportunities, breakfast and lunch.

This year, the conference has a unique twist: the ACHP is renting out all of OMSI so that caregivers can bring residents to visit the museum for free! In September, the featured exhibit will be on orcas. The Oregon Museum of Science and Industry is a favorite of Oregonians young and old. The exhibits are designed to be enjoyed by all ages, and are appropriate for most I/DD, APD and MHA residents.

OMSI is very popular and is often crowded with families and children. This event provides a quieter environment for residents to explore the exhibits.

Operators who arrange for caregivers to bring residents will receive a discounted rate.

While planning the relaunch, we reviewed feedback from previous conferences. The last time the conference was held, parking was an issue. At OMSI parking is free and right next to the museum.

We are scheduling speakers to talk about some unique subjects that haven't been covered at past conferences, including financial wellness, marketing your care home, and attracting and retaining caregivers. Our goal is to provide learning topics that are relevant and applicable to your care home business.

We've all been dealing with a pandemic on top of the daily stressors of life. Running an adult care home is not an easy job. We hope that this conference provides some much-needed fun for providers and residents, as well as learning opportunities.

Keep an eye out for an email sharing the sign up form!

Steven Esser  
Program Manager

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### Join the ACHP in Celebration of Pride!

June is Gay Pride or LGBTQ+ Pride Month! It honors the 1969 Stonewall Riots, a turning point in the gay rights movement in the US.

The Portland Pride Parade will be held at the Tom McCall Waterfront Park on Sunday, June 16 at 11 a.m.

You can also see it on the [Pride Northwest YouTube channel](https://www.youtube.com/pridenorthwest)  
[youtube.com/pridenorthwest](https://www.youtube.com/pridenorthwest).

For more information, visit [Pride Northwest portlandpride.org](https://www.prideportland.org).

## Why do we Celebrate Juneteenth?

Juneteenth is the newest federal holiday in the US, and the country's second independence day. It celebrates the end of slavery in the US. Although Black communities have celebrated Juneteenth for years, it did not become a federal holiday until 2021.

Juneteenth was not a holiday when your residents were young, so they may have questions about it. Many people don't know about the origins of Juneteenth.

## The History of Slavery and Freedom

The Fourth of July celebrates the Declaration of Independence in 1776. However, the declaration did not provide freedom for slaves throughout the colonies.

The Civil War was fought over the conflict of slavery. President Abraham Lincoln issued the Emancipation Proclamation on January 1, 1863. It freed "all persons held as slaves." However, this famous declaration did not result in immediate freedom.

On April 9, 1865 the Civil War ended. News about the end of slavery reached Texas on June 19, 1865. In Texas more than 250,000 people were enslaved. Now they were free. Juneteenth is a combination of June and 19.

Slavery had ended in the US, but it continued in other parts of the world. The United Nations abolished slavery after World War II, in 1948. The Islamic Republic of Mauritania, in Northwest Africa, was the last country to declare an end to slavery in 1981. Although slavery is illegal, it continues to this day in some parts of the world.

## Let's Celebrate Freedom

What's the best way to celebrate Juneteenth? It's a great time for a barbecue, house party or block party! These Portland Juneteenth festivities are free or low cost:

- Sat. June 10: [Zenger Farms Juneteenth Celebration](https://zengerfarm.my.salesforce-sites.com/Camp/CnP_PaaS_EVT_ExternalRegistrationPage?event_id=a1l6f00002aetAPEAY&)
- Friday, June 16: [Juneteenth Cookout](https://travelportland.com/event/43211933276238)
- Sat. June 17: [Juneteenth Parade/Festival](https://allevents.in/portland/2023-juneteenth-oregons-51st-annual-parade-and-festival/200024611772411)

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## I/DD Advisory Committee Seeks New Members

This is an opportunity to share your perspective and experience, and provide feedback, comments and concerns. The committee advises the director of the county's I/DD Services Division on community needs and priorities, including:

- Informing agency procedures
- Assisting in planning, reviewing and evaluating services
- Discussing effectiveness of services and issues that affect those receiving services

To apply, contact I/DDSD Manager Courtney Kemmer at 503-988-6271 or [courtney.kemmer@multco.us](mailto:courtney.kemmer@multco.us).

## Training and Support

*Most sessions offered via webinar.  
To register call 503-988-3000 or email  
advsd.adult.carehomeprogram@multco.us.  
Specify the training name and date.*

### In-Person Provider Meeting

**Topic:** The Ins and Outs of Case Management, APD, I/DD and MHA service coordination.

**Date:** Wednesday, June 28

**Time:** 1 – 4 p.m.

**Cost:** \$30 (3 CEUs)

**Location:** Sharron Kelly Room  
600 NE 8th St.,  
Gresham, OR 97030

### Record Keeping Part A, Screening and Care

**Planning:** Required for APD and MHA operators, resident managers and shift managers.

**Date:** Thursday, June 22

**Time:** 9 a.m. – 12:30 p.m. (Sign-on 8:50 a.m.)

**Cost:** \$30

**Orientation:** Required for operator, resident manager and shift manager applicants.

**Date:** Wednesday, July 5

**Time:** 9 a.m. – 3 p.m. (Sign-on 8:50 a.m.)

**Cost:** \$55

These classes are required for operators, resident managers and shift managers within the first year of licensure or role approval:

### Record Keeping Part B, Medication Mgmt

**Dates:** Thursday, June 8 & Tuesday, June 27

**Time:** 9 a.m. – 12:30 p.m. (Sign-on 8:50 a.m.)

**Cost:** \$30

### Emergency Preparedness Planning

**Date:** Tuesday, June 13

**Time:** 9 a.m. – 12:30 p.m. (Sign-on 8:50 a.m.)

**Cost:** \$30

### Honoring Diversity

**Date:** Tuesday, June 20

**Time:** 9 a.m. – noon (Sign-on 8:50 a.m.)

**Cost:** \$30

## Changes to OIS Certifications Affect New Applicants and Recertification

Beginning last month, changes to Oregon Intervention System (OIS) certifications put new responsibilities onto course applicants. If you work with residents who have challenging behaviors, you need to be aware of these changes because they impact the training of you and your staff. **These changes do not affect current OIS certification, but they will affect you when you get recertified.**

### 1. OIS General Certification no longer includes hands-on restraint techniques.

Now OIS General Certification only covers restrictive measures of body positioning/physical positioning. New applicants who receive OIS General Certification are not allowed to restrain residents.

### 2. OIS Crisis Certification applicants must choose to be trained in physical restraint techniques, and find an instructor who provides this level of training.

If you need to learn hands-on restraint techniques for your job, you will need to be clear with the instructor that you would like to be trained in those techniques before you sign up for the course. Restraint techniques will no longer be provided in all OIS Crisis Certification courses. Find more information and a list of restraints at:

[Changes to OIS Certifications Affect New Applicants and Recertification](https://multco.us/adult-care-home-information/change-s-ois-certifications-affect-new-applicants-and-recertification)  
[multco.us/adult-care-home-information/change-s-ois-certifications-affect-new-applicants-and-recertification](https://multco.us/adult-care-home-information/change-s-ois-certifications-affect-new-applicants-and-recertification)

## COVID-19 Regulations

**COVID-19 Information for Providers:**  
[multco.us/adult-care-home-information/covid-19-information-adult-care-home-providers](https://multco.us/adult-care-home-information/covid-19-information-adult-care-home-providers)