

Fertility Care

Starting fertility care is a big step, and you don't have to do it alone. We're here to help you through your journey. We provide most fertility services at Kaiser Permanente locations to make your journey smoother. If you need more specialized care, we'll connect you with one of our trusted partners. Our goal is simple – to help you build the family you've been dreaming of.

What to know first

If any of the following apply to you, you can schedule an initial visit with a fertility nurse, see **Step 2** for scheduling.

- If you're 35 or older and have tried for 6 months or more to conceive.
- If you're younger than 35 and have tried for 1 year or more to conceive.
- Documented or reported ovulatory dysfunction (polycystic ovary syndrome), oligomenorrhea or abnormal menses.
- History of infertility which was successfully treated previously.
- Using a partner/sperm donor.
- Couples with sexual dysfunction or unable to have penetrative intercourse.

Fertility pharmacy coverage

If your fertility pharmacy coverage has a limit, you must get your fertility medicine from a Kaiser Permanente Kaiser Permanente pharmacy until your limit is reached.

When you reach your pharmacy benefit limit:

- You can use any pharmacy for fertility medicine.
- You pay the full cost of the medicine.
- Claims for fertility medicine will not be covered after the limit.

Treatment cost

- For cost estimates, contact Member Services at 1-800-813-2000.
- For the cost of services outside of Kaiser Permanente, contact your treating provider.
- If your plan covers assisted reproductive technologies (ART), a referral is needed for our contracted providers.

Step 1: Benefit verification

To see what is covered under your benefits for treatment and medication:

- Check your Evidence of Coverage (EOC)
- Or call Member Services at 1-800-813-2000 (TTY 711).

Step 2: Scheduling

Before scheduling your first appointment make sure you know what your plan covers.

To make a fertility appointment:

- Call ob-gyn at 1-855-285-4246.
- Or self-schedule on kp.org. Choose ob-gyn, then fertility.

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Step 3: First appointment

Your first visit with a Kaiser Permanente fertility nurse can be done by phone or virtual visit.

At this visit, the fertility nurse will:

- Take a detailed medical history of you and your partner, if needed.
- Review pricing with you.
- Order lab or imaging tests if needed.
- Schedule an appointment with a fertility clinician if needed.

Step 4: Tests

Kaiser Permanente test locations For more info visit kp.org/locations	Labs Semen analysis Weekdays, 9 a.m. to 5 p.m.	Imaging X-ray Ultrasound	IUI (intrauterine insemination)
Oregon			
Beaverton Medical and Dental Office	X		
Interstate Medical Office	X	X	X
North Lancaster Medical Office	X		
Skyline Medical Office	X		
Sunnyside Medical Center	X	X	
Westside Medical Center	X	X	
Washington			
Cascade Park Medical Office	X		
Longview-Kelso Medical Office	X		

If your lab order comes from an outside fertility provider, Client Services will:

- Contact you to choose a Kaiser Permanente lab.
- Fax the order to the lab you choose.

Step 5, if needed: Partner locations for specialized treatment

Portland metro area:

- Pinnacle 877-567-4494
- Spring Fertility 971-429-6000

Lane County area:

- Fertility Center of Oregon (Women's Care)
541-683-1559

A referral is needed for a first visit to an external fertility provider. The external fertility provider will then submit your treatment plan for prior authorization for continued services.