GENDER PATHWAYS CLINIC AT KAISER PERMANENTE

# "Since coming out, this is the safest that I have ever felt." —A.C.



# At Kaiser Permanente, we understand that everyone's path to wellness is unique.

That's why the Gender Pathways Clinic offers a variety of skilled treatment options that start with equally skilled listening.

Consultations are given in a safe, compassionate environment, with the knowledge and belief that as your path begins, your goals may change, and that the closer you move toward your authentic life, true health will follow.

## **GENDER PATHWAYS CLINIC SERVICES:**

- Information and referrals
- Education and preparation for transition-related care

#### **MEDICAL SERVICES:**

- Primary care
- Hormones
- Pubertal suppressants

#### SURGICAL SERVICES:

- Top surgery (chest contouring and breast augmentation)
- Orchiectomy
- Hysterectomy

- Oophorectomy
- Chondrolaryngoplasty (tracheal shave)
- Metoidioplasty (in partnership with OHSU)
- Phalloplasty (in partnership with OHSU)
- Facial gender confirmation surgery (in partnership with OHSU)
- Vaginoplasty (in partnership with OHSU)

## OTHER GENDER-AFFIRMING SERVICES:

- Gender-affirming counseling
- Hair removal (facial and genital via electrolysis)
- Voice training
- Community navigator
- Social work services

kp.org/genderpathways/northwest

"The Gender Pathways Clinic was created to provide multidisciplinary care for our gender-nonconforming and transgender patients. Our main goal is to provide safe and affirming care. We realize that gender is a spectrum and treatment is therefore a spectrum. We respect where every patient is on that spectrum and that goals may change over time. Our medical home provides counseling, social services, specialty hormone care, and surgical care to support patients throughout their journey."

-Stephanie Detlefsen, MD, Department Chief for Gender Pathways Clinic

# **GENDER PATHWAYS CLINIC HOURS:** Weekdays: 8 a.m. to noon, 1 to 5 p.m.

# HOW DO I MAKE AN APPOINTMENT?

## Call **503-249-6748** or **1-800-813-2000** (TTY **711**).

Visit **kp.org** to make an appointment online. For appointment reason, select "Gender Pathways."

# HOW DO I GET IN TOUCH WITH THE GENDER PATHWAYS CLINIC?

Gender Pathways Clinic: 503-249-6748

Department fax: 503-249-5528

Address: 3550 N. Interstate Ave., Portland, OR 97227

Kaiser Permanente follows the World Professional Association for Transgender Health (WPATH) standards of care.

# **GENDER PATHWAYS CLINIC**

AT KAISER PERMANENTE



# Members may wait for their appointment in or near the clinic.

Our Gender Pathways Clinic is located in our Interstate Medical Office East at 3550 N. Interstate Ave. To learn more or to schedule an appointment, call **503-249-6748** or **1-800-813-2000** (TTY **711**).

## **DISABILITY OR FMLA FORMS:**

- We can only sign off on forms for Gender Pathways Clinic treatments.
- Make sure your Kaiser Permanente medical record number is on the forms.
- Please send all forms to Release of Medical Information Services.
  - o Phone: 503-571-5051
  - o Fax: 503-571-2624

