

WARNING: TURMERIC MAY CONTAIN LEAD



LEAD IN TURMERIC

Some turmeric bought in South Asian countries may contain lead — a poisonous metal that can harm people if it enters the body.

WHO IS AT RISK?

Young children and pregnant women are most at risk of lead poisoning because it can hurt normal brain development.



WHAT CAN YOU DO ABOUT IT?

- Buy local turmeric at a major U.S. market.
- Test your family for lead. Ask your doctor for a blood lead test.
- Test your turmeric. Call the Multnomah County Leadline at 503-988-4000 for options.



Questions?
Visit www.leadline.org
or call 503-988-4000

