

Multnomah County [Racial and Ethnic Approaches to Community Health \(REACH\) Program](#)
[Action Communities for Health, Innovation and Environmental Change \(ACHIEVE\) Coalition](#) Meeting

Date: March 5th, 2024 **from** 9:00 A.M. - 11:00 A.M.

Virtual: [HERE](#) is the Video Link to Join Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
	Virtual Coffee/Tea/Hot-Chocolate Time	8:45 AM - 9:00 AM
All	<ul style="list-style-type: none"> Welcome Music Roll Call (Enter into the chat - Enter Name, Organization, Icebreaker) <ol style="list-style-type: none"> What are the top 3 things that are on your mind everyday? What is missing in our community? What are some healthy habits you are trying to build for 2025? https://www.britannica.com/quiz/exploring-africa-fact-or-fiction 	9:00 AM - 9:20 AM
Haoua Dogo	<ul style="list-style-type: none"> ACHIEVE Mission/Vision Final Asset Mapping Activity 	9:20 AM - 9:40 AM
Carrie Roberson, Multnomah County	<ul style="list-style-type: none"> Healthy Heart Ambassador + Upcoming Events 	9:40 AM - 9:50 AM
Cindy Shepard, Multnomah County	<ul style="list-style-type: none"> Colorectal Cancer + Other Updates 	9:50 AM - 10:00 AM
#MoveYourWay Break 10:05 - 10:10 (5 min)		
Michael Walker	<ul style="list-style-type: none"> Legislative Updates 	10:10 AM - 10:20 AM
Haoua Dogo	<ul style="list-style-type: none"> The Hidden Impact of Food Dyes and Plastics on Our Health 	10:20 AM - 10:40 AM
ALL	<ul style="list-style-type: none"> Upcoming Community Events + Fliers 	10:40 AM - 10:50 AM
All	<ul style="list-style-type: none"> Discussion: Please complete the REACH + Portland Parks and Recreation Survey to let us know what type of indoor and outdoor programming you are interested in seeing as part of Multnomah County's Active People Healthy Multnomah campaign. Discussion: Upcoming REACH Winter + Spring Events Please complete the REACH Agenda Request Form (Share, spotlight and highlight work) Review action items and next step & Adjourn Meeting 	10:50 AM - 11:00 AM
2025 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M. Jan. 8, Feb. 5, March 5, Apr 2, May 7, June 4 , July - No Mtg, Aug. 6, Sept 3, Oct. 1, Nov. 5 , Dec. 3 Please let us know if you can present by completing the REACH Agenda Request Form		
Reminders - Upcoming Multco REACHing US Programmings + Events. <ul style="list-style-type: none"> Disability Resource Fair <ul style="list-style-type: none"> 11:00 a.m. - 3:00 p.m. SE Works/WorkSource OR 6401 SE Foster Rd. Portland, OR 97206 The Links Black Family Wellness Expo <ul style="list-style-type: none"> 10:00 a.m. - 1:00 p.m. 		

- The Tony Hopson Center for Self Enhancement
- 3920 N Kerby Ave, Portland, OR 97227
- **REACH Walks for Health**
 - **NE Portland**
 - Location: 2201 Lloyd Center Portland, Oregon 97232 (Level 1 far east end of mall)
 - Dates: Tuesdays 1-2PM
 - **NE Health Center**
 - Location: 5329 NE Martin Luther King Jr., Blvd. Portland, Oregon 97211 (1st floor lobby)
 - Dates: Mondays 4:30-5:30 PM
 - **East Portland Community Center**
 - Location: 460 SE 106th Ave. Portland, Oregon 97216
 - Dates: Thursdays 5:30-6:30 PM (meet in lobby)
 - **Cully Park**
 - Location: 5810 NE 7nd Ave. Portland, Oregon 97220
 - Dates: Saturdays 1:00PM
- **Breaking the Habit Together yOUR Health is oUR Health**
 - Location: NE Health Center | 5329 NE MLK Jr. BLVD, Portland, OR 97211
 - Dates: Fridays 9AM-4PM | Circle of Support Group - 11AM - 12PM

RSV Resources:

- [Respiratory illness season talking points](#) - regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV [English](#) and [Spanish](#)
- [Coping with respiratory illness season](#)
- [Clean and disinfect](#)
- Protect yourself from RSV [English](#) and [Spanish](#) (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
 - [Children and common respiratory infections: COVID-19, flu, RSV and the common cold](#)
 - [RSV expected to strain pediatric hospitals in Oregon](#)
- [CDC RSV pages](#)
- [Caring for children with RSV](#)
- [OHA video](#)

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.