

Adult Care Home Program Newsletter

March 2019

Program Manager Letter

Dear Providers,

As we welcome spring and the hope of warmer days, I am reminded that change and growth are a regular part of life. As a community we can create sustainable change that has an impact on residents' quality of life. The ACHP wants to re-confirm our commitment to a collaborative partnership with providers. We look forward to finalizing our goals from the last community meeting and scheduling the next community meeting. A survey insert is included in this newsletter. We value your feedback, please take a few minutes to share your experience.

Program Updates:

Next Steps in the 18 Month Goal Plan:

Drafts of the Rule Evaluation, Paperwork Reduction, Self Audit/Renewal Readiness Tool and Rule Interpretation Guide will be sent via email to providers for feedback. Your feedback will be used by the groups to finalize the tools.

In addition, we are enclosing an insert for anonymous feedback.

We hope the changes over the last year have made some positive impact and addressed provider's requests for more accountability and transparency.

Staff Updates: Dana Rae Parker has left the program. Look for an opportunity to sit on a hiring panel for Licenser, Monitors and Placement Specialist interviews.

Felicia Nelson
Program Manager

Just Ask

1. Question: What food needs to be dated when placed in the freezer?

Answer: Food placed in the freezer that is not purchased frozen or does not have its own expiration date. For example, bulk meats re-packaged at home and leftovers should be dated and the USDA recommendations should be followed for frozen food safety.

2. Question: If I am an operator that is a Qualified Entity Designee (QED) for background checks, do I need to notify ACHP when I complete a background check for my caregivers?

Answer: Yes, to be a qualified caregiver a person must have a ACHP approval letter. Please send your background check approval to the ACHP with the caregiver application.

Note:

For housekeepers and volunteers for which you have completed the background checks you are required to keep, in your records, a copy of the approved background check, so it is available for inspection.

3. Question: I have been told that I am required to store dirty laundry in a covered container?

I reviewed MCAR 023-100-225 and found it confusing. What does "Soiled Linens" mean?

Answer: Soiled linens are dirty clothes, bed sheets and towels. In addition the rules state linens and clothing soiled by human waste shall be emptied daily, and promptly laundered.

Advisory Committee Retreat



Abdissa Edao, Edward Dove, Felicia Nelson, Annie Neal, Jay Scalise, Matt Zimmerman, Denise Osborn, Net Guy, Kathryn Tarries, Kate Gigler, Sadie Noffsinger, Maribeth Sanchez, Laila Tedla, Steve Guy, Joanne O'Connell, Jose Ramirez, Rebecca Miller

Adult care home providers, ACHP, and DCHS staff met for an all day retreat on 1/7/19. Participant's broke into work groups and worked on the remaining goals from the 18 month goal plan. The groups worked together to create tools that providers could utilize in their homes.

Next Steps:

A survey is going out next month to all operators and resident managers to get additional feedback from the community and then those groups will reconvene and finalize the tools.

Ensuring Quality Care Reminder (EQC)

ACHP is offering (EQC) course for caregiver's approved to work in APD care homes in Multnomah County. The cost is \$50.00, the class is 4 full days 8:30 am to 4:30 pm and 1 test day with review from 8:30 am to 4:30 pm. Class dates are April 22, 25, 26, 29th with a test on the 30th. You must attend all training dates for the entire class to get your certificate. Please call 503-988-3000 or email advsd.adult.carehomeprogram@multco.us to sign up.

Pre-Service Dementia Training APD

There is a mandatory dementia care training that all APD direct care staff need to complete, prior to providing care.

Currently, there are only 2 approved classes:

1. Pre-Service Dementia Care Training for Direct Care Staff
<https://oregoncarepartners.com/>
2. Fundamentals of Dementia Care
<https://oachp.org/>

All new providers (caregivers, resident managers and operators) are required to take one of the above classes before providing care. Current operators will be required to complete the training prior to their renewal date. However, all remaining APD providers will need to take the class by 12/30/2019.

The ACHP is expecting to have our own 3 hour Dementia Training.

Music We Remember

Last year at the conference on October 30th, we had the opportunity to hear John Van Beek perform. John has been serving the adult population since 1999. He brings music to adult care homes, memory care communities and assisted living facilities.

Music has the ability to reduce agitation and increase quality of life. Music not only supports older adults as they age, music increases a sense of well-being and can result in a reduction of stress for caregivers.

Please consider adding any music to your home whether live or recorded.

John is one resource who performs music which he can specifically tailor for your home. Contact John at 503-893-2380 or www.musicweremember.co

Training, Testing and Events

Pre-registration is required. Call 503-988-3000 or email adult.carehomeprogram@multco.us

Qualifying Testing

209 SW 4th Ave., Portland

Free / Register online/ Dates online

<https://multco.us/adult-care-home-information/basic-training-qualifying-tests>

All ACHP trainings are held at the Multnomah County East Building located at 600 NE 8th St. Gresham, Sharron Kelley Room, 2nd Floor.

Orientation

Sign-in 8:30-9:00; Orientation 9:00-4:30

\$55.00 check/money order:

March 14th, April 8th, May 6th

Recordkeeping B - Medication Management for Operators Required training for Operators/Resident Managers in first year. Sign in 1:00 pm; Training 1:30-5:00 pm. \$30 Check or Money Order. 3.0 CEUs. **March 18th, May 21st.**

Recordkeeping B - Medication Management for Caregivers. Required for all caregivers who pass medications, work alone or are left in charge. Sign-in 1:00 pm; Training 1:30-5 pm. No Charge. 3.5 CEUs. Sign your caregivers up for one of these upcoming class dates:

April 16th

Emergency Preparedness Planning.

Required for all Operators and Resident Managers in the first year. Sign in 1:00 pm; Training 1:30-4:30 pm. \$30 Check or Money Order. 3.0 CEUs **April 24th**

English Test

The English Test is required for all resident managers and operators, and may be required for some caregivers. There are no training requirements or study materials for this test.

The Adult Care Home Program has partnered with Mt. Hood Community College to offer this test for ACHP applicants.

The test includes a reading assessment and a listening assessment. The cost is \$10 (\$5 per assessment). Testing is offered in 2 locations and testing times are available Monday through Saturday.

More information can be found here;

<https://www.mhcc.edu/MCACHtest/>

Provider meeting - Individual Support Plan Operator Responsibility for

Documentation - Presented by Natascha Hottges-Oritz (Licenser) and Edward Dove (Licenser). Learn how to address risks, create Protocols and Plans as part of the ISP. Sign in 8:30 am; Training 9:00 am - Noon. Check or Money Order. 3.0 CEUs.

March 18th

Provider meeting - Train the Trainer; Communication and Behavior

- Presented by Shelly Edwards. Shelly will provide an opportunity for operators to gain the knowledge and skills to train their staff in understanding the different aspects of communication and tools in providing person centered care. Sign in 1:00 pm; Training 1:30-4:30 pm. \$30 Check or Money Order. 3.0 CEUs.

May 20th

M198

Multnomah County Oregon
Department of County Human Services
Adult Care Home Program
421 SW Oak St., Suite 650
Portland, OR 97204

**PRESORT STD
US POSTAGE
PAID
PORTLAND, OR
PERMIT NO
5522**

RETURN SERVICE REQUESTED

Inside This Issue

Page 1 - Program Manager Letter, Just Ask

Page 2 - Advisory Committee Retreat, Pre Service Dementia Training (APD)

Page 2 - Music We Remember

Page 3 - Training, Testing and Events, English Test