

ACHIEVE/REACH Meeting  
**Action Communities for Health, Innovation and Environmental Change**  
**Racial and Ethnic Approaches to Community Health**  
 Wednesday, March 1, 2023  
 9:00 am-11:00 am  
 Location: Virtual

**Attendees:** Haoua Dogo, Sonja Hendrix, Stephanie Blume, Charlene McGee, Cindy Shepard, Mikayla Hill, Quete Capuia, Carrie Roberson, Tholanda Newborne, Michael Walker, Derek Smith, Mossie Ogilvie, Edline Francois, Susan Van't Hof, Desha Reed-Holden, Germaine Flentroy, Anthony Bradley, Sabrina Villemey, Vanessa Chambers, Willie Chambers, Rasha Burns, Gabrielle Penn, Cherish Wanter, Ruthie Culver, Hermela Demise, Alagia Conwell-Felix, Mary Jo Anderson, Raphael Guzman, Alisha Howard, Darrell Wade, Hudda Osman, Leslie Esinga, Seraya Yamungu, Nabutila Wanbala, Yugen Rashad, Tamara Duncan, Monique Lopez, Ron Weaver, Charles Smith, Charles Fennell, Alivia Felciano, Safari Ndongwa, Jay Higgins, EECRC, Izzy Armenta, Linda Bryant-Daaka, Denise White, Laura Schaffer

**Guests:** Dr. David Griffin, Josh Maher, Soie Wesenberg, Hannah Williams, Marc Harris, Claire Nystrom

Agenda Item	Key Discussion Points	Next Steps/Action Items
<p><b>Welcome &amp; Introductions</b></p> <ul style="list-style-type: none"> <li>● Roll Call (Enter Name, Organization)</li> </ul>	<ul style="list-style-type: none"> <li>● Welcome Music</li> <li>● Please introduce yourself in the Chat</li> <li>● Reminders of Ramadan                             <ul style="list-style-type: none"> <li>○ respect privacy</li> <li>○ hydrate</li> <li>○ careful when breaking the fast to not eat too heavy</li> </ul> </li> <li>● Women's History Month</li> </ul>	
<ul style="list-style-type: none"> <li>● Multnomah County Grant team update by Marc Harris and Claire Nystrom</li> </ul>	<ul style="list-style-type: none"> <li>● Charlene introduced the new REACH funding cycle and the upcoming application due dates. 1.5 million dollars this upcoming cycle because COVID funding has now been rolled into the grant.</li> <li>● The grant is due April 11, 2023 to the CDC</li> <li>● Focus on Physical Activity and Nutrition</li> <li>● Community Clinical Linkages spread across all Strategies moving forward</li> <li>● Communications spread across all strategies moving forward</li> <li>● Focus on Breastfeeding w/ strategies to improve population overall</li> <li>● a way to interrelate things such as heart disease etc to breastfeeding</li> <li>● Safety and Transportation reports incorporated</li> <li>● Food Sovereignty, and strategies</li> <li>● When we look at the food we are eating, procurement, and standards</li> <li>● Food plays a critical role in chronic diseases and disparities</li> </ul>	<ul style="list-style-type: none"> <li>● Letters of support for the 3/15/2023 deadline (just add your logo and sign and send back to us)</li> </ul>

<ul style="list-style-type: none"> <li>● Dave Griffin, PDM</li> <li>● griffdavemo@comcast.net</li> <li>● 360-903-7556</li> </ul>	<ul style="list-style-type: none"> <li>● Marc and Claire shared the <a href="#">Grant Overview</a></li> <li>● Marc and Claire shared <a href="#">ACHIEVE Presentation</a></li> <li>● <a href="#">Presentation</a></li> <li>● PAD or Peripheral Arterial Disease is the cause of most leg amputations and this is caused by blockage in arteries and the loss of blood flow, usually to your toes, foot, ankle, calf, and lower leg. It can occur in both legs or one at a time.</li> <li>● 150,000 amputations for people with diabetes each year</li> <li>● 60-70% of all lower amputations</li> <li>● Hole in foot -ulcer is usually the cause</li> <li>● 15% get a leg amputations</li> <li>● Quality of life for people after amputation</li> <li>● Big issues: 40% use an artificial leg, the rest suffer pain, too heavy, become wheelchair bound, lose independence, and could be burdensome. Medical cost, job loss, etc</li> <li>● Cost of amputation readmitted for heart problems etc.</li> <li>● Diabetic foot can go away and then return</li> <li>● 88 million have prediabetes</li> <li>● 60% blacks higher rate than whites</li> <li>● Access to quality health care and your income will be factors</li> <li>● Racism underlies the problem</li> <li>● Complications</li> <li>● Younger ages are developing diabetes</li> <li>● Vascularly issues (heart)</li> <li>● Peripheral Arterial Disease (PAD)</li> <li>● Plaque of fatty areas in your arteries</li> <li>● Problems heart, strokes, kidneys</li> <li>● Gradual development, Symptoms mask other things</li> <li>● ABI ankle brachial index should be 1.10-1.40</li> <li>● Ankle bp and arm bp should be the same</li> </ul>	
<ul style="list-style-type: none"> <li>● Josh Mahar</li> <li>● Transportation</li> <li>● I-205 Toll Project</li> </ul>	<ul style="list-style-type: none"> <li>● Tolling <a href="#">More information</a></li> <li>● March 23, 2023, 5-7pm community meeting</li> <li>● Regional Mobility Tolling project</li> <li>● All of I-5 south of the River etc</li> </ul>	

	<ul style="list-style-type: none"> <li>● Discussing mitigation, Webinars, Virtual public hearing, In person outreach, Door-to-door engagement, Libraries, CBO discussion group March 23rd is a focused paid discussion about this project</li> <li>● Looking at a low income toll polling process (does this include senior citizens?) Policies are still being processed</li> <li>● Oregon Transportation Commission- sets the policies</li> <li>● The earliest tolling could start would be late 2024</li> <li>● Abernathy and Tualatin money staying on those projects</li> <li>● Regional mobility pricing project - no idea where the money will be going to, but in general tolling will be used to help pay for operations, improvements that are needed for our systems, transportation projects. No specifics at this time. There is a constitutional restriction where the toll funds must be used on the roadway or alongside the roadway. eg. bus lanes, bicycle lanes</li> <li>● RT starting an environmental study on air quality, gas emissions etc. Looking for specific impacts</li> </ul>
<p><b>Limited time in meeting the agenda was cut short, here are some chat notes from those who were unable to present today.</b></p>	<ul style="list-style-type: none"> <li>● <b>MOSSIE OGILVIE:</b>!m not going to have time to present but here are some resources!</li> <li>● Kizzmekia Corbett Unlocks the COVID vaccine <a href="https://www.nytimes.com/2023/02/09/science/covid-vaccine-kizzmekia-corbett.html">https://www.nytimes.com/2023/02/09/science/covid-vaccine-kizzmekia-corbett.html</a></li> <li>● Resources: People’s CDC <a href="https://peoplescdc.org/category/resources/">https://peoplescdc.org/category/resources/</a></li> <li>● Hip Hop Public Health on boosters <a href="https://www.youtube.com/watch?v=DuB9xtldCXM">https://www.youtube.com/watch?v=DuB9xtldCXM</a></li> <li>● Interview with Dr. Ashish Jha <a href="https://www.medpagetoday.com/opinion/faustfiles/103278?utm_source=stack&amp;utm_medium=email">https://www.medpagetoday.com/opinion/faustfiles/103278?utm_source=stack&amp;utm_medium=email</a></li> <li>● The Truth Check (Media literacy) <a href="https://https://vaccinate.thinkific.com/">https://https://vaccinate.thinkific.com/</a></li> <li>● Healthy Birth Initiative <a href="https://www.multco.us/children-and-family-health-services/healthy-birth-initiative">https://www.multco.us/children-and-family-health-services/healthy-birth-initiative</a></li> <li>● Labor of Love Podcast by the American College of Obstetricians and Gynecologists <a href="https://www.acog.org/covid-19-vaccines-tools-for-your-practice-and-your-patients/labor-of-love">https://www.acog.org/covid-19-vaccines-tools-for-your-practice-and-your-patients/labor-of-love</a></li> </ul>

	<ul style="list-style-type: none"> <li>● Opportunities to Improve Long COVID Care: Implications from Semi-structured Interviews with Black Patients <a href="https://link.springer.com/article/10.1007/s40271-022-00594-8">https://link.springer.com/article/10.1007/s40271-022-00594-8</a></li> <li>● Color</li> <li>● Health OHA free covid medicine</li> <li>● <a href="https://home.color.com/consults/covid_antivirals/request/about?partner=covid-19-treatment-or">https://home.color.com/consults/covid_antivirals/request/about?partner=covid-19-treatment-or</a> or Call 833-273-6330</li> <li>● I will also present COVID-19 info and go over these resources at 1:00-1:30 today: <a href="https://meet.google.com/ont-emhs-zap">meet.google.com/ont-emhs-zap</a></li> <li>● Email me for questions, resources, or to get on the new monthly vaccine newsletter at <a href="mailto:mossie.ogilvie@multco.us">mossie.ogilvie@multco.us</a> :D</li> <li>●</li> </ul>
<ul style="list-style-type: none"> <li>● <b>Upcoming events</b></li> </ul>	<ul style="list-style-type: none"> <li>● CINDY SHEPARD:</li> <li>● REACH Activities: <ul style="list-style-type: none"> <li>● Faith-based Brunch, March 3. - deadline to sign up is today!</li> <li>● Public Health and Civic Literacy Academy for Multco high schoolers - deadline to sign up is March 10th</li> <li>● Information for both can be found at: <a href="https://www.multco.us/reach">https://www.multco.us/reach</a></li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>● <b>Contact info and links shared in the chat</b></li> </ul>	<ul style="list-style-type: none"> <li>● Gabrielle Penn   Program Specialist</li> <li>● Healthy Birth Initiative</li> <li>● Multnomah County Health Department</li> <li>● 📞 503-307-7561   📧 <a href="mailto:gabrielle.penn@mulco.us">gabrielle.penn@mulco.us</a></li> <li>● Cindy Shepard (she/her) <a href="mailto:cindy.shepard8@multco.us">cindy.shepard8@multco.us</a></li> <li>● Marc Harris</li> <li>● <a href="https://docs.google.com/document/d/1aqVIV8kLTTJzyQlosXj-YvkYpniKXI-BEj_gGPLMrIs/edit?usp=drivesdk">https://docs.google.com/document/d/1aqVIV8kLTTJzyQlosXj-YvkYpniKXI-BEj_gGPLMrIs/edit?usp=drivesdk</a></li> <li>● <a href="https://docs.google.com/presentation/d/1PugyDPRJbHlHVAgaw3k8VaLftj1nLQFDlgJ0mFWy65M/edit?usp=drivesdk">https://docs.google.com/presentation/d/1PugyDPRJbHlHVAgaw3k8VaLftj1nLQFDlgJ0mFWy65M/edit?usp=drivesdk</a></li> <li>● Dave Griffin, DPM <a href="mailto:griffdavemo@comcast.net">griffdavemo@comcast.net</a>, 360-903-7556</li> <li>● Raphael Guzman <a href="mailto:rguzman@ecotruster.org">rguzman@ecotruster.org</a></li> <li>● Josh Maher <a href="https://www.oregon.gov/ODOT/tolling/Pages/default.aspx">https://www.oregon.gov/ODOT/tolling/Pages/default.aspx</a></li> <li>● <a href="https://www.multco.us/reach">https://www.multco.us/reach</a></li> </ul>

• **Next ACHIEVE MEETING**

Wednesday April 5, 2023

Transportation CHAT:

Where are these two bridges located?

Michael Walker 10:46 AM

Will this really have an impact on traffic congestion?

Leslie Esinga 10:50 AM

In my experience driving in Dallas, it gives people options on the routes that they want to take to arrive at their destination. They have a choice of whether they want to drive on a toll road or take an alternate route, so the fee does have an impact of the amount of traffic on a road.

Josh Mahar 10:51 AM

More information on the toll projects, opportunity to sign up for newsletter updates and ways to comment:

<https://www.oregon.gov/ODOT/tolling/Pages/default.aspx>

Charlene McGee 10:55 AM

IF the ACHIEVE Coalition could like to submit a letter - We can discuss that.

A Felix 11:01 AM

seems like it could be another stressor for our most vulnerable communities who already had travel barriers.

Raphael Guzman 11:01 AM

This feels like the biggest burden to "chase something different" is being placed on those with the least options place on those with the least options

Hudda Osman 11:03 AM

The tolling wouldn't be equitable for low income households

Raphael Guzman 11:04 AM

Where are the funds going?

Cherish Wantner 11:04 AM

@Ralphel- Thank you. That's my question as well

Derek Smith 11:04 AM

A complex tech registration dependent on credit or debit card is also not ideal for folks working in cash economy. Definitely encourage more convo as a group!

Laura Schaffer - OHA 11:06 AM

Thank you all!

Gabrielle Penn 11:08 AM

I agree Mrs. Vanessa

Hudda Osman 11:08 AM

Agree Mrs Vanessa

Raphael Guzman 11:08 AM

Yes^

Raphael Guzman 11:11 AM

It feels like this decision was made for one reason, and it's being "sold" as another frustrating to see

Leslie Esinga 11:13 AM

Portland is resistant to taxes and tolls in general, but the millions that are necessary for road and bridge repairs has to come from somewhere. I'm not saying this is the way, but it is a way. The timing economically is not the best, but a bridge tax or some form of revenue if I am using the wrong language, between Multnomah and Clark Counties has been a point of contention for years.

Charlene McGee 11:16 AM

This is such a lively conversation! Lots of interest in transportation and tolling. Ms. Sonja - please capture all the notes.

This is such a lively conversation! Lots of interest in transportation and tolling. Ms. Sonja - please capture all the notes.

Leslie Esinga 11:17 AM

And many of these taxes become a burden to homeowners where there is an assumption that because a person is a homeowner that their finances are stable and that they are in an income bracket where they are not maintaining homeownership by the skin of their teeth. That assumption is not true.

Zoie Wesenberg 11:18 AM

Thank you so much for having us.