

]Multnomah County [Racial and Ethnic Approaches to COmmunity Health \(REACH\) Program](#)
[Action Communities for Health, Innovation and Environmental Change \(ACHIEVE\) Coalition](#) Meeting

Date: Wednesday, March 6, 2024 **from** 9:00 A.M. - 11:00 A.M.

Virtual: [HERE](#) is the Video Link to Join Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
	Virtual Coffee/Tea/Hot-Chocolate Time	8:45 AM -9:00 AM
All	<ul style="list-style-type: none"> Welcome Music Roll Call (Enter Name, Organization, What are you looking forward to with spring around the corner? Enter in Chat) 	9:00 - 9:05 AM
Charlene McGee + Cindy Shepard	<ul style="list-style-type: none"> Welcome Message + Greetings REACHing Us: Black History Month Event Video + Recap + Album 	9:05 - 9:15 AM
Team REACH	<ul style="list-style-type: none"> Presentation + Discussion - Overview of REACH 3.0 	9:15 - 9:30 AM
All	<p>Breakout Room, Partners + Staff will split you up into breakout rooms, per strategy area. Will review the new meeting structure, identify training + capacity building needs, ask questions and share upcoming work and programming.</p> <ul style="list-style-type: none"> Nutrition Strategy: Mikayla Breastfeeding: Cindy Physical Activity/Built Environment: Heidi/Michael Vaccinations: Mossie 	9:30 - 10:00 AM
#MoveYourWay Break 10:05 - 10:10 (5 min)		
Mossie	Presentation: REACHing Us: Building our Wellness Toolkit	10:10-10:15 AM
Ms. Carrie Roberson	Sign-Up for Chronic Disease Self Management Classes <ul style="list-style-type: none"> DPP Interest Form DPP Life Coach Training DPP Life Coach Certification Sign Up 	10:15 - 10:20 AM
All	ACHIEVE Coalition Report Out - Partner Update. Share upcoming events and programs. Please enter into chat and and/or raise your hand to recognize <ul style="list-style-type: none"> Update - Jay Higgins, City of Gresham, Gresham Transportation System Plan (TSP) 2045 - Technical Advisory Committee 	10:20 - 10:40 AM
Haoua Dogo, Upstream Public Health	Policy Updates	10:40 - 10:45 AM
	<ul style="list-style-type: none"> Next Meeting-Virtual: Wed. April 3, 2024 from 9-11 AM Upcoming Fentanyl Forum In-Person Meetings (in bold below) Locations - Can You Host Us? Or Suggest location in chat, please. Please complete the REACH Agenda Request Form (Share, spotlight and highlight work) Review action items and next step & Adjourn Meeting 	10:55 - 11:00 AM
<p>2024 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M. March 6, April 3, May 1, June 5, July - No Meeting, Aug. 7, Sept. 5, October 3, Nov. 6, Dec. 4 Please note - bold dates will be in person. Please, plan and let us know if you can host!</p>		

Please complete the [REACH Agenda Request Form](#)

Reminders - Upcoming Multco REACHing US Programmings + Events.

- Saturday, July 13, 2024, 10:30 a.m. - 3:30 p.m.: Fitness in the Park & Try-a-Thon, Fernhill Park

RSV Resources:

- [Respiratory illness season talking points](#) - regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV [English](#) and [Spanish](#)
- [Coping with respiratory illness season](#)
- [Clean and disinfect](#)
- Protect yourself from RSV [English](#) and [Spanish](#) (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
 - [Children and common respiratory infections: COVID-19, flu, RSV and the common cold](#)
 - [¿Es COVID-19, gripe, VRS o un resfriado?](#)
 - [RSV expected to strain pediatric hospitals in Oregon](#)
 - [Se espera que VRS ejerza presión sobre los hospitales pediátricos en Oregon](#)
- [CDC RSV pages](#)
- [Caring for children with RSV](#)
- [OHA video](#)

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.