

Adult Care Home Program Newsletter

March 2025

Updated MCAR Takes Effect March 17

The Multnomah County Administrative Rules (MCAR) were updated to be in compliance with the state on:

- Home and Community-Based Services
- Mandated protections for LGBTQIA2S+ people, and people with HIV
- Opioid antagonist medication in behavioral health (MHA) adult care homes

The new MCAR takes effect on March 17.

This update is not the major revision to the MCAR that the ACHP discussed with providers at listening sessions last year. That is still in development.

Find the updated MCAR at [Adult Care Home Regulations](https://multco.us/info/adult-care-home-regulations), multco.us/info/adult-care-home-regulations.

Workers' Compensation and OSHA

Adult care home operators are generally not subject to the requirements of the Oregon Occupational Safety and Health Administration (OSHA). If you're contacted by OSHA requesting access for an OSHA inspection, you're not required to grant access, because your home is not under OSHA's jurisdiction.

Adult care home operators may choose to provide workers' compensation coverage for their employees. If you do, then your care home is subject to the requirements of OSHA. An adult care home must grant access to OSHA inspectors if the operator contributes to the workers' compensation program.

Adult care homes subject to OSHA jurisdiction must maintain compliance with all privacy laws. Confidential information about residents must not be disclosed at any time during an OSHA inspection.

For more information, visit [Oregon Occupational Safety and Health](https://www.oregon.gov/OSHA/), [Orosha.org](https://www.oregon.gov/OSHA/).

You May be Randomly Selected for ODHS Questionnaire

The Oregon Department of Human Services and Portland State University (PSU) are conducting an annual survey about adult care homes. Adult care homes throughout the state will be randomly selected to participate.

If your home was selected, you will receive a mailed copy of the questionnaire from PSU's Institute on Aging. **Please complete and return it to PSU by Friday, March 21.**

If you do not receive a questionnaire from PSU, you can ignore this information.

Completing this questionnaire is strongly recommended. It helps ODHS understand changes in resident needs and staffing levels. Survey results also help define and achieve quality standards for community-based care settings.

If you received a copy of the questionnaire in the mail and need another copy, contact Diana Jacoby, project manager for PSU Community-Based Care Project, at 503-725-6635 or cbcor@pdx.edu.

Learn more about the [Oregon Community-Based Care Project](https://link.multco.us/psu.survey), link.multco.us/psu.survey.

Adult Care Home Conference: Register and Pay Early to Save Money!

The 2025 Adult Care Home Conference is returning to OMSI on Monday, June 9. Early Bird Registration is now open.

Register online at:

[Adult Care Home Conference](http://multco.us/info/adult-care-home-conference)
multco.us/info/adult-care-home-conference.

To pay your conference fee, call the ACHP at 503-988-3000 after you register online. You can also register and pay in person at the ACHP office.

Attendees earn 8 CEUs.

Early Bird Registration	March 3 – April 30	\$60
Regular Registration	May 1 – June 6	\$85
Conference Day Registration	Monday, June 9	\$100

Learning sessions include:

Care Plans | Horticulture Therapy
 Income Taxes | Power of Attorney
 Build Your Business Team | And More!

Plus enjoy:

- Breakfast and lunch buffets
- Vendor fair
- Networking opportunities
- Raffle prizes
- Free giveaways!

The OMSI featured exhibit will be Jurassic World by Brickman. This exhibit features large-scale LEGO brick dinosaurs, props, scenes and activities.

Just like last year, residents and their accompanying caregivers can explore OMSI for free! Caregivers can only enter for free while accompanying a resident.

Caregivers or other staff who want to attend the conference sessions and earn CEUs must register and pay for the conference.

Thank you to our breakfast sponsor Gracious Care Hospice!



Thank you to our lunch sponsors Oregon Care Home Consulting & Training; and Synkwise! Synkwise is also providing our raffle prizes again this year.



Do you know a company that may be interested in becoming a sponsor? Refer them to ACHP Communications Coordinator Jenny Furniss, jenny.furniss@multco.us.

Training and Support

*Sessions are online unless listed as in person.
To register call 503-988-3000 or email
advsd.adult.carehomeprogram@multco.us.*

Weather could affect in-person classes. The training coordinator will contact registered attendees via email if a class is canceled.

Free Info Session for Operator Applicants

Date: Thursday, March 20
Time: 9 – 11 a.m. (Sign on 8:50 a.m.)

In-Person Provider Meeting: Hoarding

Presented by Jill Williams, MA, clinical services specialist, Multnomah County's Older Adult Behavioral Health Team

Date: Wednesday, March 26, 1 – 4 p.m.
Location: Location: Sharron Kelley Room
600 NE 8th St., Gresham, OR 97030

Orientation Required for operator, resident manager and shift manager applicants.

Date: Thursday, April 3
Time: 9 a.m. – 3 p.m. (Sign on 8:50 a.m.)
Cost: \$55

First-year required trainings for operators, resident managers and shift managers:

In-Person Record Keeping Part B, Medication Management

Dates: Wed., March 12 and Tue., March 18
Time: 9 a.m. – 12:30 p.m.
Location: Preschool For All, Rockwood Market Hall, 458 SE 185th Ave., Portland, OR 97233
Cost: \$30 | 3 CEUs

Record Keeping Part A, Screening and Care Planning

Required for APD and MHA operators, resident managers and shift managers.
Date: Thursday, March 13
Time: 9 a.m. – noon (Sign on 12:20 p.m.)
Cost: \$30 | 3 CEUs

Honoring Diversity

Date: Tuesday, April 8
Time: 9 a.m. – noon (Sign on 8:50 a.m.)
Cost: \$30 | 3 CEUs

In-Person Emergency Preparedness Planning

Date: Tue., April 22, 9 a.m. – 12:30 p.m.
Location: Preschool For All, Rockwood Market Hall, 458 SE 185th Ave., Portland, OR 97233
Cost: \$30 | 3.5 CEUs

Free Technical Assistance Webinars

The Portland State University Institute on Aging is organizing free technical assistance webinars for adult care homes.

Topics include:

- Common regulatory violations and how to avoid them
- Practical strategies for preparing documents
- Behavioral management, escalation and de-escalation
- Small business foundations

Attendees will receive training hours in Workday Learning. Training hours will only be available to the provider who registered for and attended the webinar.

If you cannot attend the webinar, you can find recorded webinars, short highlight videos and downloadable resources at no cost on Workday Learning.

This workshop is brought to you by the Portland State University Institute on Aging. Contact afhtraining.spd@odhs.oregon.gov for assistance. See upcoming workshops and find a helpful FAQ at [Oregon Adult Foster/Care Home Technical Assistance Webinars](https://www.oregonadultfoster/carehome.com/technical-assistance-webinars), [pdx.edu/institute-on-aging/afhworkshopseries](https://www.pdx.edu/institute-on-aging/afhworkshopseries).