

ACHIEVE/REACH Meeting
Action Communities for Health, Innovation and Environmental Change
Racial and Ethnic Approaches to Community Health
 Wednesday, May 3, 2023
 9:00 am-11:00 am
 Location: Virtual

Attendees: Haoua Dogo, Tholanda Newborne, Sonja Hendrix, Charlene McGee, Stephanie Blume, Mikayla Hill, Carrie Roberson, Michael Walker, Derek Smith, Mossie Ogilvie, Edline Francois, Susan Van't Hof, Germaine Flentroy, Anthony Bradley, Sabrina Villemenay, Vanessa Chambers, Willie Chambers, Gabrielle Penn, Cherish Wanter, Ruthie Culver, Hermela Demise, Alagia Conwell-Felix, Raphael Guzman, Alisha Howard, Leslie Esinga, Seraya Yamungu, Nabutla Wanbala, Tamara Duncan, Ron Weaver, Charles Smith, Julianne Reno, EECRC, Laura Schaffer, Zana Mosley, Renee Curtis, Annie Kirschner, DJ Am Bush, Mischa Webley, Jennesa, Denisha Brown, Royal Harris, Meera Batra, Darrell Wade, Jay Higgins, Alisha Howard, Joey Jordan,

Guests: Burgin Utaski, Sarah Innarone

Agenda Item	Key Discussion Points	Next Steps/Action Items
Welcome & Introductions <ul style="list-style-type: none"> ● Roll Call (Enter Name, Organization) 	<ul style="list-style-type: none"> ● Welcome Music ● Please introduce yourself in the Chat 	
<ul style="list-style-type: none"> ● Multnomah County-update given by Haoua and Carrie 	<ul style="list-style-type: none"> ● NO Menthol Sunday- REACH and Center for Black Health Equity are asking all our partners to join us this year in getting the word out. ● Sunday May 21st ● No Menthol Sunday ● help the community take a break from using cigarettes and especially menthol products 	
<ul style="list-style-type: none"> ● Charlene McGee 	<ul style="list-style-type: none"> ● The REACH NOFO (Notice of Funding Opportunity) Submission was made on April 5th ● Thank you for your partnership in the program and letters of support ● Now that the submission has been made, we will be waiting until the end of August to see if we have reached our goals and been granted the next grant cycle. Big thanks! 	<ul style="list-style-type: none"> ● Staff will be reaching out soon for input on a report to the CDC on accomplished goals this past year.
<ul style="list-style-type: none"> ● Edline Francois 	<ul style="list-style-type: none"> ● Active People Healthy Multnomah #MoveyourWay ● Goal: Engage 15 million from inactive adults to some moderate physical activity each day (for about 30 minutes) ● Engage 2 million young people ● Prevention of: 1 in 10 premature deaths ● 1 in 4 young adults are too heavy to join the military 	

	<ul style="list-style-type: none"> ● \$117 Billion in preventable health care costs ● Promotion of: ● Physical activities ● Improved sleep ● Blood pressure regulation ● Mitigation of: ● Depression ● Heart disease ● Stroke ● Type 2 diabetes ● Lowers the risk of 8 different cancers ● Improves bone health ● Academic improvements ● Who: multnomah county residents ● What: engaging in physical ● When: May -January 2023 ● Where: launching at Lloyd Center, May 13th, at Noon ● 1,000,000 million steps by 2024 #MoveYourWay ● Partnering with Oregon Walks using the (link) or the QR code 	
<ul style="list-style-type: none"> ● Burgin Utaski and Sarah Innarone 	<p>Metro Regional Transportation Plan from Street Trust</p> <ul style="list-style-type: none"> ● Street Trust advocating for policy and investments across Portland and beyond ● Better crosswalks, lighting, bus stops ● Biketown for all (no charge) ● Increased investment in East County, etc. ● Safety, accessibility, racial equity ● Understanding Transportation needs ● Goals: ● Equitable transportation-enhancing transportation investment in marginalized communities ● climate action and resilience-reducing greenhouse gas emissions and air quality impacts ● thriving economy-improving the region's economic health through transportation ● Safe system-reducing the amount of death and serious injuries of users in the transportation ● mobility options-providing a broader range of affordable and reliable transportation options 	

<ul style="list-style-type: none"> ● Jairaj Singh & Dan Trifone 	<p>Climate and Health Team within Healthy Homes</p> <ul style="list-style-type: none"> ● Air pollution and quality ● lead poisoning prevention ● Built & Natural environment ● Portland harbor superfund cleanup ● Healthy Homes- mold ● <i>(Insert Presentation)</i> 	
<ul style="list-style-type: none"> ● Upcoming events 	<ul style="list-style-type: none"> ● Alberta House, She R.O.S.E. Remembering Our Systah's Experience, Sunday, May 14, 2023 2:00 - 6:00 pm, 5131 NE 23rd Ave, Portland, Or 97211 ● Come Thru Market Open 1st and 3rd Mondays, May - October, 3:00 -7:00 pm.- 831 SE Salmon Street, Portland, Or 97214 ● #ActivePeople Healthy Multnomah County Launch - Saturday, May 13, 2023 from 12:00 - 5:00 pm 1405 Lloyd Center 97232 (Meet on the 3rd floor near former Marshall's store) ● Gresham - Fairview Trail Ribbon Cutting, Art & Refreshments, Saturday, May 20, 2023 11:30 - 12:30pm, Junction of Wy'East Way and Gresham-Fairview Trail (south side of Burnside Road between Eleven Mile and 202nd Avenues) ● The Rosewood Initiative - Health Fair, Friday, June 2- 3:00 – 6:00 pm 14127 SE St, Portland, Or 97233 ● (Zoom Meeting, 952-4670-4173) Birthing Justice Documentary Party, Wednesday, May 10, 2023 6:00 - 8:00 pm ● HBI National birthing month May 10th Birth injustice documentary on Zoom ● This Friday Rockwood Market Hall Cinco De Mayo 5-7 pm (Play Grow Learn) ● Friday May 19th Black Leaders Luncheon at Noon discussion for Juneteenth this year @ Rockwood Market Hall ● Friday June 2nd, anti violence Nadocca park ● June 19th, Vance Park all day Juneteenth celebration ● June 25th, Opening of People's Market at the Rockwood Market Hall every sunday through October ● Black food Sovereignty "Black Sundays" will be starting at Black Futures Farm, on May 28th- Noon to 4 PM weekly 	

<ul style="list-style-type: none"> ● Contact info and links shared in the chat 	<ul style="list-style-type: none"> ● ODOT ● sarah@thestreettrust.com ● REACH THRIVES ● https://www.youtube.com/watch?v=aOKK0A8ji3E ● No Menthol Sunday ● Flyer No Menthol Sunday ● Add Upcoming Events Form ● Juneteenth ● Good in the Hood 	
<ul style="list-style-type: none"> ● Next ACHIEVE MEETING 	<p>Wednesday June 7, 2023 (in person) Albina Vision Trust</p> <p>Agenda Item placement FORM</p>	