

**Multnomah County
Behavioral Health Division
Behavioral Health Advisory Council Meeting
February 7th, 2024 10AM - Noon**



Community Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Eric Bray <input checked="" type="checkbox"/> Etta Assuman <input type="checkbox"/> John Williams <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input checked="" type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Laura Bueford <input checked="" type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Mary Avalon <input checked="" type="checkbox"/> Patty Hamit Arvizu <input type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input type="checkbox"/> Seth Dugan-Knight	<input checked="" type="checkbox"/> CareOregon Cassi Sturtz <input checked="" type="checkbox"/> Cascadia Behavioral Healthcare Dave Kohler <input type="checkbox"/> Holistic Healing Behavioral Health Jamaica Imani Nelson <input type="checkbox"/> Lifeworks NW N-Torell <input type="checkbox"/> Lutheran Community Services Larry Johnson <input checked="" type="checkbox"/> Multnomah County Sheriff's Office Nora Mains (NWIAS) <input type="checkbox"/> NAMI Multnomah Kerri Melda <input checked="" type="checkbox"/> NARA NW Albie Lemos <input checked="" type="checkbox"/> New Narrative Haven Taylor <input checked="" type="checkbox"/> Portland Police Bureau Chris Burley, Billy Kemmer for Chris Burley <input checked="" type="checkbox"/> Quest Center Danielle Deer/Scott Moore <input type="checkbox"/> Vacant	<input checked="" type="checkbox"/> Heather Mirasol <input type="checkbox"/> Anirudh Padmala <input checked="" type="checkbox"/> Deandre Kenyanjui <input type="checkbox"/> Rachel Banks <input checked="" type="checkbox"/> Jenny Tsai <input type="checkbox"/> Jill Jessee <input checked="" type="checkbox"/> Sadie Campbell <input checked="" type="checkbox"/> Roger Garth <input checked="" type="checkbox"/> Mario Cardenas	<input checked="" type="checkbox"/> Abigail Wells <input type="checkbox"/> Adam Peterson, Health Share of Oregon, Behavioral Health Program Manager

Agenda Item	Discussion Notes
Welcome and Introductions Group Agreements Announcements	<ul style="list-style-type: none"> • Peerpocalypse scholarship applications reviewed and those that were awarded a scholarship via MultCo have been notified and registered • BHAC first hybrid meeting to be held March 6th 2024 • Zoom for virtual / Pine Room at Five Oak (209 SW 4th Portland OR 97204) for in person
Recognition Month or Awareness Events (if Applicable)	<ul style="list-style-type: none"> • Black History Month - theme for 2024 is African Americans and the Arts blackhistorymonth.gov • Heart Health Awareness Month • World Social Justice Day
Presenter	<ul style="list-style-type: none"> • Presenter unable to attend due to technical difficulties • Passing vote for language change in meeting reminders from “consequences for disruptive behavior during the meeting:” to “disruptive behavior during the meeting will result in” • Discussion around stipends and taxes, Kevin Fitts offered to present information from advocacy work at the local and state level regarding stipends and taxes • Discussion regarding periodical review of BHAC documentation • Member concerns about the amount of interim positions in Health Department • Ask from member for Local Mental Health Authority Comprehensive BH Plan
OCE & Director’s Office Updates	<p>OCE Update:</p> <ul style="list-style-type: none"> • Quarterly report in the works, upon completion of the data pull there will be an update given to the council with time for feedback • OCE will be moving into a more forward facing role, JJ Jessee will handle stipends and other administrative work while OCE will take care of the tech and minutes moving forward <p>Director’s Office Update:</p> <ul style="list-style-type: none"> • Behavioral Health Division active in the collective response to the Fentanyl Emergency Declaration, eager to be part of better systems collaboration and integration with opportunities to expand existing services • Short legislative session has commenced and our division of subject matter experts is active in reviewing and engaging in our response • Deandre Kenyanjui was presented with the Tawna Sanchez Recovery Leadership Award
Adjournment	<ul style="list-style-type: none"> • links shared by Haven Taylor for Black History Month https://www.youtube.com/watch?v=3rEm4TkyFMs https://darnellwalker.com/

CELEBRATING
BLACK
HISTORY
MONTH

BEHAVIORAL HEALTH ADVISORY COUNCIL

February 7th, 2024

BHAC General
Council Meeting

BHAC MEETING REMINDERS

Self-care:

- We support one another by taking care of ourselves
- Pause before speaking when feeling stressed - respond rather than react
- Take the conversation off-line with staff

Meeting Reminders:

- Try not to talk over each other - raise hand; use chat;
- Accommodate people on the phone and with tech issues
- Limit comments to two minutes
- Limit acronyms and jargon
- Interrupt conversations that cause harm

BHAC MEETING REMINDERS

Virtual meeting reminders:

- Silence microphones when not speaking
- Go off camera when necessary

Consequences for disruptive behavior during the meeting:

- Facilitator calls attention to harmful behavior;
- If behavior continues, participant will have their microphone turned off and warned of potential meeting separation via private chat or via verbal warning if on phone;
- Separation from meeting with continued disruption

BHAC GROUP AGREEMENTS

1. **Hold space, make space; Remember WAIT (Why Am I Talking?) and "Principles before Personalities"**
2. **Stay engaged to the best of your ability**
3. **Share your experience & hear the experience of others - Use "I statements"**
4. **Acknowledge intent and center impact**
5. **Experience discomfort - (creating a safer space for challenging conversations can be uncomfortable at times)**
6. **Expect and accept non-closure**
7. **Name and account for power dynamics in the work**
8. **We are here to work collaboratively, and share responsibility for the success of our work together**

This Meeting is Recorded

**OCE will review the recording for note taking
and group accountability purposes.
BHAC General Council and Community Workgroup meetings
are open to the public.**

Monthly Awareness and Recognition

- Black History Month: Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. The theme for 2024 is: African Americans and the Arts. Check out blackhistorymonth.gov for links to a variety of resources and events to honor black history.
- Heart Health Awareness Month: February is American Heart Month, a time when all people—especially women—are encouraged to focus on their cardiovascular health. Mental health is an important part of overall health and refers to a person's emotional, psychological, and social well-being. Various studies have shown the impact of trauma, depression, anxiety, and stress on the body, including stress on the heart.



- World Social Justice Day: Observing World Social Justice Day reminds us to proactively address systemic issues and acknowledge how gender, age, race, ethnicity, religion, culture, sexuality, disability, and economic status create barriers and privileges that impact our community.



Council Vote - Meeting Reminder Wording

Current wording:

Consequences for disruptive behavior during the meeting:

Proposed wording:

Disruptive behavior during the meeting will result in:

Community Updates



Directors' Office Updates

1. The Behavioral Health Division is active in the collective State, City, and County response to the Fentanyl Emergency Declaration and eager to be a part of better systems collaboration and integration with opportunities to expand existing services.
2. Short Legislative Session has commenced and our Division of SMEs is active in reviewing and engaging in our response.
3. We are proud to share that Deandre Kenyanjui, our Interim Supervisor for the Office of Consumer Engagement was presented with the Tawna Sanchez Recovery Leadership Award by Oregon Recovers this year. Congratulations Deandre!



Office of Consumer Engagement Updates

1. The Office of Consumer Engagement is moving into a more forward facing role with BHAC. JJ will be doing stipends and some other administrative work while OCE will be handling the tech and minutes moving forward. We are grateful for JJ and the work that she has done and continues to do.
2. Quarterly Report in the works currently, upon completion of the data pull there will be an update given to the council with time for feedback.