



**Multnomah County Public Health Advisory Board
Full Board Meeting Minutes
October 2023**

Date: Tuesday, October 24, 2023

Time: 3:30pm – 5:30pm

Location: 501 SE Hawthorne Blvd, Portland, OR 97214, Multnomah Building Room 126

Purpose: To advise the Public Health Division on several areas of work with a strong focus on ethics in public health practice and developing long-term public health approaches to address the leading causes of death and disability in Multnomah County.

Attendees: Jennifer Phillips, Karen Wells, Lane Shaffer, Tsering Sherpa, Cheryl Carter, Ronica Reimers, Su Liu, Jazmin Kling

County Staff: Nathan Wickstrom, Amie Zawadzki, Charlene McGee, Stacey Vu, Troy Hollis, Neisha Saxena, Teresa Everson

Desired Outcomes:

1. Strengthen our bonds of community and trust
2. Receive updates from Public Health leadership
3. Learn about the Violence Prevention Strategic Plan and ways in which MCPHAB can engage in the work
4. Review and finalize the Bylaws and Charter
5. Determine meeting dates for November and December

Material:

1. September Meeting Minutes
2. Bylaws & Charter

Item/Action	Process	Lead	Time
Welcome, Introduction, Agenda & Minutes Review	<ul style="list-style-type: none"> ● There was consensus approval for the September meeting minutes 	Nathan Wickstrom	15 min 3:30 – 3:45
Public Comment & Board Sharing	<ul style="list-style-type: none"> ● How do we know how long we've been on this board? <ul style="list-style-type: none"> ○ Nathan tracks this ● This is Nathan's last Board meeting in his current role. <ul style="list-style-type: none"> ○ Amie will continue supporting MCPHAB in Nathan's role 	Nathan Wickstrom	5 min 3:45 – 3:50
Public Health Updates	<ul style="list-style-type: none"> ● High level updates about the work being done by the Public Health Division (PHD): <ul style="list-style-type: none"> ○ New Health Department Director, Rachael Banks, is returning to Multnomah County on November 15th <ul style="list-style-type: none"> ■ Rachael is currently the Public Health Director at Oregon Health Authority ○ Public Health Leadership is working on strategic planning <ul style="list-style-type: none"> ■ Focus is on capacity building, empowering communities to build resilience in response to trauma, protecting community members from adverse health impacts of climate change and recovery and retention of staff 	Neisha Saxena	15 min 3:50 – 4:05

- Racism as a Public Health crisis
 - A few strategies associated with each goal
 - Official county kick-off of budget season is in December; starting to do internal work around County general fund projections
 - Program updates:
 - Prevention & Health Promotion (PHP): flavored tobacco ban passed last year unanimously by the Board, the court of appeals asked to put the flavored tobacco ban on hold
 - PHP - awarded 2 grants
 - REACH grant; funding over 5 years
 - CDC Action Grant, working in partnership with coordinated care organizations (CCOs) to set up a reimbursement model for food as medicine; funding over 2 years
 - Environmental health leadership went to the board of commissioners last week for a fee increase for inspections (restaurants, pools, etc.)
 - Fees haven't been increased since before the pandemic
 - The board elected not to increase fees at this time
 - The Health Department has been working on a cross-departmental substance use plan with 4 focus areas
 - Harm reduction, prevention programs in Public Health, communications, treatment and recovery
 - Community partners brought into planning meetings
 - Working on finalizing strategic plan to present to the COO
- Questions and comments from the board:
 - Congratulations on being awarded the grants
applause
 - Without the fee increases on the inspections and the additional funds coming from the general fund, is there a risk of that program shutting down?
 - The program is mandatory; it's a matter of where the funds will come from
 - The program isn't self-sustaining due to there being no increases over the last few years
 - Anticipated budget cuts to programs?
 - Hoping there aren't programs at risk as federal funds are discontinuing
 - Mz Cheryl was on the Community Budget Advisory Council (CBAC); is there room for another Board member to be on CBAC?
 - Now would be a good time, would get overview of what programs are working on
 - Please let Nathan know if you're interested and he can get you connected with Michael in Finance and Business Management (FBM)

	<ul style="list-style-type: none"> <ul style="list-style-type: none"> <ul style="list-style-type: none"> ■ Mz Cheryl felt that her input and time was valued on this committee; she recommends folks who are interested to get involved ○ How flexible is the implementation of the REACH grant funding, specifically with youth engagement? <ul style="list-style-type: none"> ■ Most of the deliverables aren't specifically geared towards youth, although the program does have a few different avenues for youth engagement 		
Violence Prevention	<ul style="list-style-type: none"> ● Charlene, Stacey and Troy provided an overview of Violence Prevention work (link to presentation) ● PHP Programs: Tobacco Control & Prevention Program, Racial & Ethnic Approaches to Community Health (REACH) Program, and Community Adolescent Health <ul style="list-style-type: none"> ○ Shared risk and protective factors that contribute to chronic disease and disparities <ul style="list-style-type: none"> ■ Both contribute to positive and negative health outcomes ○ Public Health approach; work is focused on the community level <ul style="list-style-type: none"> ■ Adapt and modify strategies; ensure widespread adoption of the work to make an impact at the community level ○ Social determinants of health: the conditions in which people grow, learn, work and play impacts health outcomes ○ Community Adolescent Health (CAH) Program <ul style="list-style-type: none"> ■ Projects include youth-focused initiatives ■ Work primarily focuses on middle and high school-aged children ○ PREVAYL (Preventing Violence Against Young Lives) <ul style="list-style-type: none"> ■ Communications campaigns; Gun violence prevention billboards and park benches ■ Strategies to strengthen resilience, pro-social norms, and create protective physical structures ○ BJA STOP grant (Bureau of Justice Assistance - Students, Teachers, and Officers Preventing Violence) <ul style="list-style-type: none"> ■ Violence as a community problem ■ Staff is trained in mental health first aid ○ ACT (Adolescents and Communities Together); sexual health education for historically marginalized communities <ul style="list-style-type: none"> ■ “Sex Ed Basics” both in-person and virtual ■ Individualized support for educators ■ Middle and high school aged students ● Our Violence Prevention Strategies: <ul style="list-style-type: none"> ○ Crime Prevention Through Environmental Design (CPTED) <ul style="list-style-type: none"> ■ Davinci Middle School (photo examples) <ul style="list-style-type: none"> ● Had artists and student help to redesign space to make it more welcoming ■ Oregon Chinese Coalition CPTED Project <ul style="list-style-type: none"> ● Hired a Chinese artist to paint murals in 	Charlene McGee, Stacey Vu, and Troy Hollis	50 min 4:05 – 4:55

the community

- Pride, Peace, and Prevention (PPP)
 - Looking at a person's pride, peace, and prevention through training
 - Portland Public School Migrant Video; 3 testimonial videos
 - Marcela - [link to video](#)
 - Mildred - [link to video](#)
 - Norma - [link to video](#)
 - Fund harmonious neighborhood projects; schools and community based organizations
 - New avenues for youth; Slay Society event
- Communications
 - [Roosevelt High School's Peer Mediation program and video](#)
 - 2024 cito-communications campaign; more info coming in the next few months on program newsletter and website
- Partnership Opportunities
 - Trainings
 - Youth Advisory Board (YAB) and Community Advisory Board (CAB) recruitments
 - Walk Audits; one during the day and one at night
 - Enhance Violence Prevention Strategic Plan
 - Information sessions where we gather feedback and input from community in regard to the Violence Prevention Strategic Plan
 - Communication Campaign
- Questions from board members:
 - How were strategies tested?
 - Stacey provided the example of the Harmonious Neighborhood pilot project; reviewing lessons learned
 - How is changing the built environment accomplished?
 - Crime prevention through environmental design (national model); do assessments in neighborhoods and with businesses where we change the built environment
 - Use a public health approach by increasing engagement and making areas more welcoming
 - Examples: more landscaping, make it more accessible, murals in areas with higher prevalence of crime
 - Are there universal pro-social behaviors?
 - Varies across cultures and communities
 - We encourage folks getting to know their neighbors
 - Promote neighborhood block parties (ex. Yamill block party)
 - There were a couple of posters displayed during powerpoint (action heart) and pride, peace, and prevention - can we as members of the community get

	<p>copies of them?</p> <ul style="list-style-type: none"> ■ Yes, we can share them ■ Some of the billboards and park benches are still up on Glisan and Halsey ○ Are there investments in reaching younger kids in 8th and 9th grade, as well as dominant culture? <ul style="list-style-type: none"> ■ The grant limitations have an age restriction of 14 years old ■ Program reaches ages 10-24 years old from all different backgrounds ○ There has to be a way to partner with Portland Public Schools and add violence prevention and education to curriculum ○ Does the sexual health education you mentioned take place in school? What does the curriculum consist of? <ul style="list-style-type: none"> ■ Comprehensive and age appropriate curriculum ■ Healthy relationships and consent ■ Support to first time teachers to build their capacity to deliver the curriculum ○ There is a restorative justice class at McDaniel High School; are other schools doing this? <ul style="list-style-type: none"> ■ As part of the Roosevelt peer mediation program there were restorative justice conversations ● Recommendations for MCPHAB Engagement <ul style="list-style-type: none"> ○ Opportunities to help with walk audit ○ Revisions of violence prevention strategic plan ○ Recruitment for campaign ● Contact us: cahinfo@multco.us ● More ACT Resources: <ul style="list-style-type: none"> ○ Multco Youth Sexual Health Education webpage with Youth Sexual Health Resource list (link to page) ○ Sexual Health Equity for Individuals with Intellectual/Developmental Disabilities (SHEIDD) online resource hub with videos and other teaching tools (link to site) 		
<p>Bylaws & Charter</p>	<ul style="list-style-type: none"> ● Revisions to the bylaws and charter: no longer a chair or executive committee, changes to compensation (from \$30 to \$50) ● Nothing in the bylaws and charter about meeting facilitation; we could add details around this being a shared responsibility for all board members ● Meeting attendance; there is the expectation to attend 8 meetings in a calendar year ● Finance sub-committee: board members meet with our finance staff to then provide input on our budget process and how we're prioritizing funds as a division <ul style="list-style-type: none"> ○ The hope is to have this again in the future; it was initiated at the end of 2019 ○ CBAC provides input for the entire department's budget; this sub-committee would be specific to Public Health ● Board members can be appointed for 2 consecutive terms; this is the maximum (Nathan has reached out about 6 months in advance) 	<p>Nathan Wickstrom</p>	<p>15 min 5:00 – 5:15</p>

	<ul style="list-style-type: none"> ○ Meetings are open to the public ○ First term is 3 years, second term is an option for 1, 2 or 3 years ○ Could reapply after 2 terms following a break ● Suggest changes and vote for approval ● Board approved bylaws and charter by consensus 		
November & December Meetings	<ul style="list-style-type: none"> ● Discuss meeting date options for November and December, which occur near holidays <ul style="list-style-type: none"> ○ Nathan sending out a poll to identify meeting times for upcoming Ethics and Public Health Approaches Committee meetings ○ Link to poll 	Nathan Wickstrom	5 min 5:15 – 5:20
Wrap-up, Meeting Evaluation & Connection	<ul style="list-style-type: none"> ● Board members shared a moment of gratitude ● A meeting evaluation is being sent out with the minutes <ul style="list-style-type: none"> ○ Link to evaluation ● Meeting adjourned at 5:31pm 	Nathan Wickstrom	10 min 5:20 – 5:30