

# MONITORING STAFF FOR SYMPTOMS

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Rev: Date

Staff need to monitor themselves for signs and symptoms of COVID-19 each day prior to entering the building, and before interacting other staff, or providing resident care. They should know what symptoms to look for, when to report, and the point person or department to report symptoms or a positive test to.

## Symptom Screening

COVID-19 symptom screening should include:

- Sore throat
- Cough
- Shortness of breath
- Runny nose or congestion
- Fever
- GI symptoms such as nausea, vomiting, diarrhea
- Fatigue
- Body aches
- Chills or shaking
- Headache
- New loss of taste or smell

## Symptomatic Staff

- Staff should not work while symptomatic. They may return to work per facility policy and following guidance from licensors and public health authorities.
- Refer to [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#) for current recommendations.
- For further questions, reach out to the local public health authority.

## Exposed Staff

Consider work restriction, regardless of vaccine status, for the following situations:

- Staff who are unable to be tested or wear source control as recommended for 10 days following high risk exposure
- Staff that are moderately to severely immunocompromised
- Working on a unit with an uncontrolled outbreak or with residents who are moderately or severely immunocompromised.

