

Why use MyChart?

You can take charge of your health care online, anytime. See medication information, request or cancel an appointment, or print your medical information.



See what your doctor sees in “My Medical Record”

- Keep track of your medications, lab results, immunizations and more
- Access tips for staying healthy
- Get a summary from your doctor visit
- Print a card with your medical information to carry with you



Stay in touch with your doctor’s office

- Send and receive non-urgent secure messages
- Request referrals



Manage your appointments

- Request or cancel an appointment
- View upcoming and past appointments



Your privacy is important to us

- MyChart is password protected for privacy, and is sent to you using a secure connection that won’t allow others to see your information.



A Quick Start Guide for Multnomah County Health Department Patients

TAKE CHARGE OF YOUR HEALTH WITH

MYCHART

Multnomah County Health Department Patients:
Access your medical chart online through MyChart
Any time of the day or night

Are You Ready?

To use MyChart, you need:

INTERNET ACCESS

There are many places in the community you can use a computer if you do not have a home computer. You can also use your Smart Phone!

A PRIVATE EMAIL ADDRESS

If you do not have an email address, you can get one for free at www.gmail.com or www.yahoo.com (Ask us for help)

AN ACTIVATION CODE

Our office must give you a code to access MyChart for the first time. Ask our Front Desk staff or your doctor if you are interested.

YOUR BIRTH DATE OR SOCIAL SECURITY NUMBER

Please ask what we have on file for you if you are unsure.



Getting Started

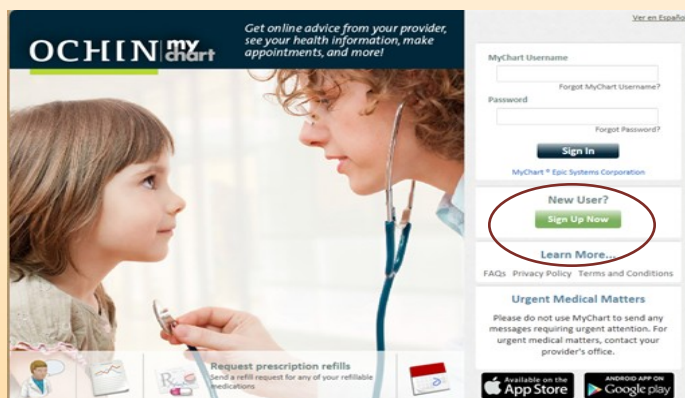
Here is how you can access MyChart for the first time.

1. Visit: <https://mychart.ochin.org>

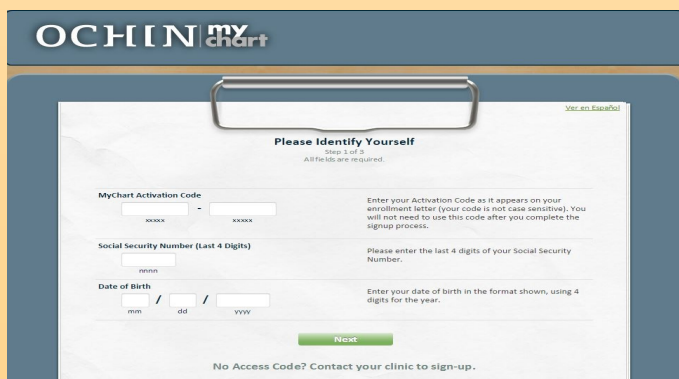


2. Click on “New User? Sign up Now.”

(The next time you log in, enter your username and password in the space above this button.)



3. Follow the step-by-step instructions. You will enter your activation code and your birth date



5. Once you activate your account, you will need to create a username and password. **IMPORTANT:** Keep your username and password in a secure place so you can access MyChart in the future.

User Name: _____

Password: _____

6. You can now use MyChart:

- See what your doctor sees in “My Medical Record”
- Stay in touch with your doctor’s office
- Request and view your appointments

See the back of this guide for more information about what MyChart can do to help you take charge of your health.

If you forget your username or password, you can get a reminder by entering your email address into the MyChart login page.

If you still need help, please call your doctor’s office

