

# ACHIEVE/REACH Meeting

Action Communities for Health, Innovation and Environmental Change

Racial and Ethnic Approaches to Community Health

Wednesday, November 3, 2021

9:00 am-11:00am

Location: Virtual

**Attendees:** Charlene McGee, James Demry, Stephanie Blume, Tameka Brazile, TK Kapurura, Ron Weaver, Shantae Johnson, Nick Rivas, Taylor Ford, Renee Curtis, Fern Dalton, Susan Van't Hof, Black Food NW, Royal Harris, Derek Smith, Quete Capuia, Cherrell Edwards-El, Hawi Muleta, Johari Huggins, Teresa Johnson, Elle Neal, Mikayla Hill, Arleta Christian, Danaya Hall, LaQuida Landford, Frances Hall, , Ashley Weatherspoon, Germaine Flentroy, Angie Albee, Dwight Myrick, Yonas, Jamayne Figueroa, Ron Weaver, Anthony Bradley, Keara Rodela, Paul Bollinger, Kerri Winters-Stone, Marta Petteni, Lyndsey Hornbuckle, Sonja Hendrix

Agenda Item	Key Discussion Points	Next Steps/Action Items
<p><b>Welcome &amp; Introductions</b></p> <ul style="list-style-type: none"> <li>Roll Call (Enter Name, Organization)</li> </ul>	<ul style="list-style-type: none"> <li>Please put your name, organization in the chat</li> </ul>	
<ul style="list-style-type: none"> <li>Introduce New Reach Staff Elle Neal</li> </ul>	<ul style="list-style-type: none"> <li>Mikayla Hill is the new REACH Program Health Specialist</li> </ul>	
<ul style="list-style-type: none"> <li><a href="#">REACH Agenda Request Form</a></li> <li>REACH Partner Updates - Click <a href="#">Here</a></li> </ul>	<ul style="list-style-type: none"> <li><b>Beyond Black-</b> Germaine- Thanksgiving and Christmas food box giveaways all invited to come out. Feeding 125 families on Nov 24th. Also prepping for a Toy Drive</li> <li><b>HBI-</b> Royal-Will be hiring for a new Father Involvement Case Manager in about a month, encouraging you to let your networks know.</li> <li><b>EECRC-</b> Yonas- Continuing to teach the African Immigrant community about how to live with chronic conditions with monthly meetings.</li> <li><b>Mudbone Grown-</b> Shantae- Holiday Food Boxes, 100 Kwanzaa Boxed in December <a href="mailto:Feedemfreedomfoundation@gmail.com">Feedemfreedomfoundation@gmail.com</a></li> <li><b>UL of Portland-</b> Arleta - Have hired a new Trinity Health Worker named Zane Mosely. They partnered with Highland Haven last weekend for a Covid Vaccine/Breast Cancer Awareness Worship in Pink event. UL has a Cancer support group starting soon. So far 14 women will be participating.</li> <li><b>SUN Services-</b> Frances Hall- showed <a href="#">this</a> video to raise awareness of food pantries.</li> <li><b>DPP-</b> Renee Curtis - 11/3/2021 there will be an info session. The Diabetes Prevention Program (DPP) is launching. November is Diabetes Prevention Month!!!!</li> </ul>	

	<ul style="list-style-type: none"> <li>● <b>TK Kaparura</b> - He is meeting with the community to talk about the cultural needs and food sensitivities in the Food Pantries. Please reach out to TK to help raise awareness on what foods to bring forward. (Shantae says they are going to start a food pantry and would love to connect)</li> <li>● <b>Derek Smith</b> - Youth and young adults (12-25 yrs old) will be having an art contest regarding Flavored Tobacco. Be on the lookout for that.</li> </ul>	
<ul style="list-style-type: none"> <li>● Angela Allbee, Oregon Health Authority 503.689.5034</li> </ul>	<ul style="list-style-type: none"> <li>● Introduction to Oregon Psilocybin Services</li> <li>● Psilocybin is a naturally occurring psychedelic compound produced by more than 200 species of fungi also known as mushrooms</li> <li>● Used for centuries by indigenous populations for spiritual and medicinal purposes</li> <li>● Federally illegal</li> <li>● found effective in treating depression, anxiety, trauma and addiction</li> <li>● Ballot Measure 109 The Oregon Psilocybin Services Act would allow the OHA to license, regulate the manufacturing, transportation, delivery, sale and purchase of psilocybin products and provisions over a two year developmental period 1/1/2021 - 12/31/2022</li> <li>● Three focus areas- Policy and engagement, licensing &amp; compliance</li> <li>● Oly trained facilitators will administer psilocybin so that it is well regulated</li> <li>● They are looking for advisors to their Oregon Psilocybin Advisory Board in the form of subcommittees, which is currently not representative of the population</li> <li>● There are some local government issues creating ordinances and other regulations to prevent some practical use of psilocybin.</li> <li>● Open seats on the Oregon Psilocybin Advisory Board as specified in M109</li> <li>● OHA Listening Sessions in December 2021 and July 2022</li> <li>● Take Community Interest Survey in January 2022</li> <li>● Participation in RAC (Rulemaking Advisory Committees), 2/22 and 9/22</li> <li>● Opportunities to listen to advisory board and subcommittee meetings (public meetings) and make public comments during public comment period</li> <li>● Sign up on Oregon Psilocybin Services website for distribution list</li> <li>● Job recruitment for Oregon Psilocybin Services team</li> <li>● <a href="#">OHA Psilocybin page</a></li> </ul>	

<ul style="list-style-type: none"> <li>• Laquida Landford, Afro Village PDX</li> <li>• Marta Petteni</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Afro Village PDX</a></li> <li>• This movement that was started several years ago concerning housing for BIPOC and Black women in various status of transition.</li> <li>• Finding private and public land in Portland, the Albina Vision trust plan</li> <li>• hoping for sustainability, health, Black design, ownership, and governance</li> <li>• They provide transitional housing and basic services</li> <li>• a safe space to heal, restore and rejuvenate</li> <li>• Laundry, gardens, massage therapy</li> <li>• People's Choice award winner for their Max Train redesign</li> <li>• Won a \$98,000 Metro Place Making Grant</li> <li>• A three Phase plan was created over a 10 year span of time.</li> <li>• Year 1, Phase I Shelter</li> <li>• Phase II, City ownership and community land trust foundation</li> <li>• Phase III Black Collective Ownership</li> </ul>	
<ul style="list-style-type: none"> <li>• Paul Bollinger, OHSU</li> <li>• Dr. Lindsey Hornbuckle</li> <li>• Dr. Kerri Winters -Stone</li> </ul>	<ul style="list-style-type: none"> <li>• Couples Coping w/ Cancer Study</li> <li>• Need to get the word out for community involvement</li> <li>• They are using an exercise based approach for both the person with cancer and also the caregiver in the relationship</li> <li>• Would like to have an event on Dec 6th, a community engagement studio, all participants will get a \$50 giftcard to give feedback and recruitment will be in January 2022 for the study.</li> </ul>	
<ul style="list-style-type: none"> <li>• Review action items and next step</li> <li>• Adjourn Meeting</li> </ul>	<p><b>Next meeting will be December 1, 2021</b></p>	