

Multnomah County [Racial and Ethnic Approaches to Community Health \(REACH\) Program](#)
[Action Communities for Health, Innovation and Environmental Change \(ACHIEVE\) Coalition](#) Meeting

Date: October 1st, 2025 **from** 9:00 A.M. - 11:00 A.M.

In-Person: Holgate Library (7905 SE Holgate Blvd, Portland, OR 97206)

Notetaker: Cindy Shepard

Presenter	Agenda Item	Time
ACHIEVE Coalition Members	<i>When arriving to Holgate Library</i> • You may park in the Holgate Library Parking Lot • The library will open for us at 9:05 AM, but please arrive early to find parking • Holgate will only be open for ACHIEVE participants, so please do not let anyone else into the library because it is not open to the public until 12 PM.	8:45 AM - 9:05 AM
All	• Welcome • Sign-In + Assign Notetaker • Food + Networking	9:05 AM - 9:15 AM
Liv Brumfield/Malcolm Hoover	• Portland Parks & Rec Shuttle Presentation ○ Project Description ○ Destination Plan ○ Timeline & Next Steps	9:15 AM - 9:35 AM
Orlando Zurita-Rodriguez	• Vital Records Information + Personal Ordering & Web Portal ○ How to order vital records ○ Accessing the web portal	9:35 AM - 9:50 AM
Anita Thompson	• Talk about Dementia Friendly Walks ○ Purpose of Dementia Friendly Walks ○ How to get involved	9:55 AM - 10:10 AM
Beth, Amal, Mahlet	• Upstream Presentation on Health Impacts Conference ○ Conference Learnings ○ Health Impacts ○ Next Steps	10:15 AM - 10:45 AM
All	• Fall Events: See the Upcoming Multco REACH Programming + Event section, below. • REACH EVENTS WEBSITE • Please complete the REACH Agenda Request Form (Share, spotlight and highlight work) • Review action items and next step & Adjourn Meeting	10:45 AM - 11:00 AM
2025 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M. Nov. 5, Dec. 3 Please let us know if you can present by completing the REACH Agenda Request Form		
Upcoming Multco REACH Programmings + Events. • Mobile Clinic at REACHing Us People's Farmer's Market Sunday, Oct 5, starting at 1PM Get blood pressure checks, medical appointments, and vaccines. Adult vaccines offered: Flu, Tdap (tetanus, diphtheria, and pertussis), Hep A, Hep B, Pneumococcal. Child vaccines: Flu, and some other vaccines might be offered on a case-by-case basis. • REACHing Us People's Farmers Market		

- Sundays from June 22 through November 2, from 1:00 to 5:00 PM at the East County Courthouse Parking Lot, located at 18480 SE Stark St 97233
- Learn more: multco.us/info/farm-market-program
- **A Taste of African Heritage** at the market on 9/21/25, from 12:00 p.m. - 5:00 p.m.
- **Come Thru Market (May - October)**
 - comethrupdx.org
 - Starting in June, 1st and 3rd Mondays, 3:00 p.m. - 7:00 p.m.
 - 831 SE Salmon St. Portland, OR 978214
- **Roots to Recovery**
 - A space where we center our mission and values around addressing fentanyl and polysubstance use. Our goal is to create an open, collaborative environment where updates are shared, solutions are explored, and strategies are uplifted, grounded in harm reduction, education, and community support.
 - Tuesday October 14th 1:30 - 3 PM; Midland Library Room 1F
 - Food and refreshments will be offered

No Cost or OHP Accepted Immunization Clinics (Full List PDF Available)

Reminder: the REACH Program does not have a vaccine strategy as of October 2025. The following information is from the Multnomah County Health Department vaccine provider resource list. For information on what vaccines are offered, please contact the clinic directly. To learn more about recommended vaccines, visit multco.us/services/immunizations. While many clinics will not turn you away due to inability to pay, please bring insurance information if you have it.

- [Multnomah County Health Centers](#) (many locations): Appointments required, call 503-988-5558. Current patients can also schedule online using MyChart. Ages served differ by location. Accepts OHP.
- [Multnomah County Student Health Centers](#). Nine locations. You do not have to attend the school where the center is located. See website for contact information. Ages 5 to 18. No cost.
- [Prism Health](#): Two primary care locations: Belmont (SE Portland) and Morris (N Portland). Specializes in compassionate, high-quality primary care for LGBTQ+ individuals. Ages 15+. Appointments required, call 503-445-7699. No cost.
- [Central City Concern](#): Two primary care locations: Blackburn Center (East Portland) and Old Town Clinic (NW Portland). Mobile medical services available. Ages 18+. Appointments required, call 971-361-7888. No cost.
- [OHSU Primary Care](#): Two primary care locations: Primary Care Clinic, Richmond and East Portland Community Health Center. All ages. Appointments required: call 503-494-8311. No cost.
- [Lecare Pharmacy](#) 1619 NE 42nd Ave Portland OR, 97213. Ages 7+. Walk-ins preferred. For information, call 971-358-6888. OHP and some private insurance accepted.

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County. The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and

breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.