

ACHIEVE/REACH Meeting

Action Communities for Health, Innovation and Environmental Change

Racial and Ethnic Approaches to Community Health

Wednesday, September 1, 2021

9:00 am-11:00am

Location: Virtual

Attendees: Charlene McGee, James Demry, Tameka Brazile, TK Kapurura, Ron Weaver, Shantee Johnson, Nick Rivas, Taylor Ford, Renee Curtis, Fern Dalton, Susan Van Hoft, Black Food NW, Royal Harris, Kendahl Batiste-Ball, Mary Jo Anderson, Ronnie Meyers, James Kwele, Derek Smith, Angela Booker, Mahad Hassan, Frances Hall, Quete Capuia, Cherrell Edwards-El, Tamara Duncan, Desha Reed-Holden, Hawi Muleta, Teresa Johnson, Sonja Hendrix, Tim Holbert, Lisa Strader, Wyman Macon, Ashley Weatherspoon, Elle Neal, Emily Bower, Bee Davis, Johnny Bradford, Roshin Kurian, Jay Higgins, Espoir Walumweno, Jaz Bias, Cara Sandels, Carrie Roberson, Tholanda Newborn, Makda Berhane, Ruthie Culver, Carrell Wade, Jay Higgins

Agenda Item	Key Discussion Points	Next Steps/Action Items
Welcome & Introductions <ul style="list-style-type: none"> Roll Call (Enter Name, Organization) 	<ul style="list-style-type: none"> Please put your name, organization in the chat 	
<ul style="list-style-type: none"> Introduce New Reach Staff Elle Neal 	<ul style="list-style-type: none"> Elle Neal is the new REACH Program Nutrition and Procurement Health Educator on the REACH team. 	
<ul style="list-style-type: none"> REACH Agenda Request Form REACH Partner Updates - Click Here 	<ul style="list-style-type: none"> City of Gresham: Emily Bower, Beyond Black- Germaine finishing the farmer's market just four left on Thursdays; Thanksgiving and Christmas food box giveaways all invited to come out DCHS- We're excited to have Elle on the REACH team, and we're hoping to do a vaccine clinic at a SUN School food pantry in partnership w/ REACH. HBI- Desha, hold childbirth education on Monday and Tuesday open to all parents on Google meets, CAN isa national Domestic Violence month on the 20th, DAD's Talk on the 21st , Black dads read on the 13th. Legislature meetings. Leadership group recruitment for January 2022. Focus group \$50 gift card. Noon -2:30 next Thursday. ECOTRUST- James Kwele - gearing up for the fall learning session at Oxbow Park, Wrapping up the Black food Market. New member Jaz Bias EECRC- Hawi- Sept got seniors together about bone health, sustainable ways of living...more work with seniors then and now Highland Haven- Teresa Johnson- celebrating Women's Health on Oct 30th Worship in Pink, Vaccine clinic 	

	<ul style="list-style-type: none"> Portland Bureau of Transportation - Lisa Strader , Roshin Kurian (first time in the space) later with Prescribe a bike, Kara Sandels also visiting Lutheran Community - Ron Weaver outreach substance use and addiction services Sundays from 4-6pm Women's wellness support Men's wellness group is being formed 	
<ul style="list-style-type: none"> Tameka and Derek Smith Ballot Measure 108 	<ul style="list-style-type: none"> .Community driven by OHA, started in January 2021 Recommendations for the new Tobacco tax allocation of funds Looking at racial impacts on the community Resources to go to populations with the greatest need Funding will be coming, to address the impacts within our community, to CBO's from OHA Lead applicants need to be 501C status, culturally specific or serving the underserved communities. Joint applications are also encouraged. 80% will go to culturally specific entities 20% LGBTQ and those with disabilities \$25,000-\$750,000 put forward = 20Mil overall Timeline for funding will be released in October Tobacco Cessation, Education and awareness 	
<ul style="list-style-type: none"> Tim Holbert Presentation-TH Jamboard 	<ul style="list-style-type: none"> Food Procurement and Food Sovereignty Presentation <ul style="list-style-type: none"> REACH food Justice Collaboration, with organizations whom mutually benefit from this pairing this creating a landslide of positive effects on the community Mudbone Grown Farm, Multnomah County Juvenile Justice, Hands of Wonder Restorative Justice and Restorative Justice and Workforce Development Program and REACH collaborators Enhancing Nutrition, Food procurement, sustainability, addressing climate changes, and building BIPOC farmers capacity, changing behavioral standards. Asking the community their recommendations on prioritization, alignment and partnering. 	<ul style="list-style-type: none"> Recommendations: 1. Leadership needs to demonstrate support for food systems change and BIPOC communities. 2. Adopt a comprehensive values based procurement policy that promotes transparency, sustainability and equity. 3. Lower barriers for land access for BIPOC farmers.

		<ul style="list-style-type: none"> ● Discussion questions: Which recommendations should REACH prioritize? ● How do the recommendations align with your organization? ● How can we partner together to move the recommendations forward?
<ul style="list-style-type: none"> ● Renee Curtis ● Community Cycling Center 	<ul style="list-style-type: none"> ● DPP- Diabetes Prevention Program ● Following the CDC developed program to prevent and stabilize Diabetes 2 ● recruiting participants ● creating two cohorts ● 150 mins of exercise per week ● using culturally specific engagement ● Facilitators present for the training <ul style="list-style-type: none"> ○ Carrie Roberson ○ Ruthie Culver ○ Makda Berhane ○ Tholanda Newborn ○ James Demry 	
<ul style="list-style-type: none"> ● Cara Sandels, PBOT ● Roshin Kurian 	<ul style="list-style-type: none"> ● Prescribe a Bike ● Bike Share at stations and city bike stations. NIKE bikes Lyft owns and operates BikeTown ● OMSI free one hours rides ● Biketown for All ● Join, download an app on your phone, Or RFID key card also available ● 1,500 bikes available ● Still expanding their map ● electric bikes - making it easier for less active or older people ● Patient health, guided community rides with free helmets ● prescription 60 of riding a bike creates free access for a year. ● All MCH centers ages 16 yr and older ● Currently 17 active participants are looking to expand. ● Re-upping their prescription is possible too after the year. 	

	<ul style="list-style-type: none"> ● Three year grant ● patient health outcomes ● looking at other funding opportunities ● Hoping for some policy changes and insurance companies will see the benefits as well ● Core evaluation- Process and outcome ● Track the progress of the barriers and leveraging resource ● Future program development and planning ● Demonstrate and describe the program and changes in health behavior of participants. ● NEHC 12-2 pm ● 11-1 pm, La Clínica Buena de Salud, every Weds Tabling ● attending Dawson Park event this Thursday ● Oct 17th event with free helmets and rides and swag 	
<ul style="list-style-type: none"> ● Bee Davis ● Ride Connection 	<ul style="list-style-type: none"> ● Mobility for Health Program ● Transportation option in the Tri County - 65+ and disabilities ● Door to Door from home to where they need to go 4 day advance request, and two days before verify (FREE) ● Veterans helping Veterans, volunteer drivers ● Ride together a mileage reimbursement service after driver training ● Shared vehicles - after program provided driver training ● Community Connector shuttle buses 14 passenger bus <ul style="list-style-type: none"> ○ ride about in specific neighborhoods or facilities ○ public community connectors designated route can request a ½ mile deviation from the normal stops ○ 1:1 support on how to use the bus. ○ Trimet Fare relief based on income 20- 2.5 hr tickets ○ mobility for health ● Hoping to expand into black and African communities, what are the barriers 	
<ul style="list-style-type: none"> ● Emily Bower- City of Cresham 	<ul style="list-style-type: none"> ● Downtown Rockwood update ● October the Rockwood Market Hall broke ground ● Six grocery bays, a mothers room, culinary and food manufacturing center, ● In committee review status to fill the market hall ● 2020, Oregon Tradeswoman facility opened (virtual and hybrid now) ● Oct 2020, completed the Downtown Rockwood Innovation Hub 	

	<ul style="list-style-type: none"> ● REACH impact ● Worked with UL on Racial impact statement ● Helped inform community leaders ● Capacity building ● Connecting assets around food ● Planning and getting the culinary program off the ground ● Procurement practices 	
<ul style="list-style-type: none"> ● Review action items and next step ● Adjourn Meeting 	<p>Next meeting will be 11/3/2021</p>	