

It's your choice!

Where you live, the care you get, and how you spend your days - it's all in your hands! We're here to support you along the way.

[Let's learn your options](#)



IDD Choice Counseling

Medicaid

Brokerages

Independent

In-home

Supported
Living

Group
Home

Foster
Care

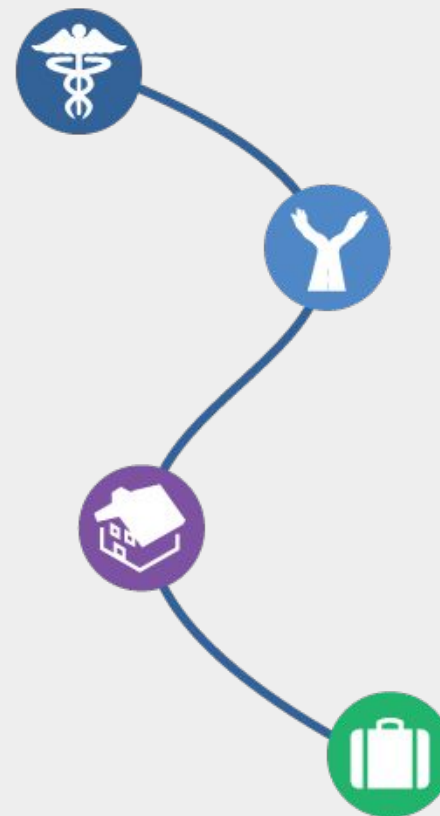
Employment/
Day

Summary

Here's an overview
of what we're going
to talk about:

- Medicaid
- Brokerages
- Housing options
- Employment/Day options

If at any time you want to slow down, ask
more questions, or skip ahead, please do.



Medicaid

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Summary

Do you have Medicaid?



YES



NO

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No Medicaid? Let's see if you can qualify.

We can help you apply.

Your case manager will discuss how to apply.

Case managers, here are some procedures for your reference:

- [300% procedure](#) (Adults)
- [PMDDT](#) (Children)

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You have Medicaid, great!

Here are your options for case management:

- County
 - All living situations and ages
- Brokerage
 - 18 or older, not in 24/7 facility



Here's what we're going to talk through.

Your goals for:

- Living situation and supports
- Employment
- Day Support Activities
- Summary of options



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Brokerages

- Private organizations providing case management and in-home and community-based services to individuals 18 eligible for Multnomah County Intellectual & Developmental Disabilities.
- Brokerages were established in 2001. All brokerages are governed by boards/advisory groups comprised primarily of people with I/DD and their families.
- Brokerage Personal Agents were designed to serve a very targeted segment of the population: adults with I/DD choosing to live in their own or in their family homes.



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What's the difference between County and Brokerage services?

Serves everyone:

- Multnomah County

Only Serves individuals 18 and older not living in 24/7 foster homes or group homes:

- [Community Pathways Brokerage](#)
- [Inclusion, Inc Brokerage](#)
- [Independence NW Brokerage](#)
- [UCP Mentors Brokerage](#)
- [UCP Connections Brokerage](#)

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Summary

Independent Living Services can include:



Case
management
/Service
Coordination

(min. 1 year)



Resources
and referral



Assist Health
and Safety

(Protective
services)



Supported
decision
making

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Summary

Adult **In-home Services** can include:



Attendant Care



Helping you find a
job



Changing from
youth services to
adult services



Help with chores
like cleaning and
laundry



Transportation
services



Assistive devices/
Technology



Nursing Care



Home Delivered
Meals



Home
modifications
and supplies



Behavior
supports

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Summary

Adult **Supported Living** services can include:



Must live in your own house, apartment or be able to afford your own housing, utilities, food, and household supplies.

Can live alone, with family or with friends/spouse



Agencies hire the staff that are working with you.

Staff are in your home and help with daily activities like cooking, living, budgeting, bathing, taking you to appointments. The number of staff support hours are determined by an assessment



On Call staff available 24 hours per day, more support as needed for emergencies.



[Go to the Supported Living Website](#)

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Adult **Group Home** services can include:

[Go to the Group Home Website](#)

Living in a home with 3- 5 other individuals with intellectual and developmental disabilities.



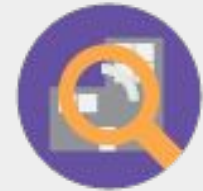
Majority of homes provide you with your own bedroom.



Cost of room and board \$617 (changes yearly) per month which covers rent, utilities, transportation to appointments and outings, 3 meals and 2 snacks per day.



Caregivers present 24 hours per day
Caregivers support you according to what is important to you and for you.



Home is run by employees of an organization
Licensed by the State ODDS.
Monitored by Multnomah County.

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Adult **Foster Care** services can include:



Home is run by an individual in their home.
Living with up to 5 other individuals with intellectual and developmental disabilities.



Majority of homes provide you with your own bedroom.



Cost of room and board \$617 (changes yearly) per month which covers rent, utilities, transportation to appointments and outings, 3 meals and 2 snacks per day.



Caregivers present 24 hours per day
Caregivers support you according what is important to you and for you.

Licensed and monitored by the County.



[Go to the Foster Care Website](#)

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Questions:

1. Are you happy with the services you have now?
2. Do you want to continue?
3. Do you want to discuss any option in more details?



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Employment Options:



Job Development

Job search.
Find a job that
matches your
skills, interests
and values.
Vocational
Rehabilitation
referrals.



Job coaching

Job coach
trains
individuals on
job tasks and
responsibilities
for competitive
jobs in the
community



Career Exploration

Discovery and
Career
Exploration
Services.



Employment Path services

Volunteer and
training
activities with
the ultimate
goal of getting
a job in the
community.



Small Group Employment

Group of 8 or
fewer
individual with
disabilities
working in the
community as
part of a work
crew or
workgroup. Job
coach on site.

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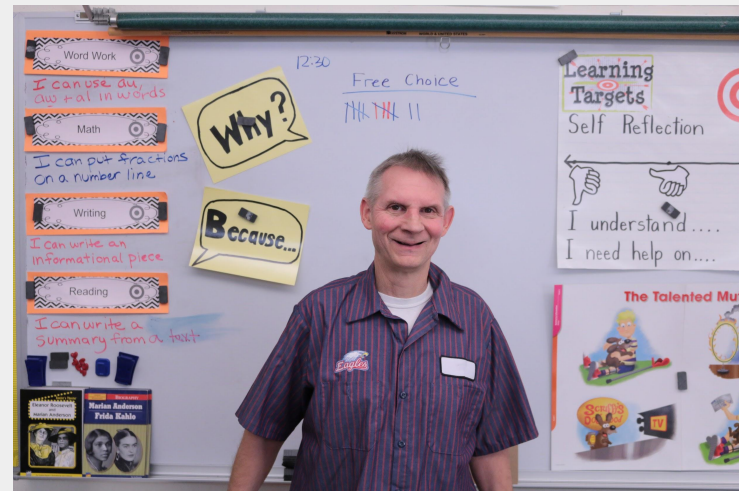
Day Support Activities

- Provided by an agency in a community or facility, not in a home setting
- An opportunity to meet new people and socialize
- You will be encouraged to explore interests, strengths, and abilities relating to employment or as an alternative to employment. May include volunteering when unrelated to an employment goal.
- May include community outings, and facility-based activities
- You can acquire, maintain, or enhance independence

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Do you want to discuss employment or day support options in more detail?

Your case manager will discuss career development as part of your annual plan.



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As a reminder here are your options:

Living Situation

Independent Living	In-home services	Supported Living	Group Home	Foster Care
Case management, safety services	Someone helps you with basics, like chores	Living in your own home, with support staff visits	Living with 3-5 others, supports, food	In a neighborhood living with up to five adults in a home-like environment

Day Activity

Employment	Day Support Activities
<ul style="list-style-type: none">● Job Development● Job coaching● Career Exploration● Employment Path services● Small Group Employment	<ul style="list-style-type: none">● Explore interests● Community outings