

MULTNOMAH COUNTY, OREGON

PROCLAMATION NO. 63

Proclaiming the Month of May 2026 as Older Americans Month in Multnomah County, Oregon.

Multnomah County Finds:

- A. Multnomah County's older adults and elders help build and shape the community through contributing their time, wisdom and experience. The national theme for Older Americans Month 2026 is Champion Your Health. It encourages taking an active role in managing and advocating for your own health. Reference: <https://acl.gov/news-and-events/announcements/older-americans-month-2026-theme-champion-your-health>
- B. Area Agencies on Aging, including Multnomah County's Aging, Disability, and Veterans Services Division, coordinate and provide an array of traditional and innovative services to all people 60 years and older, regardless of income, both at home and in the community. Services like free group and home-delivered meals, transportation services, and evidence-based health promotion classes help older adults stay connected and engaged in healthy activities. Universal access, community partnerships, and self-determination can empower us to take the lead in improving and maintaining our health as we age.
- C. Along with its network of partners, Multnomah County's Aging, Disability, and Veterans Services Division provides access to Older Americans Act programs and services that reflect and affirm the many people, cultures and languages of older adults and elders in our community.
- D. Older adults and elders across Multnomah County access a variety of services through the 24/7 Aging and Disability Resource Connection Helpline and website, five Medicaid Long Term Services and Supports offices, five District Senior Centers, and eight Enhancing Equity partners.
- E. Multnomah County is an Age-Friendly Communities leader in the state and was the first Oregon county to be designated as Age-Friendly by the World Health Organization and AARP, demonstrating our commitment to creating an inclusive and supportive environment for older adults.

Multnomah County Proclaims:

May 2026 is Older Americans Month, a time to recognize that we all benefit when people of all ages, abilities, backgrounds, and identities have the opportunity to grow old and determine their own path as they age.

SIGNED this 4th day of May, 2026.

Meghan W. Moyer
Julia B. Edwards

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REVIEWED:
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Jenny M. Madkour, County Attorney

SUBMITTED BY: Commissioner Meghan Moyer, District 1