

REACH Improving Nutrition Efforts



Racial and Ethnic Approaches to Community Health

Nutritional wellness is the foundation for living a healthy and productive life. REACH is working to improve food access to nutritious, culturally accessible foods in community, juvenile, and school based settings. In addition, we also are working to support systems and environmental changes that will increase Black breastfeeding rates. By supporting the community through this work, we will work to decrease chronic disease rates for the Black populations of Multnomah County.



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1. Increase healthy food access
2. Address food insecurity

FOOD ACCESS



1. Breastfeeding policies
2. Breastfeeding education
3. Normalizing breastfeeding

BREASTFEEDING SUPPORT



1. Nutrition policies
2. Improving the equity practices in food sourcing

HEALTHY FOOD STANDARDS

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