

R1ACT Staff Nomination Bio

Please find a bio for our staff recommendation to serve as the Public Health Community Member Representative on the R1ACT.

Fiona Ko (she/her)

Fiona believes in connecting healthy and happy communities.

Fiona is passionate about the intersection of public health and planning and aims to build equitable, diverse, and accessible communities that improve population health. Skilled in storytelling, research, and analytics, she enjoys bringing theories and ideas to life through transportation equity and transportation demand management projects.

Before joining Nelson\Nygaard, Fiona completed extensive research in support of the Healthy Community Guidelines, an evidence-based document outlining built environment strategies that positively impact health outcomes. Her previous projects include engaging with underrepresented populations to understand safe and accessible public transit during the COVID-19 pandemic in Vancouver and recommending transportation demand management strategies to reduce car dependency for the District of Squamish.