

Multnomah County [Racial and Ethnic Approaches to Community Health \(REACH\) Program](#)  
[Action Communities for Health, Innovation and Environmental Change \(ACHIEVE\) Coalition](#) Meeting

**Date:** September 3, 2025 **from** 9:00 A.M. - 11:00 A.M.

**In-Person:** Albina Library Community Room 1A - 205 NE Russell St, Portland, OR 97212

**Notetaker:** Cindy Shepard

Presenter	Agenda Item	Time
ACHIEVE Coalition Members	<i>Commute to Albina Library Community Room 2B</i>	8:15 AM -8:45 AM
All	<ul style="list-style-type: none"> <li>• Welcome</li> <li>• Sign-In + Assign Notetaker</li> <li>• Food + Networking</li> </ul>	8:45 AM - 9:10 AM
Heidi Franklin	<ul style="list-style-type: none"> <li>• Brief History of the Albina Public Library + Grand Re-opening</li> </ul>	9:10 AM - 9:20 AM
REACH Team	<ul style="list-style-type: none"> <li>• <b>Introduction of REACH Work Out of Class Supervisor</b> - 5 min.</li> <li>• <b>Update on REACH Year 3 Funding + Contracts</b> - 5 min (WOC Supervisor)</li> <li>• <b>Strategy Update (No Vaccine Strategy Y3)</b></li> <li>• <b>REACH Year 3 Work Plan Updates</b> <ul style="list-style-type: none"> <li>○ Introduction &amp; Brief Update on Year 2 CDC Reporting Submission. (<a href="#">Susan Van't Hof /Heidi Franklin</a>) - 5 min.</li> <li>○ Nutrition (Hermela) - Including <a href="#">Signing Up to Table at the People's Farmers Market</a> - 10 min.</li> <li>○ Physical Activity/Built Environment (<a href="#">Heidi Franklin on behalf of Nsilo Berry</a>) - 10 min.</li> <li>○ Breastfeeding Y3 Work Plan + Event Updates (<a href="#">Kara Sydnor</a>)- 15 min. <ul style="list-style-type: none"> <li>■ Summary of Breastfeeding Town Hall Event</li> <li>■ Summary of <i>Grand Opening of Lactation Space at the Northeast Health Center</i></li> </ul> </li> <li>○ Communications (<a href="#">Cindy Shepard</a>): 10 min.</li> </ul> </li> <li>• Q &amp; A - 10 min</li> </ul>	9:20 AM - 10:25 AM
Jennie Cuddeback + Marina Ignacio Garcia	<ul style="list-style-type: none"> <li>• <b>School Immunization / Back-to-School Initiative</b> <ul style="list-style-type: none"> <li>○ Requirements</li> <li>○ Immunization Resources (Handouts)</li> </ul> </li> </ul>	10:25 AM - 10:35 AM
Annie Kirschner/Hermela Demise	<ul style="list-style-type: none"> <li>• <b>SNAP Updates</b></li> </ul>	10:35 AM - 10:45 AM
Heidi Franklin	<ul style="list-style-type: none"> <li>• <b>Ordering Vital Records Online</b></li> </ul>	10:45 AM - 10:55 AM
All	<ul style="list-style-type: none"> <li>• Summer + Fall Events: See the Upcoming Multco REACH Programming + Event section, below.</li> <li>• <a href="#">REACH EVENTS WEBSITE</a></li> <li>• Please complete the <a href="#">REACH Agenda Request Form</a> (Share, spotlight and highlight work)</li> <li>• Review action items and next step &amp; Adjourn Meeting</li> </ul>	10:55 AM - 11:00 AM

**2025 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.**

**Sept 3, Oct. 1, Nov. 5, Dec. 3**

Please let us know if you can present by completing the [REACH Agenda Request Form](#)

**Upcoming Multco REACH Programmings + Events.**

- **REACHing Us People's Farmers Market**
  - Sundays from June 22 through November 2, from 1:00 to 5:00 PM at the East County Courthouse Parking Lot, located at 18480 SE Stark St 97233
  - Learn more: [multco.us/info/farm-market-program](https://multco.us/info/farm-market-program)
  - **A Taste of African Heritage** at the market on 9/21/25, from 12:00 p.m. - 5:00 p.m.
- **Come Thru Market (May - October)**
  - [comethrupdx.org](https://comethrupdx.org)
  - Starting in June, 1st and 3rd Mondays, 3:00 p.m. - 7:00 p.m.
  - 831 SE Salmon St. Portland, OR 978214
- **In My Shoes 5k Community Walk**
  - Saturday, August 30, 9:00 a.m. - 1:00 p.m.
  - 1661 N Wheeler Ave.
- **SMC Doula Conference**
  - September 4 - 6
  - Offers workshops for doulas
  - REACH is presenting breastfeeding 101 and 102 (including breastfeeding policy in the workplace and public spaces)
  - Registration is open - \$500 to attend
- **CullyFest**
  - September 13, 10:00 a.m. - 5:00 p.m.
  - Located at the Cully 5 Corners (NE Cully Blvd. + Prescott)
- **MLK Dream Run**
  - September 21, 7:00 a.m. - 12:00 p.m.
  - Portland Community College Cascade

**No Cost or OHP Accepted Immunization Clinics (Full List PDF Available)**

Reminder: the REACH Program does not have a vaccine strategy as of October 2025. The following information is from the Multnomah County Health Department vaccine provider resource list. For information on what vaccines are offered, please contact the clinic directly. To learn more about recommended vaccines, visit [multco.us/services/immunizations](https://multco.us/services/immunizations). While many clinics will not turn you away due to inability to pay, please bring insurance information if you have it.

- **Multnomah County Health Centers** (many locations): Appointments required, call 503-988-5558. Current patients can also schedule online using MyChart. Ages served differ by location. Accepts OHP.
- **Multnomah County Student Health Centers**. Nine locations. You do not have to attend the school where the center is located. See website for contact information. Ages 5 to 18. No cost.
- **Prism Health**: Two primary care locations: Belmont (SE Portland) and Morris (N Portland). Specializes in compassionate, high-quality primary care for LGBTQ+ individuals. Ages 15+. Appointments required, call 503-445-7699. No cost.
- **Central City Concern**: Two primary care locations: Blackburn Center (East Portland) and Old Town

Clinic (NW Portland). Mobile medical services available. Ages 18+. Appointments required, call 971-361-7888. No cost.

- [OHSU Primary Care](#): Two primary care locations: Primary Care Clinic, Richmond and East Portland Community Health Center. All ages. Appointments required: call 503-494-8311. No cost.
- [Lecare Pharmacy](#) 1619 NE 42nd Ave Portland OR, 97213. Ages 7+. Walk-ins preferred. For information, call 971-358-6888. OHP and some private insurance accepted.

---

**Historical Context:** ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

**Acknowledgement Statement:** Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.