

ACHIEVE Coalition Meeting Agenda for September, 2022 from 9:00 am – 11:00 am

Location: Rockwood Market Hall 458 SE 185th AVE, Portland, OR 97233

Presenter	Agenda Item	Time
Haoua Dogo	<ul style="list-style-type: none"> Welcome & Introductions Mingle + Networking Please fill out Sign-In Sheet + Grab Some Yummy Food Meet New Members 	9:00 am – 9:30 am (30 min)
Julianne, Rockwood Market Hall	Rockwood Market Hall Who We Are Our Vision, History & Future + Tour	9:30 am – 10:10 am (40 min)
Haoua Dogo	<ul style="list-style-type: none"> What's Happening in Tobacco Reform + Upcoming Events 	10:10 am- 10:20 am (10 minutes)
Movement + Mindfulness Activity (10 min) 10:20 AM - 10:30 AM		
Cindy Shepard, REACH	<ul style="list-style-type: none"> Upcoming Events: <ul style="list-style-type: none"> APHM Black Joy Black COVID Calls Screening for Peripheral Arterial Disease 	10:30 am – 10:40 am (10 min)
Djimet Dogo	<ul style="list-style-type: none"> Immigrant and Refugee Programming Updates 	10:40 am - 10:50 am (10 min)
ALL	<ul style="list-style-type: none"> Upcoming Events <ul style="list-style-type: none"> REACH Partners Updates/Upcoming Events Share upcoming events and opportunities to collaborate and support Adjournment 	10:50 am - 11:00 am (10 min)

**Please complete the [REACH Agenda Request Form](#) (Share, spotlight and highlight work)
2023 Meeting Dates: Sept. 6 (IN PERSON), Oct.4, Nov.1, Dec. 6
Usually the 1st Wednesday of each month except: July Time: 9:00 – 11:00 AM**

Reminders - Upcoming Events

[Reclaiming Black Joy #3](#)

- **Location:** Downtown Rockwood: 458 SE 185th Avenue Portland, OR 97233
- **[Sunday, September 24, 2023](#)**, Volunteer Sign-up [Here](#).
- **Time:** 1:00 - 5:00 P.M.

[Reclaiming Black Joy #4](#)

- **Location:** Peninsula Park: 700 N Rosa Parks Way, Portland, OR 97217
- **Date:** [Saturday, September 30, 2023](#), Volunteer Sign-Up, [HERE](#).
- **Time:** 1:00 - 5:00 P.M.

Questions: Contact Ms. Stephanie Blume via email stephanie.blume@multco.us with the subject line: Reclaiming Black Joy Vendor/Reclaiming Black Joy Volunteer and text/call: 503.729.7756

- **Upcoming Health Observances in the Month of September 2023**
 - Alzheimer's Awareness Month

- Gynecologic Cancer Awareness
- [Multco REACHing US Vaccine Clinics.](#)
- [Oregon COVID-19 Vaccination Trend](#) - Shows doses administered by day, by age and ethnicity
- [Older adults and immunocompromised people can now get a second bivalent booster.](#)
- [In a new poll](#), nearly three in four physicians said medical misinformation has hindered their ability to treat COVID-19 patients and has harmed patient outcomes. Learn to fight misinformation:
 - [Vaccine Misinformation Management Field Guide](#)
 - [The Truth Check](#)
 - [Vaccination Community Navigator Training for Community Health Workers](#)
- [Having had COVID-19 puts you at higher risk for developing Type II Diabetes.](#) For more about diabetes prevention resources, contact Tholanda Newborne tholanda.newborne@multco.us
- The federal Public Health Emergency (PHE) for COVID-19 is set to expire at the end of the day on May 11, 2023. [Fact Sheet: COVID-19 Public Health Emergency Transition Roadmap](#)
- The original monovalent COVID-19 vaccine is no longer authorized for use and is being replaced with the updated bivalent vaccine because it is more effective. [FDA Authorizes Changes to Simplify Use of Bivalent mRNA COVID-19 Vaccines](#) **If you haven't been vaccinated since September 2022 you are not up to date and at higher risk of serious illness, hospitalization, and death.**
- Solution and Resources
 - [DIY Air Filtration using box fans](#)
 - [Request](#) reusable / washable face coverings and hand sanitizers utilizing the [direct order](#) Community Resource Form.masks are available now for pickup or delivery. For help submitting a request, or to follow up on a request please call the Resource Request team at eoc-community-resources-unit@multco.us Phone: 503-988-5952
 - [Joint Volunteer Information Center \(JVIC\) Community Needs Survey](#)
 - [COVID-19 Food Access and Basic Need Planning Document](#)
 - [COVID-19 Posters and Flyers for Download](#) (Available in Multiple Languages)
 - [How the COVID-19 Vaccines Were Developed](#) [How The COVID-19 Vaccines Protect You](#)
 - [Diversity in COVID-19 Vaccine Studies](#) [You Were Vaccinated for COVID-19, What Now?](#)
 - <https://www.cdc.gov/coronavirus/2019-ncov/faq.html>
 - If you haven't had a booster since September 2022, you are not up to date! Numbers are up so don't delay <https://www.vaccines.gov/>**
- Covid is airborne like smoke. Make sure to have clean air!
 - <https://cleanaircrew.org/box-fan-filters/>
 - Update your HVAC systems! Updated the minimum filter recommendation to Minimum Efficiency Reporting Value (MERV) 13. <https://www.cdc.gov/coronavirus/2019-ncov/community/ventilation.html>
 - Wear a mask to protect yourself and others <https://www.cnbc.com/2023/09/01/covid-when-to-wear-masks-as-cases-rise-new-variants-emerge-in-us-.html>

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition

advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.