

## Portland TGA Project Abstract

**Project Title:** Portland TGA Ryan White Part A Services

**Applicant Name:** Multnomah County Health Department (MCHD)

**Address:** 619 NW 6<sup>th</sup> Ave, Portland, OR 97209

HIV epidemic overview: As of 12/31/2023, there were 6,455 persons living with HIV (PLWH) residing in the Portland Transitional Grant Area (TGA), comprised of Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County, Washington. The Portland TGA is a mix of urban, suburban, and rural communities. The total number of PLWH in the Portland TGA continues to grow, and the burden of HIV remains high, including marked racial/ethnic disparities; growing populations of both youth and older adult PLWH; and high rates of co-morbidities, including sexually transmitted infections, unstable housing, and behavioral health issues.

Older adults (45+ years old) are more highly represented (45%) among total PLWH (prevalence) than new diagnoses (incidence) (26%); conversely, youth (13-24) and younger adults (25-44) are more highly represented (74%) among HIV incidence compared to prevalence (34%). White/non-Latinx make 67% of all PLWH and 53% of newly diagnosed in 2023. Latinx and Blacks/African Americans are the second (27%) and third (14%) largest subpopulations by race among all PLWH and among newly diagnosed. Men (sex assigned at birth and current identified gender) have the highest rate of incidence (78%) and prevalence (87%). Trans-women are more represented among HIV incidence (9%) compared to prevalence (2%). MSM is the most common risk factor.

Comprehensive system of care: Early intervention services (EIS), primary care, and support services focus on identifying newly diagnosed PLWH, facilitating early entry into treatment, and supporting retention in treatment. Part A-funded core services include medical care, EIS, medical case management, health insurance, oral health, outpatient substance abuse treatment, and mental health. Part A-funded support services include non-medical case management, psychosocial support, and food assistance. Proposed services for FY25 also include continued MAI-funded, culturally specific navigation to address racial/ethnic disparities that persist in the Portland TGA's HIV incidence and prevalence.

Overall viral suppression rate: The TGA's population-based viral suppression rate has remained steady over the past three years (2020-2022) at 79%, based on data from TargetHIV.