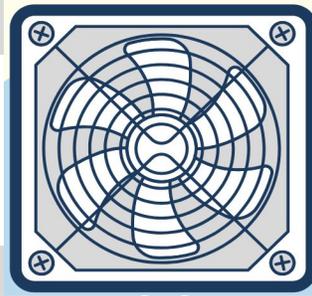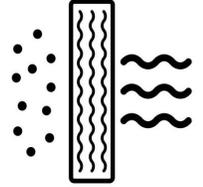# TIPS ON USING YOUR FAN

TO STAY COOL

AS AN AIR FILTER

TIPS:

- Close windows, doors, and shades during the hottest part of the day. Open windows in the morning and night to let in cool air.

- To bring cooler air from outside, place the fan near an open window screen or door. The air should blow into the room.

- To take hot air out of the room, face the front of the fan towards an open window screen or door. The air should blow out of the room.

- For an air conditioning effect, place a bowl of ice water in front of the fan. Replace the ice as it melts and make sure the fan does not get wet.

- Place the fan where no one will trip over it.

DO NOT use the fan while sleeping or gone for long periods of time.

DO NOT aim the fan directly at you or another person. Fans can cause excess dehydration and may spread respiratory droplets.

DO NOT use a fan when the air temperature is above 95 degrees –– it will blow hot air, which can add to heat stress.

Build your low-cost filter fan with:

1. Box fan
2. A furnace filter (20" x 20", rated MERV 13 or FPR 10 or MPR 1500-1900)
3. Tape (painter or duct)

Tape the filter against the back of the fan. The arrows on the filter should point towards the front of the fan. Turn the fan on.

TIPS:

- To create a 'cleaner air room', use the filter fan in the room you spend the most time in.

- Close all windows and doors in the room while the filter fan is in use.

- Run the filter fan for at least 10-15 minutes.

- Position the filter fan away from walls and big objects where no one will trip over it.

- Replace the filter every 3 months or when it looks dirty/brown.

OTHER ACTIONS YOU CAN TAKE

WHEN IT IS HOT

Continue to drink lots of water and know the signs of heat exhaustion and heat stroke.

For more information on ways to stay cool visit the Help for When it's Hot webpage:

https://multco.us/help-when-its-hot

WHEN THE AIR IS DIRTY

Follow public health recommendations and check local air quality.

For more air pollution information and to watch a fan filter video visit:

https://multco.us/wildfiresmoke