

(971)500-9163

VIMO@dogoodmultnomah.org

1707 NE 82<sup>nd</sup> AVE.

Portland, OR 97220

# VIMO 82nd

## VOLUNTARY ISOLATION / RESPITE SHELTER

Do Good Multnomah has two different possible shelters for individuals to heal while facing a health incident. Our VIMO program is for individuals facing communicable illnesses. The Respite is for individuals facing an **acute** health incident who need a clean/dry space to heal.

---

### VIMO REQUIREMENTS:

Covid: Positive Covid-19 test.

Other illnesses: documentation from health care provider with diagnosis.

- Must self-isolate on site
- Can leave for medical purposes only and must bring back proof – doctors' note, receipt from pharmacy....

### RESPITE REQUIREMENTS:

- Acute health condition – Not chronic
- Must be referred by a medical professional
- Can leave daily after notifying staff of departure
- Curfew at 10pm nightly

### All individuals need to be able to also meet certain requirements:

- No recent history of seizures
- Can complete Acts of Daily Living (ADL's)
- Personal belongings must fit into three bags
- No minors staying with them
- Agree to no visitors on site

Things our staff will ask about:

- If they can go up and down stairs (walker/wheelchair...)
- Do they have a partner? If yes, they both must arrive at the same time for their intake
- Any mental health concerns we should be aware of?
- Do they have any animals? One animal per person is allowed
- Do they have a vehicle?

**Intakes are completed daily during the hours of 10:30am-4:30pm**  
**Please call the intake line (971)500-9163 to schedule an intake time**

