



# Work Exclusion for Healthcare Staff with COVID-19

Sun	Mon	Tues	Wed	Thu	Fri	Sat	
	Day 0 <b>Symptom onset</b> (If no symptoms, then positive test)	Day 1	Day 2	Day 3	Day 4	Day 5	
		Isolate at home					
Day 6	Day 7	Day 8	Day 9	Day 10	Day 11 <b>Return to Work*</b>		
Isolate at home							

# Test-Based Return-to-Work Early for Healthcare Staff with COVID-19

If a return-to-work test is positive, adhere to 10 day work restriction above. PCR tests may be more prone to positive results.

Sun	Mon	Tues	Wed	Thu	Fri	Sat	
	Day 0 <b>Symptom onset</b> (If no symptoms, then positive test)	Day 1	Day 2	Day 3	Day 4	Day 5	
		Isolate at home					
Day 6	Day 7	Day 8	Day 9	Day 10	Day 11		
Isolate at home		Return to work* wearing mask					
	Option 1: Negative Antigen Day 5 & 7					Option 1: Negative Antigen Day 5 & 7	
	Option 2: Negative PCR within 48 hours before returning to work						

\*For mild or moderate illness, not immunocompromised, no fever for 24 hours and symptoms improving

Resources:

[DHS NF-22-055 Provider Alert: Updated COVID-19 Guidance](#)

[OHA At-A-Glance Infection Control for Respiratory Pathogens](#)

[CDC Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#)

[CDC Strategies to mitigate Healthcare Personnel Staffing Shortages](#)