

Youth Sexual Health Resource List



Relationship Support



**Bradley Angle
House Shelter**
503-232-1528
bradleyangle.org



Call to Safety* 24/7
503-235-5333 or
888-235-5333
calltosafety.org



Proyecto UNICA*
(servicios en español)
503-236-9591
elprograma.org/unica



SARC*
**(Sexual Assault
Resource Center)**
503-640-5311
sarcoregon.org

VOA Home Free
503-771-5503
Teen Advocate* Cell:
503-388-8211 (text
8a-5p M-F)



**Youth Line 24/7 Teens
Helping Teens (4-10 pm)**
1-877-331-9474 OR
Text TEEN2TEEN to 839863
oregonyouthline.org

Culturally Specific Advocacy & Support



**Bradley Angle Healing
Roots Program**
503-595-9591
tinyurl.com/heal-roots
*African American domestic
violence survivors*



IRCO
**(Immigrant & Refugee
Community Organization)**
503-234-1541
irco.org



Latino Network
503-283-6881
latnet.org



NAYA
**(Native American Youth
And Family Center)**
503-288-8177
nayapdx.org



Ross
**(Russian Oregon
Social Services)**
503-777-3437
emoregon.org/ross



SEI
(Self Enhancement, Inc)
503-249-1721
selfenhancement.org
Supporting at-risk urban youth

Disability Specific Support



**Autism Society of
Oregon**
autismsocietyoregon.org
1-888-288-4761 *Resources,
education, advocacy for
those living with autism*



**Multnomah County
IDD Services**
multco.us/dd
*Services for people
with intellectual and/or
developmental disabilities*



Project DART
**(Disability Awareness
Resource Team)**
503-988-6481
projectdartpdx.org



**Sexual Health Equity for
Individuals with Intellectual/
Developmental Disabilities
(SHEIDD)**
ohsu.edu/sexual-health-for-all
*Sexual health education resources
to support people with disabilities*

* You can talk to someone who is not a mandatory reporter – ask to confirm



LGBTQ Services & Support

**Bradley Angle House**

503-232-7805

tinyurl.com/lgbtq-svcs*LGBTQ domestic violence support***LGBT National Youth Talkline**

1-800-246-7743

teenlineonline.org*Support & resources for LGBTQ+ youth***Q Center**

503-234-7837

pdxqcenter.org*Safe space to support and celebrate LGBTQ community***TransActive Gender Center**

503-252-3000

tinyurl.com/transactivesupport*Services and support for gender diverse children, youth & families***SMYRC****(Sexual & Gender Minority Youth Resource Center)**

503-872-9664

smyrc.org**The Trevor Project**

1-866-488-7386

thetrevorproject.org*Crisis counseling & support for LGBTQ+ youth*

Informational Websites

**Amaze**amaze.org*Videos for 6th-8th graders about sexual and reproductive health***AWN****(Autistic Women & Nonbinary Network)**awnnetwork.org/blog*Blog about experiences of Autistic people of marginalized genders***Awkward or Not?**awkwardornotapp.org*A quiz to see how ready your parents are to talk about dating and sex***I Wanna Know!**iwannaknow.org/teens*Sexual health information***KidsHealth**kidshealth.org/en/kids*Information on bodies and staying healthy***Love is Respect**loveisrespect.org*Empowering young people to prevent & end abuse*

Fragrance Free Personal Care Products

[Brownstargirl.org](https://brownstargirl.org)[East Bay Meditation Center](https://eastbaymeditationcenter.org)

Health Services

**Crisis Line (24/7)**

503-988-4888

tinyurl.com/multcomhcrisis**Multnomah County STD Services**

503-988-3700

tinyurl.com/multcostd**Planned Parenthood**

503-788-7273

plannedparenthood.org**Student Health Centers**

503-988-4424

tinyurl.com/studenthc

Personal Resources

People I can talk to about puberty and sexuality are:

* You can talk to someone who is not a mandatory reporter – ask to confirm

