

2017 Aging Well Conference

Toward Resilience: Building a Community for All Ages



FREE
EVENT

**OCTOBER 21, 2017,
9AM-4PM**

Buckley Center, University of Portland
5000 N Willamette Blvd, Portland, 97203



Bus
#35, #44

INSPIRATIONAL KEYNOTES

Finding Our Voice: Powerful Stories of Resilience

Hosted by master storyteller Paul Iarrobino.

Beyond Ready: Facing Disaster From a Place of Strength

A moderated panel discussion about preserving our health, safety, and well-being during community emergencies.

HANDS-ON WORKSHOPS

Choose from 11 exciting topics, such as:

- *Bouncing Back from Life's Sinkholes: RESILIENCE!*
- *Imagine a Village: Neighbors Helping Neighbors Stay Neighbors*
- *Home Sharing as Contribution and Financial Stability*

INFORMATION & ACTIVITIES

- Free lunch
- Senior recreation and creative arts
- Multnomah County Library information
- TriMet Hop FastPass™ distribution
- Food benefits (SNAP) resources
- "Ask The Expert" about aging services
- And much more

For more information or to register:

 multco.us/agingwellconference

 (503) 988-3769



Age-Friendly
PORTLAND & MULTNOMAH COUNTY



AARP Real Possibilities
Oregon

 Portland State
Institute on Aging



#AgingWellPDX